

Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

University Health Centre (With its own establishment)



University in collaboration with Siddha Medical Services of Puducherry UT Government





Blood Donation -Ensuring Community Health and Health Emergencies organized by Department of Physical Education and Sports in collaboration with Lions Club of India and JIPMER



LIONS CLUB OF PONDICHERRY CENTRAL

Dist. 324-A3 | Region - IX | Zone - I | 2019 - 20



BLOOD DONATION CAMP



Be there for someone else
Give blood. Share life.

Date : 03.03.2020 Tuesday

Time : 9.30 a.m onwards

Venue : PONDICHERRY UNIVERSITY
Department of Physical Education & Sports



Save a life
Give Blood

Ln. Er. S. BASKAR

President

Ln. T.V.K. RAJKUMAR

Secretary - Activity

Ln. R. PURUSHOTHAMAN

Secretary - Admin

Ln. Er. S.K. ANANDAN

Treasurer

அரத்தநாமை செம்மோம் !

DONATE BLOOD

★


உயிர்களைக்காப்போம் !!

SAVE LIFE

புரிமைகளைப் பூண்டி கொடு...

Smile Is Our Language...






The President & Members of

LIONS CLUB OF PONDICHERRY CENTRAL

Dist. 324-A3 | Region - IX | Zone - I | 2019 - 20

Solicit your august presence for the

BLOOD DONATION CAMP



BLOOD DONATION BY THE STUDENTS OF PONDICHERRY UNIVERSITY
at Department of Physical Education & Sports

at 9.30 a.m. onwards Tuesday 3rd March 2020

Ln. Er. S. BASKAR, President
Lions Club of Pondicherry Central
will Preside over the function

PMJF.Ln. N. RAJAN, PDG
has consented to be the Chief Guest,
will Inaugurate the Blood Donation Camp
In the august Presence of

Ln. M.K. SEKAR, D.C (Blood Donation Camp)

Dr. P.K. SUBRAMANIAM, Professor & Head
Department of Physical Education & Sports

Dr. RAJENDRA G. KULKARNI
Associate Professor, Dept. of Transfusion Medicine,
Blood Bank, JIPMER
will Felicitate:

Ln. SUBA KURAL
Region Chairperson

Ln. S. SENDIL COUMAR
Zone Chairperson

Ln. T.V.K. RAJKUMAR
Secretary - Activity

Ln. R. PURUSHOTHAMAN
Secretary - Admin

Ln. Er. S.K. ANANDAN
Treasurer

ஓரத்தொண்டி செய்வாய் I
DONATE BLOOD

★

உயிர்களைக்காப்பாய் II
SAVE LIFE

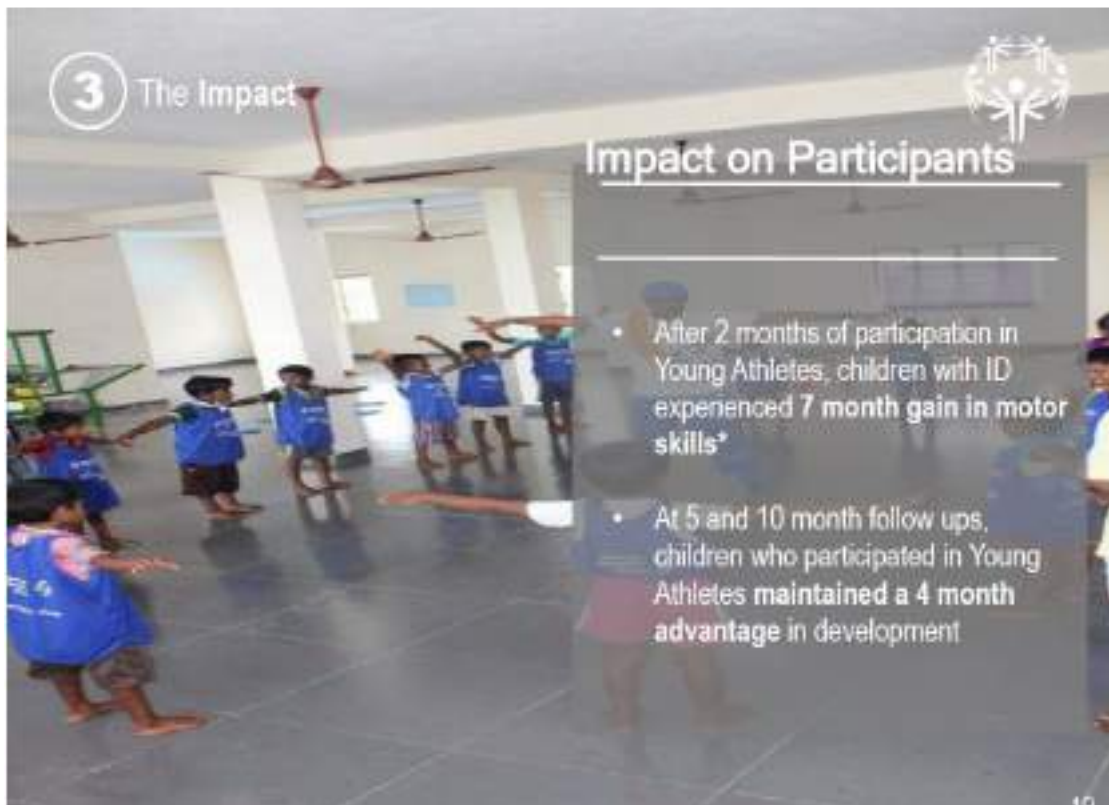
முன்னமகப்பாடி நிரந்தர உறவு...

Smile Is Our Language...

3. Organizing Special Olympics for Differently Abled Children inside the University Campus by Department of Physical Education and Sports.







3 The Impact

Impact on Participants

- After 2 months of participation in Young Athletes, children with ID experienced **7 month gain in motor skills***
- At 5 and 10 month follow ups, children who participated in Young Athletes **maintained a 4 month advantage** in development

10



3 The Impact

Impact on Families

- Provides a forum for educating families
- Changes family perceptions on the value and worth of their child
- Provides opportunities for families to come together to share challenges and rewards



3

Impact on Community

Changes perceptions and attitudes towards children and adults with intellectual disabilities

Creates environments that foster inclusion and respect

Provides opportunities for community members to learn about intellectual disabilities



4

Special Olympics

Success Story- Dhoni Dev



- Dhoni 4 years old identified through the program .
- Special need was not identified earlier.
- Initial assessment was done through the young athletes program.
- Various activities and training were imparted through the program
- There is a marked difference in his social skills concentration and response to prompts.



"My future dreams are for children to one day participate and be a Special Olympics athlete and star."

1. National Coaching Camp for Foot Ball and Hand Ball organized by Department of Physical Education and Sports in Collaboration with Special Olympics Bharath





Special Olympics Bharat- Puducherry
Cordially invites you for the

Unified Champion Award

for Pondicherry University in recognition of the exemplary service rendered for the cause of Special Olympics and Special Athletes

Date: 20 Aug, 2019 | Time 11:00 Am (Tuesday)
Venue: School of Humanities (Hall-1), Pondicherry University

Chief Guest

Prof. Gurmeet Singh
Honorable Vice Chancellor
Pondicherry University

Guest of Honor

Dr.K. Srinivas
(Dean School of Humanities)

in the presence of
Ms. Chitra Shah
(Area Director SOB Puducherry)

Organizing Committee
Special Olympics Bharat- Puducherry

Program

-  Arrival of the Guests
-  University Anthem
-  Welcome Address
-  Honoring the Guests
-  Brief Report about the Award
-  Video Presentation
-  Cultural Program
-  Feedback-PU students
-  Award Presentation
-  Address by the Guest of Honor

2. Sharing Sports facilities and Students of the department of physical education and sports with local communities for capacity building.



PONDICHERRY UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Dr. R. RAM MOHAN SINGH
ASSISTANT PROFESSOR
Email: dr. rammohansingh@gmail.com

R. V. NAGAR, KALAPET
PUDUCHERRY- 601014
Mobile: +917338999899

The Prof & Head
Dept of Physical Education & Sports
Pondicherry University, Puducherry

04.03.2020

Respected Sir,

*Sub: On Duty certificate for your student to play the Inter Collegiate Cricket tournament
for the year 2019-20 - Reg.*

Certificate

This is to certify that the following students were selected to represent the Pondicherry University Departments Cricket team in the Inter-Collegiate Cricket tournament for Men during the academic year 2019-20. For the above competition, the training as well as tournament days are given below for which 'On Duty' may please be given them.

Dates: 4th to 8th February, 2020- Tournament/ officiating

12th to 18th February, 2020- Tournament/ officiating

Sl	Name	Class	Sl	Name	Class
1	Kamal Raj G	I year	2	Kesavan M	II year
3	Balaji T	I year	4	Arun S Nair	II year
5	Arjun Ak	I year	6	Ananda S	II year
7	Prabu V	I year	8	Harikanth B	II year
9	Balamurugan B	I year	10	Jeevan Kr	II year
11	Raguraj R	I year	12	Punnya R. Krishnan	I year
13	Midhan CP	I year	14	Sadesh Kumar R	I year
15	Lokesh S	I year			

Thank You.

Yours faithfully

Ram Mohan Singh

GOVERNMENT OF PUDUCHERRY
Dr. AMBEDKAR GOVERNMENT LAW COLLEGE

No.1-3/2019/AGLC/PA

Puducherry, Dt.21.01.2020.

To
The Registrar,
Pondicherry University,
Puducherry.

Sir,

**Sub: Conduct of Puducherry Sports, Games and Cultural Meet, 2020 –
Sparing of Playground and deputing staff from Dept. of Physical
Education for conducting Cricket Event – Requested.**

* * *


Dr. Ambedkar Government Law College has been designated as the Organizing Institution for Cricket Event of the forthcoming Puducherry Sports, Games and Cultural Meet, 2020.

2. The Cricket Event of Puducherry Sports, Games and Cultural Meet, 2020 is scheduled to be held in the first week of February, 2020 exclusively for Boys. In this event, 50 teams consisting of 750 students (15 students per team) from various colleges spread across Puducherry, Karaikal, Mahe and Yanam will participate. For this purpose, we require five play grounds to conduct the cricket event and our College has only one playground to conduct the event.

3. Therefore, I shall be grateful if you could kindly spare three playgrounds of your University from 4th February 2020 to 8th February, 2020 so as to conduct the Cricket event in a smooth manner. Further, it is also requested to depute Dr. R. Ram Mohan Singh, Assistant Professor, Department of Physical Education from 1st February, 2020 to 8th February, 2020 to our College so as to guide the conduct of the sports event.



Yours faithfully,


(Dr. S. SRINIVASAN)
PRINCIPAL

**Special
Olympics
Bharat**



Puducherry

Date: 31.10.2019

To,
The Head of the Department,
Department of Physical Education & Sports ,
Pondicherry University.

Sub: ACTP- Advanced Coaches Training Program on Football reg: -

Respected Sir/ Madam,

We are happy to inform you that Special Olympics Puducherry is organizing an ACTP Football training between 10th to 15th November at Puducherry, we would be very happy that if Department of Physical Education partners with SOB Puducherry in helping us organize the program. Around 50 participants from all over the country will be part of this training program which will have both practical and theoretical session.

I am writing to request your support and cooperation in conducting this training program at the Pondicherry University and oblige us permission for using both the seminar hall and the Football field.

We sincerely appreciate the support extended by your Department under your able leadership

We look forward to your confirmation and support in making this program a grand success.

Thanking You,
Yours Truly

A handwritten signature in black ink, appearing to read 'Chitra', with a stylized flourish at the end.

Ms. Chitra Shah
Area Director

C/o: Satya Special School, 6, 7 & 8 ECR Road, (Opp to Siva Vishnu Mahal)
Karuvadikuppam, Pondicherry 605 008
Ph. +91-413-2263592 Cell: 9345454449

3. Conducting various programs under Fit India Movement by Department of Physical Education and Sports



PONDICHERRY UNIVERSITY

Directorate of Physical Education & Sports

&
Department of Physical Education & Sports

**Celebration of National Sports Day/ Fit India Movement
29th August 2019**

Minute to Minute Programme

- 06.30 am - Issue of Chest Nos. to participants
- 07.00 am - Welcome Address by Dr. D. Sultana, Director i/c,
Director of Physical Education
- 07.10 am - Inauguration of Mini Marathon by Honorable Vice Chancellor
- 07.20 am - Inauguration of Fit India Movement to Walk 10000 Steps by
Dr. P.K. Subramaniam, Head & Professor, Dept. of
Physical Education
- 08.00 am - Distribution of Medals & Certificates by Vice Chancellor and Dean,
School of Humanities
- 08.30 am - Vote of thanks by Dr. K. Chandrasekaran
- 08.30 am - Break fast
- 09.30 am



4. Cricket Coaching camp for Students and Staff of the University in Collaboration with Department of Physical Education and Sports



PONDICHERRY UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Dr. R. RAM MOHAN SINGH

ASSISTANT PROFESSOR

Mobile: +919080549229

PU/PES/2019-2020/1207

R. V. NAGAR, KALAPET

PUDUCHERRY- 601014

dr.rammohansingh@gmail.com

To

04th Nov, 2019

The Dean

School of Humanities

Pondicherry University

Puducherry

Through Proper Channel

Respected Sir,

Sub: Permission to organize a National Level Coaches Training course for Special Olympics Bharat- Reg

I am happy to inform your good self that Special Olympics Bharat (SOB)- Puducherry is interested to organize a National Level Coaches Training course in Football from 10th to 15th November, 2019. About 50 delegates from in and out of Puducherry will participate in the said program which will have both theory and practical sessions. In this regard, I sincerely request your kind permission to organize SOH auditorium during the above mentioned dates.

The email from SOB Puducherry in this regard is enclosed with this letter for your kind information. This course includes about 15 selected students/scholars from our university as well. It may be noted that our University has been supporting the cause of Special Olympics in more than one ways. Hence, I earnestly request the same so that we can organize the said program in the best possible manner.

Thank you

Yours truly

Ram Mohan Singh

Dr. R. RAM MOHAN SINGH

Assistant Professor

Department of Physical Education and Sports

Pondicherry University

Puducherry - 605 014.

Permitted
K. Srinivas
K. Prof. KRISHNIVAS, Ph.D.
DEAN, SCHOOL OF HUMANITIES
PONDICHERRY UNIVERSITY
PUDUCHERRY- 605 014, INDIA.

Forwarded
R. V. Nagar
Enclosed:

4/11/19 Copy of the email from SOB Puducherry

HEAD (V)
DEPT. OF PHYSICAL EDUCATION & SPORTS
PONDICHERRY UNIVERSITY
PUDUCHERRY- 605 014



PONDICHERRY AMATEUR ATHLETIC ASSOCIATION

MEMBER OF AFI & PONDICHERRY STATE SPORTS COUNCIL

Regd. No. XXI of 1880
S. No. 93 of 1977

No. 7, Massimagam St., VOC Nagar,
Muthiyalpet, Puducherry-605 003.
email: pondicherryaa@gmail.com

Working President:

K. Ramalingam,

No. 103, Annai Teresa St.,
Sudhana Nagar II Extension,
Nainamandapam,
Puducherry-04.
Mobile: 9944238323

Secretary:

S. Govindassamy

No. 7, Massimagam St.,
VOC Nagar, Muthiyalpet,
Puducherry-03.
Mobile: 9443293193

Treasurer:

V. Raguraman,

No. 92, MIG Housing Board,
Kurumbapet, Puducherry-09.
Mobile: 9952124654

Date: 04.07.2019

To

The Professor and Head
Department of Physical Education and Sports
Pondicherry University
Kalapet
Puducherry - 605 014.

Respected Sir,

Sub.: Requesting to depute PG students - reg.

I am glad to inform that the Athletics State Meet is going to be conducted on 7th July 2019. In this regard, I request your goodself to kindly to depute M.P.Ed. Graduates (10 students) to officiate the event and make it a grand success. Certificates will be issued to the officials.

Thanking You

Yours Sincerely,

S. GOVINDASSAMY
SECRETARY

Pondicherry Amateur Athletic Association
PUDUCHERRY



70
Dr. Ramalingam
10 students
4/7/2019

6. List of Events aimed at promoting Public Health Organized by Department of Physical Education and Sports

INTER COLLEGE CRICKET TOURNAMENT: 2020			
UMPIRE'S DUTY ROSTER			
4th February 2020	5th February 2020	6th February 2020	7th February 2020
INAUGURATION: AT INDIRA GANDHI SPORTS COMPLEX, JIPMER CAMPUS, PONDICHERRY.	GROUND -1 (8.a.m.)	GROUND -1 (8.a.m.)	GROUND -1 (8.a.m.)
	1.P.JAWAHAR BADMANAB	1.P.JAWAHAR BADMANAB	1.P.JAWAHAR BADMANAB
	2.D.THIRUMALAIAN	2.D.THIRUMALAIAN	2.D.THIRUMALAIAN
	3.R.RAJAMANI	3.R.RAJAMANI	3.A.ANANDALINGAM
			4.R.RAJAMANI
	GROUND -2 (8.a.m.)	GROUND -2 (8.a.m.)	GROUND -2 (8.a.m.)
	1.A.RASHEED AHMED	1.A.ANANDALINGAM	1.A.RASHEED AHMED
	2.P.A.SIVAKUMAR	2.T.BHARATHIDASSANE	2.P.GOPALAKRISHNAN
	3.R.KARTHIKEYAN	3.R.VELAYAN	3.K.THAMIZHILAYAN
			4.T.BHARATHIDASSANE
	GROUND -3 (8.a.m.)	GROUND -3 (8.a.m.)	
	1.N.DHANRAJ	1.N.DHANRAJ	
	2.K.THAMIZHILAYAN	2.K.THAMIZHILAYAN	
	3.J.SLUTH JAYAN ALEX	3.J.SLUTH JAYAN ALEX	
			8th February 2020
	GROUND -1 (11.a.m.)	GROUND -1 (11.a.m.)	GROUND -1 (8.a.m.)
	1.P.JAWAHAR BADMANAB	1.B.SIVAKUMAR	1.B.SIVAKUMAR
	2.D.THIRUMALAIAN	2.A.THEMOTTE	2.A.THEMOTTE
	3.R.RAJAMANI	3.R.KARTHIKEYAN	3.AMALRAJ GEORGE XAVIER
			4.R.KARTHIKEYAN
	GROUND -2 (11.a.m.)	GROUND -2 (11.a.m.)	GROUND -2 (8.a.m.)
	1.A.RASHEED AHMED	1.A.ANANDALINGAM	1.S.SRINIVASAN
	2.P.A.SIVAKUMAR	2.T.BHARATHIDASSANE	2.N.DHANRAJ
	3.R.KARTHIKEYAN	3.R.VELAYAN	3.T.BHARATHIDASSANE
			4.J.SLUTH JAYAN ALEX
	GROUND -3 (11.a.m.)	GROUND -3 (11.a.m.)	
	1.N.DHANRAJ	NO MATCH	
	2.K.THAMIZHILAYAN		
	3.J.SLUTH JAYAN ALEX		

GROUND -1 (2.p.m.)	GROUND -1 (2.p.m.)	GROUND -1 (2.p.m.)	
1.A.ANANDALINGAM	1.B.SIVAKUMAR	1.A.RASHEED AHMED	
2.T.BHARATHIDASSANE	2.P.GOPALAKRISHNAN	2.P.A.SIVAKUMAR	
3.R.VELAYAN	3.MATHIVANAN	3.P.GOPALAKRISHNAN	
GROUND -2 (2.p.m.)	GROUND -2 (2.p.m.)	GROUND -2 (2.p.m.)	
1.B.SIVAKUMAR	1.A.ANANDALINGAM	1.A.THEMOTTE	
2.A.RASHEED AHMED	2.R.VELAYAN	2.AMALRAJ GEORGE XAVIER	
3.P.GOPALAKRISHNAN	3.MATHIVANAN	3.S.SRINIVASAN	
GROUND -3 (2.p.m.)	GROUND -3 (2.p.m.)	GROUND -3 (2.p.m.)	
1.A.THEMOTTE	1.A.THEMOTTE	NO MATCH	
2.AMALRAJ GEORGE XAVIER	2.AMALRAJ GEORGE XAVIER		
3.S.SRINIVASAN	3.S.SRINIVASAN		
GROUND 1: PONDICHERRY UNIVERSITY CRICKET GROUND			
GROUND 2: PONDICHERRY UNIVERSITY CRICKET GROUND			
GROUND 3: LAIR COLLEGE CRICKET GROUND			
NOTE: ALL THE OFFICIALS ARE REQUESTED TO REPORT FOR DUTY 30 MINUTES BEFORE THE START OF EVERY MATCH			

S NO	PROGRAM	DATES		REFERENCES
		FROM	TO	
1	Blood Donation Camp with support from JIPMER and LIONS CLUB of PUDUCHERRY	03.03.2020		1,2,3,4
2	Special Olympics Bharat - Champion Award to Pondicherry University	20.08.2019		5,6,7,8,9,10
3	Inter Collegiate Cricket Tournament was organized in 3 grounds in PU Campus on behalf of Govt of Puducherry as a part of their Sports and Cultural Initiative	4.2.2020	7.2.2020	11,12,13,14,15

4	Special Olympics Bharat- Puducherry - Advanced Coaches Training Program (ACTP) in Football was organized in our campus. This is a National Level Program	10.11.2019	14.11.2019	16,17,18,19
5	Summer Cricket Coaching Camp was organized for School Students in and around the University Campus	2.5.2019	1.6.2019	20
6	National Sports Day (NSD) 2019 Organized Mini Marathon/walk 10000 steps to commemorate NSD 2019 and Fit India Program. This was jointly organized by The Department of Physical Education & Sports and The Directorate of Sports	29. 8.2019		21, 22
7	Study Tour of MPed Students to Sports Authority of India South Center, Cinnnasamy Cricket Stadium, National Cricket Academy & Bangalore University for enhanced knowledge gain	29.4.2019	3.5.2019	22,23,24, 25,26,27
8	Special Olympics Bharat- Puducherry - National Coaching Camp (NCC) in Handball was organized in our campus.	10.12.2019	15.12.2019	28,29,,30
9	10 MPed Students functioned as Officials for Pondicherry Amateur Athletic Association for their State Athletic Meet	7.7.2019		31
10	Organized a Games festival during the Students Induction Program 2019 on behalf of the Office of the Students Welfare successfully	2019		32
11	Students and Scholars and Staff of the Dept volunteered for various programs of the Special Olympics Bharat- Puducherry making a big difference in the lives of hundreds of Special Children and also to their own lives	2019		33
12	Proposed a Tennis Ball Cricket Tournament for the Non Teaching Staff of our University. The proposal is pending clearance Once approved the tournament will be mooted at the earliest.	2019		34

Free Mental Health Support offered to the Students, Faculty and Staff of Pondicherry University

7. Constitution of Mental Health Support Centre in the Department of Applied Psychology



PONDICHERRY UNIVERSITY
(A Central University)

PLANNING & DEVELOPMENT SECTION

Bharat Ratna Dr.B.R. Ambedkar Administrative Building
R. Venkataraman Nagar
Kalapet, Puducherry - 605 014

G. VENGUIDESVARANE,
Assistant Registrar (P & D)

Off : 0413-2554252
Fax : 0413-2558099
E-mail : arpd55@yahoo.co.in

PU/PD2/134-2/2015/ 196

Date: 24.06.2019

To

Dr. Surendra Kumar Sia
Professor & Head
Department of Applied Psychology,
Pondicherry University.

Through Proper Channel

Sir,

Sub: PU - P&D - Sanction of financial assistance for establishing a Mental Health Support Centre at Pondicherry University - Reg.

Ref: Your Lr. dt.14.03.2019.

With reference to your letter cited above, I am by direction to convey the approval to establish and organize a Mental Health Support Centre from the coming academic year 2019-20 and provide counseling services to our University students at Department of Applied Psychology, Pondicherry University.

A sum of **Rs.1,50,000/-** has been sanctioned to conduct the above programme. The expenditure in this regard is to be booked under the head B.E. - 2019-20 - Students Welfare Fund.

Thanking you,

Yours faithfully,

(G. VENGUIDESVARANE)
Assistant Registrar (P&D)

MENTAL HEALTH SUPPORT CENTER
DEPARTMENT OF APPLIED PSYCHOLOGY
PONDICHERRY UNIVERSITY

FEELING STRESSED, ANXIOUS OR TIRED?

WISHING YOU COULD TALK TO
SOMEONE WHO WOULD UNDERSTAND?

WE ARE HERE TO HELP

MENTAL HEALTH SUPPORT CENTER IS AN INITIATIVE OF THE
DEPARTMENT OF APPLIED PSYCHOLOGY, PONDICHERRY
UNIVERSITY. IT AIMS TO PROVIDE QUALITY SERVICES TO THE
STUDENTS AND MEMBERS OF THE UNIVERSITY AND TO WORK
TOWARDS EMPOWERING INDIVIDUALS AND DESTIGMATIZING
MENTAL HEALTH CARE.

CONTACT US @

DIAL/WHATSAPP/MESSAGE: 8300219177, 8547829182,
9380313177

MAIL

: pondimentalhealth@gmail.com



LET'S UNLOCK
BRIGHTER TOMORROWS



Tele-counselling during COVID-19

Download Attachment:



Issuing Date: 08-04-2020

Issuing Authority: Dr. Surendra Kumar Sia, Professor & Head, Department of Applied Psychology

[Circular](#)

[Circular](#)

Source URL: <http://10.10.80.105/news/tele-counselling-during-covid-19>

Links:

[1] http://10.10.80.105/sites/default/files/telecounselling_notice.pdf

[2] <http://10.10.80.105/category/news-category/circular>

8. Mental Health Counselling through online during Covid-19 Pandemic



Department of Applied Psychology
Pondicherry University

Mental Health Support Centre

Telecounselling Services During Lockdown Period

The worldwide unprecedented situation and the longer nationwide lockdown could trigger mental health concerns to some of the students and employees of our university. To tackle this situation and provide a listening ear, and offer mental health support to the needy students/employees and their family members, faculty members of our department are willing to provide telecounselling to the needy students, employees and family members of our university.

Those who wish to talk about their mental health concerns can contact the following numbers for mental health support during this lockdown period.

Please feel free to call/text/Whatsapp the following numbers against the time slot allotted to each number.

Time Slot	Mobile Number to be contacted
10:00 am to 1:00 pm	93803 13177
5:00 pm to 6:00 pm	90424 60674

Your identity and all personal information will be kept strictly confidential by us as per the extant ethical guidelines for counsellors



PONDICHERRY UNIVERSITY
(Central University)
DEPARTMENT OF APPLIED PSYCHOLOGY

MENTAL HEALTH SUPPORT CENTRE

PU/APSY/2019-20/44.

Date: 14th October, 2019

CIRCULAR


Our university has entrusted the Department of Applied Psychology with providing mental health support services to the needy students and staff of our university. In this connection, a ***Mental Health Support Centre*** has been established with necessary arrangements to facilitate counseling/mental health support services to the needy students and staff of our university for non-medical problems such as academic, career, personal and interpersonal issues. We aim at promoting mental health among students and staff and prevent mental illness. Those who are in need of mental health support/counseling can approach the centre through any of the following contact numbers/email.

Call/Text/WhatsApp: 830021 19177, 8547829182, 9380313177

Email: pondimentalhealth@gmail.com

Our team would respond to them and fix appointment for a counseling session as soon as possible. The sessions would be kept strictly confidential and the identity of the client would be protected within the legal boundaries.

We welcome those who are in need of the above services.


Surendra Kumar Sia
(Head)
SURENDRA KUMAR SIA
Professor & Head
Department of Applied Psychology
Pondicherry University
Puducherry 605 014.


D. Barani Kanth
(Coordinator)

9. Research Publications, Dissertations, Research Projects, Seminars and Talks organized on Health and Wellbeing by Department of Social Work

தற்கொலை தடுப்பு தினம்:

பல்கலைக்கழகம் சார்பில் கலந்துரையாடல்

புதுச்சேரி, செப்.16-

புதுவை பல்கலைக்கழக சமூக பணித்துறையின் சார்பில் உலக தற்கொலை தடுப்பு தினத்தையொட்டி கானொலி மூலம் கலந்துரையாடல் நடந்தது. ஒருங்கிணைப்பாளர் ஷாகின் சுல்தானா தலைமை தாங்கினார். பேராசிரியர் நளினி வரவேற்றுப் பேசினார். டாக்டர்கள் கஜலட்சுமி, ராஜா, மதன் ஆகியோர் தற்கொலை தடுப்பு குறித்து விளக்கமாக உரையாற்றினார்கள். தற்கொலைகளை தடுப்பது எவ்வாறு? என்பது குறித்து தன்னார்வலர்களுக்கு பயிற்சி அளித்து அவர்கள் கொண்ட குழுக்களை பணிகளில் ஈடுபடுத்தப்பட வேண்டும் என்று கேட்டுக்கொண்டனர்.

மகாத்மா காந்தியின் சமூக பணிகள் குறித்து

புதுவை பல்கலைக்கழகத்தில் இணைய வழி கருத்தரங்கு

புதுச்சேரி, செப்.1-

புதுவை பல்கலைக்கழக சமூக அறிவியல் துறை சார்பில் மகாத்மா காந்தியின் 150-வது பிறந்தநாள் கொண்டாட்டத்தை தொடர்ந்து இணையவழி கருத்தரங்கு நடந்தது. பல்கலைக்கழக துணைவேந்தர் குர்மீத் சிங் தலைமை தாங்கி கருத்தரங்கை தொடங்கிவைத்தார். பேராசிரியர்கள் சாகின் சுல்தானா, பாலகிருஷ்ணன், மூர்த்தி, ஜெயந்தன் கோவேந்தர், ராஜீவ் ஜெயின் ஆகியோர் மகாத்மா காந்தியின் சமூக பணிகள் குறித்து பேசினார்கள். இந்த இணைய வழி கருத்தரங்கில் சுமார் 400 பேர் கலந்துகொண்டு, கருத்துக்களை பதிவு செய்தனர்.

Prof. A. Shahin Sultana

Dept. of Social Work

School of Social Sciences and International Studies

Pondicherry University

Contribution on Health and Well-Being (January 2019 – till date)

I. RESEARCH PROJECTS ON HEALTH AND WELL -BEING

- **Major Project (2019-2021).** A Study of the Student Welfare Services prevailing in Higher Educational Institutions in the Union Territory of Puducherry funded by ICSSR, Ministry of HRD, Govt. of India, Delhi

[Budget: Rs 7,35,000.- Ongoing project] [Sanction No: IMPRESS/P2897/512/2018-19/ICSSR, dt: 12.09.2019]

II. JOURNAL PAPERS PUBLISHED ON HEALTH AND WELL -BEING

- K.T. Anju and **Shahin Sultana. A** (2019). Role of Assistive Devices in the Autonomy of Orthopaedically Challenged Women in Puducherry District. Published in Indian Journal of Applied Research. Volume 9 Issue- 4 (Pg 11-12) April 2019 (PRINT ISSN No 2249-555X UGC Sr. No 49333 Index Copernicus IC Value: 86.18)

III. BOOK CHAPTERS/JOURNAL PAPERS IN PRESS ON HEALTH AND WELL -BEING

- **Shahin Sultana. A** (2020). “Building capacities of Youth for Positive Mental Health and Well-being” submitted for the Encyclopaedia of the UN Sustainable Development Goals. Peace, Justice and Strong Institutions - **Springer Publication**
- **Shahin Sultana. A** (2020). “Social Work – Meaning and Concept, Objectives and Functions”, submitted for a Text book of Social Work, **Sage Publications**
- Fr Renny Thomas and **Shahin Sultana. A** (2020): ‘Institutionalized Children with HIV/AIDS: Social Work Intervention during COVID Pandemic’ (Journal)
- Fr Renny Thomas and **Shahin Sultana. A** (2020): ‘Parenting Style and Internet use in Higher Secondary Students: An Interconnect. (Journal)

JOURNAL PAPERS ON HEALTH AND WELL -BEING (SUBMITTED AND UNDER PEER- REVIEW)

- Naviya Antony. K and **Shahin Sultana. A.** (2020). "Psychological Well- being and Perceived Social Support among Young Adults: Role of Gender". South Asian Journal of Socio-Political Studies, International Peer reviewed UGC Care Journal.
- Fr Renny Thomas and **Shahin Sultana. A** (2020): Institutional Care for Children with HIV AIDS: Prospects and Challenges in Social Work in Public Health, Taylor and Francis Publishers (WHSP-2020-0324)

IV. INVITED AS CHAIRPERSON IN SEMINARS/ CONFERENCES ON HEALTH AND WELL-BEING

INTERNATIONAL

- Invited as a Chairperson for International Conference on Promoting Health and Happiness and Quality of Life: Psychological, Social and Cultural Perspectives among school children. 10-12 January 2019. Organised by the YSS, INspa and MAspa at Kaula Lampur, Malaysia.

NATIONAL

- Invited as a Chairperson in a Two-Day National Conference on “Disability Rights and Status in India – Policy and Program for Persons with Disabilities” for a session on “Parity in Employment and Universal Design” organized jointly by Centre for Study of Social Exclusion and Inclusive Policy, Pondicherry University, Puducherry and NIEPMED, Chennai at CCE, Pondicherry University, Puducherry. (7th February, 2019).
- Invited as a Chairperson to serve as a Jury for the Award Category Presentations for Scholars and Students of Social Work in the 6th Annual National Conference of All India Association of Medical Social Work Professionals – Theme – GI Disorders and Transplant – Medical Social Work Perspectives and Challenges. 4-5 January, 2019. Organised by All India Association of Medical Social Work Professionals and JIPMER Hospital at JIPMER, Puducherry (4th January, 2019).

V.INVITED AS RESOURCE PERSON IN WORKSHOPS/SEMINARS/CONFERENCES ON HEALTH AND WELL-BEING

- Invited as a Resource Person in a Panel Discussion to speak on “Child Protection Issues during COVID 19 (Child marriage and child rights issues)” organised by HOPE, Puducherry (30th September, 2020).
- Invited as a Resource Person to speak on “Role of Social Workers in Suicide Intervention and Prevention” in a Panel Discussion on Suicide Prevention: Need of the Day and the Role of Social Workers organized by Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore and Tamil Nadu People’s Mental Health Forum (10th September, 2020).
- Invited as a Resource Person to speak on “Student Mental Health and Well-being during COVID-19 Pandemic: Scope for Social Work Practice” organized by Dept. of Home science Extension Education, Avinashilingam Institute for Home Science and Education for Women, Coimbatore, Tamil Nadu (31st July, 2020).
- Invited as a Resource Person to speak on “Importance of Enhancing Social Support and Well-being in current Pandemic” organized by the All India Association of Medical Social Work Professionals, Delhi (4th July, 2020).
- Invited as a Resource Person in a Panel Discussion on Child Rights during and after COVID 19 organised by Trust for Youth and Child Leadership, Puducherry (7th May, 2020).
- Invited as a Resource Person to speak on “Education and Women Empowerment” in a Regional -Women Empowerment Training Programme – Mathare 2020 Organised by the Dept. of Social Work, St Josephs College, Cuddalore, Tamil Nadu (6th March, 2020).
- Invited as Chief Guest for the Annual Day Celebrations to speak on “Relevance of Child Development” for Gurukulam Montessori Houses of Children and High School, Puducherry Kamban Kalai Arangam, Puducherry (28th February, 2020).
- Invited as a Resource Person to speak on “Prospects for Research in Social Work” in a National Workshop Organised by the Dept. of Management Studies, Pondicherry University, Puducherry (18th December 2019).
- Invited as a Resource Person to speak on “Health and Social Work Practice: Scope and Challenges for students” at Mother Teresa Post Graduate and Research Institute of Health Sciences, Puducherry (11th November 2019).
- Invited as a Resource Person to speak on “Student Activities on Campus: Its significance” in North East Academic Cum Cultural Meet North East Student Members of Pondicherry University (15th October, 2019).
- Invited as a Resource Person for the Inaugural address in Student Induction Programme for freshers on “Relevance of SIP” for the Kanchi Mamunivar Centre for Postgraduate Students, Government of Puducherry, Regional Centre, at Kanchi Mamunivar Centre for Postgraduate Students, Government of Puducherry (18th September, 2019)
- Invited as a Resource Person to speak on “Balancing for better health to women survivors with cancer” in a Programme organized by Regional Cancer Centre, Department of Medical Oncology, JIPMER, Puducherry on (16th March, 2019).

- Invited as a Resource Person to speak on “Intergenerational Bonding and Elderly” in a National Seminar “Elderly wellbeing and Inter-generational bonding” organized by National Institute of Social Defence and Dept. of Social Work at Madras School of Social Work, Chennai on (15th March, 2019)
- Invited as Guest of Honour on account of International Women’s Day Celebrations by Women in Public Sector forum at Neyveli Lignite Corporation, Neyveli on (8th March, 2019).
- Invited as a Resource Person to speak on “Social Work in Health Care Settings: Nature, Challenges and Opportunities” in a National level Refresher Programme for faculty in Social Sciences, organized by UGC-HRDC at Pondicherry University, Puducherry (4th March, 2019).
- Invited as a Resource Person to speak on “Scope of Social Work Practice in Family Well-being” in a National Level Seminar on Growing Distance between families due to modern technology organized by PG Department of Social Work, St Joseph’s College of Arts and Science, Cuddalore, Tamil Nadu (12th February, 2019).
- Invited as a Resource Person in 2018 National Brainobrain Competition for children in the Annual Ceremony at Community Hall, Chetty Street, Puducherry. (3rd, February, 2019).
- Invited as a Resource Person to speak on “The Sexual Harrassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 as part of their Gender Sensitization Programme to the nursing students organized by the Internal Complaints Committee, Vinayaka Missions College of Nursing, Puducherry at Vinayaka Missions college, Puducherry. (30th January, 2019).
- Invited as a Resource Person (Invited Paper) to speak on “Health and Social Work Practice – Opportunities and Challenges” in the 6th Annual National Conference of All India Association of Medical Social Work Professionals – Theme – GI Disorders and Transplant – Medical Social Work Perspectives and Challenges. 4-5 January, 2019. Organised by All India Association of Medical Social Work Professionals and JIPMER Hospital at JIPMER, Puducherry (5th January, 2019).

VI. WORKSHOPS, SYMPOSIUMS, SEMINARS, CONFERENCES, TRAINING PROGRAMMES ORGANIZED ON HEALTH AND WELL-BEING

- Coordinated a One-day Webinar (Virtual) on Working Together to Prevent Suicide 2020 in commemoration with World Suicide Prevention day, organized by the Dept. of Social Work, Pondicherry University in collaboration with National Mental Health Programme, Govt. of Puducherry, (7th September, 2020) at the Dept. of Social Work, Pondicherry University, Puducherry.
- Coordinated a One-day International Webinar (Virtual) on Gandhian Approach in Social Work Praxis: The Way forward celebrating 150th Birth Anniversary of Mahatma Gandhi organized by the Dept. of Social Work, Pondicherry University, (27th August, 2020) at the Dept. of Social Work, Pondicherry University, Puducherry.
- Coordinated Cyber Crime Awareness Programme for Women for 1000 Students/Scholars of Pondicherry University and School children of neighbourhood schools organized by the Director Executive, Council of Information Security and Pondicherry University on (6th December, 2019) at J.N. Auditorium, Pondicherry University.
- Coordinated Orientation Programme for the first MSW students for 60 students of the Dept. of Social Work, Pondicherry University from (5th August 2019 to 23rd August 2019) at Pondicherry University.
- Coordinated Student Induction Programme for 250 Integrated Students of Pondicherry University from (29th 2019 to 31st July 2019) at J.N. Auditorium Pondicherry University.

- Coordinated as a Course Teacher a Lecture for the MSW (Second year – Medical and Psychiatric students) on “Nutrition and Development – Ways to combat nutrition-based problems” (Dr. Vizhibharathi, Assistant Professor, Dept. of Food Science, Bharathidasan College for Women, Puducherry) on (11th March, 2019) at the Dept. of Social Work, Pondicherry University, Puducherry.
- Coordinated as a Course Teacher a Lecture for the MSW (First Year students) on “Procedures for registering an Organization and Indian Trusts Act” (Dr. M. Siva, TYCL) on (12th February, 2019) at the Dept. of Social Work, Pondicherry University, Puducherry.
- Coordinated as a Course Teacher a Lecture for the MSW (Second year – Medical and Psychiatric students) on “Scope of Medical Social Worker in Hospital Settings” (Mr. Kishan Kumar, Medical Social Worker, PGIMER, Chandigarh) on (12th February, 2019) at the Dept. of Social Work, Pondicherry University, Puducherry.

VII. MEMBERSHIP/FELLOWSHIP IN LEARNED/ACCREDITED BODIES ON HEALTH AND WELL-BEING

- Member, All India Association of Medical Social Work Professionals, India
- Vice-President, Puducherry Professional Social Workers Forum, Puducherry.
- Member, Indian School Psychology Association (InSPA) Puducherry, India

VIII. MEMBER IN EDITORIAL BOARDS ON HEALTH AND WELL-BEING

- Editorial Board Member, Indian Journal of Health Social Work an official publication of the All India Association of Medical Social Work Professionals, PGIMER, Chandigarh, 2020 onwards. ISSN: 2582-1393 (Online)
- Editorial Board Member, National Journal of Professional Social Work (NJPSW) published by Indian Society of Professional Social Work, Dept. of Psychiatric Social Work, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru since May 2018 onwards Print ISSN: 2230 8768 ISBN: 2230 8768

IX. MEMBER IN EXPERT/SELECTION COMMITTEES ON HEALTH AND WELL-BEING:

- Member, Jury, Young Social Change Maker Award 2019 and 2020, Organised by Trust for Youth and Child Leadership, Puducherry
- Member, Institutional Human Ethics Committee as Social Scientist, Mahatma Gandhi Medical College and Research Institute, Sri Balaji Vidyapeeth Deemed University, Pondicherry 2019 onwards
- Vidyalaya Management Committee Member (VMC), Kendriya Vidyalaya No.2, Pondicherry University 2019 onwards
- Governing Board Member, Institute of Social Sciences – Puducherry chapter till May 2020

X. ADMINISTRATIVE POSITIONS WITHIN UNIVERSITY ON HEALTH AND WELL-BEING:

- Dean, Students Welfare, Pondicherry University - Coordinating Student Welfare Activities and other activities for all the students/scholars of Pondicherry University
- Nodal Officer, Ek Bharat Shreshth Bharat, Pondicherry University - Coordinating cultural and academic activities for the students/scholars of Pondicherry University

- Nodal Officer, Student Induction Programme, Pondicherry University - Coordinating Students Induction programme of newly admitted students in Pondicherry University

XI. INVITED TALKS/PAPER PRESENTATIONS ON HEALTH AND WELL-BEING:

International (Outside India)

- **Invited Talk** to speak on “Psychology for Social Work Practice in School Settings: Opportunities and Challenges” in an International Conference on Asia Pacific School Psychology Association organized by National Institute of Education, Colombo, Srilanka (11-12th February 2020).
- **Invited Talk** to speak on “Fostering Student health and well-being through school social work practice” in the First International Conference on School Psychology -Promoting Health and Happiness and Quality of Life: Psychological, Social and Cultural Perspectives among school children 10-12 January 2019.Organised by the YSS, InSPA and MaSPA at Kaula Lampur, Malaysia. (11th January 2019).

International/National (Within India):

- **Invited Talk** to speak on “Mental Health Promotion of the Young Population and its role in Sustainable Development – The Interconnect” in10th InSPA International Conference on School Psychology: COVID 19-Mental Health and Lifelong Learning in Children (5-7, November, 2020). Organised by InSPA and Dept. of Psychology, Aligarh Muslim University. Aligarh. (5th November, 2020).
- **Paper Presentation** in International Conference on Application of Social Work methods in the Pandemic Crisis. 5th June 2020. Presented a Paper on ‘Institutionalized Children with HIV/AIDS: Social Work Intervention during COVID Pandemic’. Organized by Bharat Matha College of Social Work, Thrikkakara, Kochi in association with The Catholic University of Eastern Africa and Association of Schools of Social Work in Kerala (ASSK)
- **Paper Presentation** in International Conference on Research Insights on Social Sciences, Literature, Law and Science. 20th February 2020. Presented a Paper on ‘Parenting Style and Internet use in Higher Secondary Students: An Interconnect’. Organised by St. Thomas college, Kozhencherry, Pathanamthitta, Kerala in association with University of Malaya, Malaysia and Anuragam Publishers, Chennai.
- **Paper Presentation** in Three days 9th InSPA International Conference on School Psychology. 14-16 November 2019. Presented a Paper on Positive Mental Health and Well-being. Organised by International School Psychology Association and Pandit Deendayal Petroleum University, Gandhi Nagar, Gujarat, India.
- **Invited Talk** in Two days National Seminar on Women Researcher in Higher Education: Excellence without Gender Bias. Paper presented on ‘Women Leadership in Indian Higher Educational System: Prospects and Challenges’. 21-22 February 2020. Organised by Dept of Management Studies, Pondicherry University.
- **Resource Person as Team Lead** in One day Thematic Consultation on Children Mental Health (Issues, Challenges and Care). ‘Consultation Group Theme: Family and Child Mental Health’29th October 2019. Organised by and at Amrita Vishwa Vidyapeetham, Coimbatore.

XII. FACULTY DEVELOPMENT PROGRAMMES ATTENDED ON HEALTH AND WELL-BEING:

Title of the FDP	Organizer	Date and Duration (from – to)
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Training of Teachers (TOT) for Student Induction Programme (under aegis of Quality mandate)	UGC-SERO at IIIT, Hyderabad	16 th May 2019-18 th May 2019
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XIII. NUMBER OF PH.D SCHOLAR GUIDED ON HEALTH AND WELL-BEING:

Sl.No.	Students Name	Registration Number	Thesis Title	Thesis submitted date	Viva-voce completed Status	Date Awarded
1.	Ashok Alexander. P	PHD 1971	Workplace Challenges of Women Street Vendors in Puducherry District	02-08-2018	Yes	02-08-2019
2.	Sujitha. T	R 31194	Impact of Childhood Experiences and Behavioural Patterns among Adolescent Students (with special reference to Ernakulam District, Kerala)	30-01-2019	Yes	12-07-2019
3.	Mirshad Rahman. T.M	1824	Understanding Child Sexual Abuse among School Going Adolescents in Puducherry District	31-05-2018	Yes	26-04-2019

XIV. AFFILIATION IN ACADEMIC BODIES/SOCIETIES ON HEALTH AND WELL-BEING:

Sl. No.	Name of the Body/Society	Nature of Affiliation	Year
1.	Medical Social Workers Association, India	Member	2019 till date

2.	Puducherry Professional Social Workers Forum, Puducherry.	Vice President	2018 till date
3.	Indian School Psychology Association (InSPA) Puducherry, India	Life Member	2019 till date
4.	Institute of Social Sciences, Puducherry Chapter	Governing Board Member	Till May 2020

XV.ADMINISTRATIVE RESPONSIBILITIES IN THE GOVERNMENT AND QUASI GOVERNMENT AGENCIES (INCLUDING OTHER UNIVERSITIES/ RESEARCH ORGANIZATIONS) ON HEALTH AND WELL-BEING:

Sl. No.	Name of the Position	Agency/Organization	Duration	Nature of Duties
1.	Member, Institutional Human Ethics Committee as Social Scientist	Mahatma Gandhi Medial College and Research Institute, Sri Balaji Vidyapeeth Deemed University	2019 continuing	Assessing research proposals, providing inputs on the proposal
2.	Vidyalaya Management Committee Member (VMC)	Kendriya Vidyalaya No.2, Pondicherry University	2019 continuing	Providing inputs on all academic, admission and other matters relating to the functioning of the school.

XVI. LIST OF CAPABILITY ENHANCEMENT SUCH AS SOFT SKILL DEVELOPMENT, REMEDIAL COACHING, LANGUAGE LAB, BRIDGE COURSES, YOGA, MEDITATION, PERSONAL COUNSELLING AND MENTORING ETC ON HEALTH AND WELL-BEING:

Name Programme/Scheme	Date of Implementation	Number of students enrolled	Agencies involved
Cyber Crime Awareness Programme for Women	6 th December, 2019	1000 Students/Scholars of Pondicherry University and School children of neighbourhood schools	Director Executive, Council of Information Security and Pondicherry University
Orientation Programme for the first MSW students	5 th August 2019 to 23 rd August 2019	60 Dept. of Social Work, Pondicherry University	Dept. of Social Work, Pondicherry University

Student Induction Programme for Integrated Students of Pondicherry University	29 th 2019 to 31 st July 2019	250 Integrated Students of Pondicherry University	Pondicherry University
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XVII. TEACHERS AWARDED NATIONAL / INTERNATIONAL FELLOWSHIP FOR ADVANCED STUDIES / RESEARCH DURING THE YEAR ON HEALTH AND WELL-BEING:

Sl.No	Name of the Award/fellowship	Date of Award	Awarding Agency
1.	UGC Visiting Fellow	January 2020 (The visit was planned from 23 rd – 27th March 2020, but has been postponed due to COVID – 19 crisis, will be visiting once universities reopen)	Coordinator, UGC SAP (DRS – II) Former Director, CC & AS Sri Padmnavati Mahila Visvavidyalayam (Women's University) Tirupati – 517502 Andhra Pradesh

XVIII. COLLABORATION WITH INSTITUTION/INDUSTRY ON HEALTH AND WELL-BEING

Sl. No	Name of the Institution/ Industry	Nature of Collaboration
1.	Nippon Electricals Limited, Puducherry	Internal Complaints Committee Member 2019 onwards







PONDICHERRY UNIVERSITY

(A Central University)

Bharat Ratna Dr R.R. Ambedkar Administrative Building,
R. Venkataraman Nagar, Kalapet, Puducherry - 605 014

PU/Rec/NTB/2010-2011/408

14.01.2011

CIRCULAR

Sub: PU – Estt – Providing of 24 hour medical facilities by PIMS
at Town centre – Reg.

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All employees, both teaching and non-teaching staff of University are hereby informed that it has been decided to provide 24 hour medical facilities to our employees and their dependants residing at Puducherry town and nearby areas through the Town Centre of PIMS [39 Villianur Road (near Indira Gandhi Statue), Natesan Nagar, Puducherry 605 005].

- The consultation facilities will be provided at the Town Centre at free of cost to our employees and their dependants on production of Health Card issued by the University.
- Normal investigation charges, reference to specialists and medicine costs, etc will have to be borne / paid by the employees. The employees can claim reimbursement of these charges from the University at the admissible rates.
- Wherever required, emergency treatment and life saving drugs will be provided by PIMS at town centre at free of cost to the employees.
- PIMS have been requested to charge for investigations, etc only at CGHS rates.

This arrangement will commence from 15-01-2011 onwards.

Comments, suggestions, if any, may be sent to the undersigned.

/BY ORDER/

P. S. S. S. S.
DEPUTY REGISTRAR (ADMIN)

To

All Teaching & Non-teaching staff members
Pondicherry University
Puducherry 605 014



PONDICHERRY UNIVERSITY

Cordially Invites
Faculty, Officers & Staff
for

A free medical check up, organized by Pondicherry University in collaboration with Pondicherry Institute of Medical Sciences and Government Hospital, Puducherry.

Date : 7th May to 9th May

Timing : 08:00 am to 05:00 pm

Venue : Health Centre, PU.


Registrar(i/c)

For contact: Mobile No : 9442621802, 812294335.



PONDICHERRY UNIVERSITY
(A Central University)

PLANNING & DEVELOPMENT SECTION
Bharat Ratna Dr.B.R. Ambedkar Administrative Building
R. Venkataraman Nagar
Kalapet, Puducherry - 605 014

G. VENGUIDESVARANE,
Assistant Registrar (P & D)

Off : 0413-2664262
Fax : 0413-2666009
E-mail : arpd55@yahoo.in

PU/PD2/134-2/2015/ 196

Date: 24.06.2019

To

Dr. Surendra Kumar Sia
Professor & Head
Department of Applied Psychology,
Pondicherry University.

... Through Proper Channel

Sir,

Sub: PU – P&D – Sanction of financial assistance for establishing a Mental Health Support Centre at Pondicherry University - Reg.

Ref: Your Lr. dt.14.03.2019.

With reference to your letter cited above, I am by direction to convey the approval to establish and organize a Mental Health Support Centre from the coming academic year 2019-20 and provide counseling services to our University students at Department of Applied Psychology, Pondicherry University.

A sum of **Rs.1,50,000/-** has been sanctioned to conduct the above programme. The expenditure in this regard is to be booked under the head B.E. - 2019-20 – Students Welfare Fund.

Thanking you.

Yours faithfully,

(G. VENGUIDESVARANE)
Assistant Registrar (P&D)

The Department of Social Work, Pondicherry University as a part of its outreach activities, observes various international days. On 3/10/2019, to celebrate world elders day which falls on 1st October every year, the Department of Social Work students spent quality time with the elderly in the Government run home for Aged and Infirm, Krishna Nagar, Puducherry <https://www.thehindu.com/news/cities/puducherry/social-work-dept-of-pondicherry-university-celebrates-international-day-for-older-persons/article29716146.ece>

Prof. R. Nalini, Head, Department of Social Work, trained the mothers of SOS Children's village (60-70 mothers, from the Southern Region, TN, Puducherry, Kerala, Karnataka, Andhra Pradesh and Telangana) on 'Role of Mothers in the academic development and quality Settlement of the children '. The expected outcome was to Support the mothers to motivate and inspire children and help them to set dreams/ goals for their future – and support them to realize their dreams.



A session on ‘Piriyalar Guru (online)’ was held for Government school teachers, Puducherry was held by Prof. R. Nalini, Head, Department of Social Work, Pondicherry University highlighting the role of teachers in students’ holistic development. Please find the link: <https://youtu.be/gZZBMBVMM7w>

- <https://www.thehindu.com/news/cities/puducherry/fire-safety-drill-to-be-an-annual-affair-in-varsity/article26891626.ece>
- Webinar on Celebration of International Girl Child Day 2020 is conducted in Pondicherry University https://www.youtube.com/watch?v=m_LCrw8JsbQ&feature=youtu.be
- Organised a skill development program on ‘Process Behind Drug discovery’ for School children sponsored by BRSI under Skill development program on 3 Dec 2018 Dr.R.Rukkumani
- Lecture on “Importance of awareness on healthy diet and physical activity for disease prevention” 27.04.2019 Little Flower Degree College, Hyderabad Dr. S. Sudha Rani
- Lecture on ‘Nano Medicine – A Boon for Cancer Therapy’ in one day seminar in Bio Feb in Prince Venkateshwara Arts & Science College, Chennai, Feb 2019 Dr.R.Rukkumani
- Skill development program Hindu News link- <https://www.thehindu.com/news/cities/puducherry/pondicherry-university-conducts-awareness-programme-for-children/article25675115.ece>

10	21.02.2020	Department of management studies	Women researchers in higher education Excellence without gender bias
11	22.02.2020	Department of English	International Conference of <i>Interdisciplinary</i> approaches to Environment Eco system and Sustainable Development
12	04.03.2020	Centre for Women's Studies & Department of Food Science and Technology	The Way to Healthy Life



PONDICHERRY UNIVERSITY
BOYS HOSTEL AND DEPT. OF ANTHROPOLOGY

ANTHROPOLOGICAL -PHYSICAL
FITNESS TEST CAMP
FOR

SRI AUROBINDO HOSTEL
(First Year Boys Hostel)

Date: 06/10/2019 (Sunday)

Time: 10:00 AM to 4:00 PM

Venue: → Ground Floor Sri Aurobindo Hostel

All the Students of Sri Aurobindo Hostel are invited.


Dr. S. SUDARSHAN MUTHU
Chief Warden Boys Hostels
CHIEF WARDEN
UNIVERSITY HOSTELS
PONDICHERRY UNIVERSITY
PUDUCHERRY - 605 014


Dr. AJEET JAISWAL
Coordinator
Deputy Chief Warden
1st Year Boys Hostels

To: The System Manager. Kindly host it on our University website





PONDICHERRY UNIVERSITY
DIRECTORATE OF PHYSICAL EDUCATION AND SPORTS

Dr. G. VASANTHI
Director i/c Phy. Edn & Sports

R.V.Nagar, Puducherry-605014
Phone No:-2654741
Cell No.- 9442215006

PU/DIR/SPORTS/2020-21/ 17

Date: 22.10.2020

CIRCULAR

FOR THE ATTENTION OF ALL THE STUDENTS, TEACHING AND NON TEACHING STAFF

This is to inform that gym for Ladies and Gents functioning from the respective hostel premises will be open to use for all the students, teaching and non-teaching staff of our University as per the timings given below. Mild to moderate exercises will be available to boost your health and immunity. Therefore we encourage all the staff members and students to take some time out and start exercising to boost their health. All the Covid 19 safety norms as proposed by our university and the government will have to be strictly followed. Hence, we urge you to bring your own towels and water bottles during your visit.

The Gym timings are as mentioned below

Time: 6.00 am to 8.00 pm

Saturday Morning: 6.00 am to 2.00 pm

Date: 26.10.2020

For further information, please contact

1. Prof G. Vasanthi, Director (i/c)
2. Mrs. J. R. Josphine (Ladies Gym Instructor) - 9894105666
3. Mrs. B. Indumathi (Ladies Gym Instructor) - 9940973314
4. Mr. T. Thananjayan (Gents Gym Instructor) - 9786037207
5. Mr. R. Senthil Kumar (Gents Gym Instructor) - 9442726158


G. VASANTHI

Directorate of Sports (i/c)

Copy to:

1. The P.S to Vice Chancellors Office - For the kind information of the Vice Chancellors, PU
2. The P. S to Registrar's Office - For the kind information of the Vice Chancellors, PU
3. The Assistant Director, Director of Sports
4. ☒ The System Manager with request to host on our University Web Site.



**PONDICHERRY UNIVERSITY
SCHOOL OF HUMANITIES
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
R.V.Nagar, Kalapet, Puducherry-14**

No: PU/DPES/2017-2018/

Date: 18/02/2018

CIRCULAR

**Sub: "Fitness for all" Training Program for Employees
& Wards of Pondicherry University-Reg..**

Ref: PU/PD2/250/2012/901

It has been decided to conduct fitness training program for the employees and wards of Pondicherry University (**Teaching & Non-Teaching**) by Department of Physical Education and Sports, Pondicherry University from 22/02/2018 to 03/03/2018 at Thiruvallur Stadium from (4.00PM to 6.00PM).

Hence, interested employees and their wards name can be registered in the office of the Department of Physical Education & Sports, Pondicherry University. Registration will be accepted till 22nd February 2018 (12.30.PM).

Venue of Training Program is Thiruvallur Stadium. Participant has to come with proper Uniform like shorts/trouser, T-shirt, shoes, water bottle etc.

(For details contact - Dr. A. PRAVEEN -9442621802 and Dr. M. ELAYARAJA- 9488979000)

Organizing Secretaries

Dr. A. PRAVEEN., (Assistant Professor)
Dr. M. ELAYARAJA., (Associate Professor)

Head

(Department of Physical Education)

Dr. P.K. SUBRAMANIAM
PROFESSOR AND HEAD
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
PONDICHERRY UNIVERSITY
PONDICHERRY-605 014.

To,

All Schools/ Department/Centers- Pondicherry University

Copy to:

The Asst. Registrar, VC Secretariat, PU- for kind information of Vice Chancellor.
The Asst. Registrar, Registrar Secretariat, PU- for kind information of Registrar.
The System manager, PU- with request to host this circular

The educational activities are designed in line with the needs and demands of the local community. More specifically, the main objective of this College is “to offer job-oriented courses based on the perceived community demand for specific manpower”. In short, Community College is “for” the Community and “of” the Community.

List of Workshop/Seminars/Conferences and Webinar science

S. No.	Date	Department	Workshop/Seminar/Conferences
1	19.02.2019	Anthropology and Sociology	Rural Development in India and Hungary
2	08.03.2019	Management Studies	Socio-economic transition of women through entrepreneurship Problems and prospects
3	20.03.2019	Department of sociology	Contemporary sociology in India: emerging trends and challenges
4	25.07.2019	Department of Social Work	A Workshop on Sanitization and awareness of Disabilities for Stockholders
5	01.08.2019	Department of social work	Participative workshop On Collaborative action for an inclusive society for the disabled
6	02.08.2019	Department of social work	Psychiatric Social Work Practice: Opportunities and Challenges
7	18.09.2019	The Centre for Women’s Studies	Gender Sensitivity in Daily Life
8	12.02.2020	Department of social work	Corporate Social Responsibility and Professional Social Work
9	18.02.2020	The Centre for Women’s Studies	Menstrual health and Hygiene Creating awareness and cultural sensitivity
10	21.02.2020	Department of management studies	Women researchers in higher education Excellence without gender bias
11	22.02.2020	Department of English	International Conference of <i>Interdisciplinary</i> approaches to Environment Eco system and Sustainable Development
12	04.03.2020	Centre for Women’s Studies & Department of Food Science and Technology	The Way to Healthy Life



We Cordially Invite you for
**A Workshop on Sensitization
and Awareness on Disability
for Stakeholders**

Date: 25th July, 2019

Time: 9:30 am

Venue: Cultural cum Convention Centre, Pondicherry University

Chief Guest

Hon. Mr. Kandaswamy - Minister for Social Welfare

Government of Puducherry

Key Note Address

Prof. S. Balakrishnan - Director

Studies, Educational Innovations & Rural Reconstruction
Pondicherry University

Felicitation

Ms. Alice Vaz, Secretary - Welfare

Government of Puducherry

Organizers

Department of Social Work
Pondicherry University

Satya Special School
Pondicherry



PONDICHERRY UNIVERSITY
DEPARTMENT OF SOCIAL WORK
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES

Cordially invites you to the Inaugural function of

RURAL CAMP
VELICHAM 2k19

to be held on Thursday 10th October, 2019, 9:30 am.
at Nellusandur Village, Thiruvallur Commune
Karaikal District, Puducherry U.T

Mr. A. Vikranth Raja I.A.S

District collector and District Magistrate, Karaikal District
has kindly consented to deliver the
Inaugural Address

All are Welcome

INAUGURAL PROGRAMME

Invocation	: I year MSW Students
Welcome Address	: Ms. Cauviya P Student Coordinator
Brief about Department	: Ms. Hilaria Preethi V Student Coordinator
Brief about Camp Activities	: Mr. Kodapaka Hemanth I year MSW Student
Honoring the Chief Guest	: Prof. R. Nalini, Head, DSW Dr. C. Satheesh Kumar, Asst. Professor, DSW Dr. P.B. Shankar Narayan, Asst. Professor, DSW
Inaugural Address	: Mr. A. Vikranth Raja District collector & Magistrate, Karaikal
Felicitation	: Dr. S.A. Senthil Kumar, Professor and Centre Head, Pondicherry University, Karaikal campus : Rev Fr. Satheesh Xavier P, SDB Principal, Don Bosco College of Arts and Science Thamanangudy, Karaikal : Dr. Sivakumar Assistant Professor and Head, Dept. of Social work Aignar Anna Govt. Arts and Science College, Karaikal : Dr. V. Arulmurugan Program Officer, NSS Pondicherry University, Karaikal campus : Mr. Sivakumar Lecturer in Tamil, Govt. Hr. Sec School Nallambal,
Vote of Thanks	: Mr. Sanjeevi B Student Coordinator
Cultural Programme	: I Year MSW Students



Pondicherry University
School of Social Sciences and International Studies
Centre for Women's Studies



&

Pondicherry Institute of Medical Sciences (PIMS)

HEALTH CAMP FOR WOMEN

Date: 5th March 2020

Time: 10.00 am - 5.00 pm

Venue: Students Service Centre, (Opp.) J.N. Auditorium, Pondicherry University

*All Women in the Campus are requested to avail
the service*

INVITATION

The Department of Physical Education & Sports, Pondicherry University
is organizing its

5th Voluntary Blood Donation Camp

with support from JIPMER and Lions Club of Pondicherry Central
on Tuesday the 3rd of March, 2020 in the Department premises.

The camp will start at 10 AM and is expected to close around 1.30 PM.

We are happy to

Invite all the students and staff of Pondicherry University and their friends to
participate in the voluntary donation program.

!! Donate Blood for a noble cause and save life !!


Dr. P.K. Subramaniam

Professor & Head, Dept of Physical Education & Sports

Dr. P.K. SUBRAMANIAM
PROFESSOR AND HEAD
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
PONDICHERRY UNIVERSITY
PONDICHERRY-605 014.

For Further details

Please contact Dr. R. Ram Mohan Singh (Coordinator) on 7338999899, 9080549229

✓ To: The system Manager with request to upload in the University Website.

Page No. 1300
Date 22/02/2020



**PONDICHERRY UNIVERSITY
&
PONDICHERRY INSTITUTE OF
MEDICAL SCIENCES (PIMS)**


*Organises a
Special Medical Camp
For
Hostel Students*

**FOR BOYS – ON 15.11.2019 @ C.V.RAMAN HOSTEL
(TIME – 9.00 AM TO 3.00 PM)**

**FOR GIRLS – ON 16.11.2019 @ MOTHER TERESA MESS
(EXTENSION HALL)
(TIME – 9.00 AM TO 3.00 PM)**


**All the Hostel inmates are
requested to participate**

[Signature]
CHIEF WARDEN
UNIVERSITY HOSTELS
PONDICHERRY UNIVERSITY
PONDICHERRY - 605 006



Pondicherry University

School of Social Sciences and International
Studies
Centre for Women's Studies
&
Department of Food Science and Technology
In association with
NetProFaN
(Pondicherry Chapter)



Cordially invite Our University Women Fraternity
to the programme

The Way to Healthy Life
ஆரோக்கியமாக வாழ்ந்து காட்டுவோம்

Date: 04.03.2020
Time: 10am to 1.30 pm
Venue: Executive Council Hall, Dr. B.R. Ambedkar Building

Health Experts to sensitize us:

Dr. C.Swaramya,MS.
Obstetrician & Gynaecologist
Laparoscopic Surgeon
Topic: Women Wellness and Reproductive Health

Dr. K.Sudhakar, M.Ch.
Unit chief, Department of Urology
Indira Gandhi Government General Hospital & Research Institute
Topic: Save your Kidneys

Dr.S.Gomathy, B.D.S
Dental Surgeon
SPM Dental Care
Topic: Your Oral Health

In Coordination with:
Dean, Office of the Students Welfare
Women's Cell
Sexual Harassment & Prevention Committee

ALL ARE WELCOME

Enlist most important initiatives taken to address locational advantages and disadvantages during the year

Year	Number of initiatives to address locational advantages and disadvantages	Number of initiatives taken to engage with and contribute to local community	Date and duration of the initiative	Name of the initiative	Issues addressed	Number of participating students and staff
2019			25/07/ 2019	Sensitization and Awareness on	Awareness on disability prevention and	249

				<p>Disability for Stakeholders'</p> <p>https://www.satyasp ecialschool.org/PDF/govt//SENSITIZATIO N%20AND%20AWAR ENESS%20ON%20DIS ABILITY%20FOR%20S TAKEHOLDERS%20-%20A%20report%20 2019.pdf</p>	sensitization to the needs of the disabled	
			3/10/2019	<p>Spent one day at the Government Run Home for the Aged and Infirm, Puducherry</p> <p>https://www.thehindu.com/news/cities/puducherry/social-work-dept-of-pondicherry-university-celebrates-international-day-for-older-persons/article29716146.ece</p>	To enhance inter-generational solidarity	52
			24/09/ 2019	<p>Trained the mothers of SOS Children's village (from the Southern Region) on 'Role of Mothers in the academic development and quality Settlement of the children '.</p>	To Support the mothers to motivate and inspire children and help them to set dreams/ goals for their future – and support them to realize their dreams.	76

	<p>These campaigns helped us to know the people more in each field, particularly #Who grew my food helps to know about the hardships of farmers and the ethical use of the food products and #Who Made My Clothes helps to know about the Fair-trade policy and also helps to know the hardships faced by the daily wagers. Through these campaigns the students were making an effort to know and promote human relations</p> <p>https://www.youthkiawaaz.com/2019/03/po-ndicherry-university-celebrates-world-social-work-day/</p>			<p>Competitions through various events focusing on human relations</p>	<p>1. Know Your Security Guard</p> <p>2. Know Your Sanitary Worker</p> <p>3. Know Your Gardener</p> <p>4. Who Grew My Food</p> <p>5. Who Made My Cloth</p>	561
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			10/10/2019	<p>World Suicide Prevention Day Department of Social Work, Pondicherry University, in association with National Mental Health Programme (NMHP), Government of Puducherry, along with Indira Gandhi Medical College and Research Institute</p> <p>https://www.thehindu.com/news/cities/puducherry/pondicherry-university-</p>	<p>Organised on World Suicide Prevention Day with the theme of “Working Together to Prevent Suicide”. Students from the host department performed a mime on the theme of positive mental health.</p>	219

			19/10/2019	holds-suicide-awareness-programme/article29650562.ece International Day for Disaster Risk Reduction http://www.uniindia.com/pu-dept-celebrates-international-day-for-disaster-risk-reduction/south/news/1763427.html	Reduce disaster damage to critical infrastructure and disruption of basic services	317
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				<p>Rural camp from 10th October 2019 to 17th October 2019</p> <p>to Nallazhandur Village, Thirunallar Commune, Karaikal District, Puducherry U.T.</p>	<p>Medical campaign and Camp</p> <p>Veterinary camp</p> <p>Women Empowerment program</p> <p>Self-empowerment , Kitchen garden, Waste management for elderly women</p> <p>Awareness program on Sexual reproduction, Menstruation, Health, and Hygiene for girls (School & College)</p> <p>Village clean up</p> <p>Cleaning the surroundings of the campus and the village</p> <p>Tree plantation</p> <p>Water conservation</p> <p>Rally on Health and Social issues.</p> <p>Dengue awareness rally with school children in association with Health Department.</p>	<p>Entire Nallazhandur village and our students</p>
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					<div>Mega Sports Fest to the student community.</div> <div>Door to door socio-economic survey</div> <div>Theme and need based cultural events all evenings</div> <div>Participatory Rural Appraisal</div>	
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					<p>For single women of Puducherry</p> <p>https://backup.pondiuni.edu.in/sites/default/files/covid.dosw.pdf</p>	257
				<p>Corona Virus (COVID-19) Relief Work</p>	<p>For LGBTQ (Lesbian, Gay, Bisexual, Transgender and Queer Community of Puducherry</p> <p>https://backup.pondiuni.edu.in/sites/default/files/COVID.MSW02042020.pdf</p>	120



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE

Solicits your gracious presence at the

COMMUNITY ACTIVITY DAY

(Blood Donation, Eye & General Health Screening, Awareness Camp on
Drug Addiction, Disability, Breast Cancer, Gynecology Problem,
Organ Donation Enrollment, Public and Social Well Being & Cyber Security)

On 6th December 2019

Shri. V.P. SIVAKOLUNTHU

Honourable Speaker, Legislative Assembly, Govt. of Puducherry
has consented to deliver Special Address

Shri. M.O.H.F. SHAHJAHAN

Honourable Minister for Revenue, Govt. of Puducherry
will deliver the Chief Guest Address

Prof. GURMEET SINGH

Honourable Vice-Chancellor, Pondicherry University
will deliver Presidential Address & Inaugurate Community Activity Day

Felicitation Address by :

Dr.S. MOHAN KUMAR

Director, Health & Family Welfare, Govt. of Puducherry

MJF. LION. GEETHA KAMALAKANNAN

District Governor, District 324 A3, International Association of Lions Clubs

LION. R.VELMURUGAN

President, Lions Club of Pondicherry Cosmopolitan
in the Presence of

Prof. G.CHANDRASEKARAN

Principal (i/c), Pondicherry University Community College

Venue : Pondicherry University Community College,
Lawspet, Puducherry - 605 008.
Time : 10.00 am onwards



PONDICHERRY UNIVERSITY



IN COLLABORATION WITH

**19TH ICCD, REGIONAL CANCER CENTRE
JIPMER - PUDUCHERRY**



**J.N AUDITORIUM
PONDICHERRY UNIVERSITY**

INTERACTIVE SESSION ON CANCER AWARENESS



**FEB 6TH
4:30 PM**

with

Dr. Prasanth Ganesan

Additional Professor and Head
Department Of Medical Oncology
JIPMER

Dr. Vishnu Gopal

Senior Resident
Department Of Medical Oncology
JIPMER



Smoke up often?
consider a check-up

Swelling of breasts?
get checked for
breast cancer



Love getting high?
high time you get
your Liver checked



Hope
Care
Be aware

Dr. V. Santhi Siri



9965520345

Prof. Rajeev Jain

Director of Culture &
Cultural Relations



**DEPARTMENT OF SOCIAL WORK
PONDICHERRY UNIVERSITY**

&

CII-INDIAN WOMEN NETWORK, PUDUCHERRY

**Corona Virus (COVID-19) Relief Work
for
SINGLE WOMEN of PUDUCHERRY**

- ❖ To meet essential requirements
- ❖ Mental health related services by experts



**For assistance please call helpline numbers given
below:**

9080376495

9080177507

8838638552





PONDICHERRY UNIVERSITY
NATIONAL SERVICE SCHEME (NSS)
In Association With

GOVERNMENT OF PUDUCHERRY

Cordially invites you for the
INTERNATIONAL COASTAL CLEANUP DAY
On

21st September 2019

@

Chinna Kalapet Beach (Behind James Court Resort)

Interested NSS Volunteers and Students from various departments are most welcome.

Join Hands for the Nobel cause....

For Registration...

Dr. C. Satheesh Kumar, Co-ordinator, NSS
Assistant Professor, Dept. of Social Work
Pondicherry University
9444470765
satheeshsw@gmail.com

DEPARTMENT OF SOCIAL WORK
School of Social Sciences & International
Studies
Pondicherry University

**PARTICIPATIVE WORKSHOP
ON
Collaborative Action for an
Inclusive Society for the Disabled**

COLLABORATORS:

Satya Special School, Puducherry
Youth4Jobs, Hyderabad
Sri Aurobindo Society, Puducherry

Date: 2nd August 2019

Time: 2 pm - 5 pm

*Venue: Lecture Hall 6,
Department of Social Work
Pondicherry University*

DEPARTMENT OF SOCIAL WORK
*School of Social Sciences & International
Studies*
Pondicherry University

**SKILL LAB
ON**

**GENDER-SENSITIVE
SOCIAL WORK PRACTICE**

TRAINER:

**Ms. SHALINI ARAVINDAN
SRI AUROBINDO SOCIETY
PUDUCHERRY**

Date: 15th JULY 2019
Time: 9.45 am - 12.30 pm
Venue: Lecture Hall 4,
Department of Social Work
Pondicherry University

9/16/21, 12:35 PM

Diabetes basic eye test & dental screening



United News of India

India's Multi Lingual News Agency

Thursday, Sep 16 2021 | Time 12:35 Hrs(IST)



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States »

South

Posted at: Mar 3 2020 8:55PM

Diabetes basic eye test & dental screening camp begins at PU

Puducherry, Mar 3 (UNI) Pondicherry University(PU) and Dr. Mohan's Diabetes Specialities Centre Private Limited, Pondicherry , Apollo White Dental, Puducherry and Dr. Agarwal's Health Care Limited, Pondicherry commenced a three-day free diabetes basic eye test and Dental screening camp at PU from Monday.

A PU release on Tuesday said, all Faculty members, Officers, Non Teaching Staff and their families availed the benefit. **Please log in to get detailed story.**

Tags: #Diabetes basic eye test & dental screening camp begins at PU

Delivered outreach programs and projects in the local community by Department of Physical Education and Sports.



PONDICHERRY AMATEUR ATHLETIC ASSOCIATION

MEMBER OF AFI & PONDICHERRY STATE SPORTS COUNCIL

Regd. No. XXI of 1880
S. No. 93 of 1977

No. 7, Massimagam St., VOC Nagar,
Muthiyalpet, Puducherry-605 003.
email: pondicherryaa@gmail.com

Working President:

K. Ramalingam,

No. 103, Annai Teresa St.,
Sudhana Nagar II Extension,
Nannamandapam,
Puducherry-04.
Mobile: 9944239323

Secretary:

S. Govindassamy

No. 7, Massimagam St.,
VOC Nagar, Muthiyalpet,
Puducherry-03.
Mobile: 9443293193

Treasurer:

V. Raguraman,

No. 92, MIG Housing Board,
Kurumbapet, Puducherry-09.
Mobile: 9952124654

Date: 04.07.2019

To

The Professor and Head
Department of Physical Education and Sports
Pondicherry University
Kalapet
Puducherry - 605 014.

Respected Sir,

Sub.: Requesting to depute PG students - reg.

I am glad to inform that the Athletics State Meet is going to be conducted on 7th July 2019. In this regard, I request your goodself to kindly to depute M.P.Ed. Graduates (10 students) to officiate the event and make it a grand success. Certificates will be issued to the officials.

Thanking You

Yours Sincerely,

S. GOVINDASSAMY
SECRETARY

Pondicherry Amateur Athletic Association
PUDUCHERRY



70
Dr. Ramalingam
10 students
4/7/2019

List of Events aimed at promoting Public Health Organized by Department of Physical Education and Sports

INTER COLLEGE CRICKET TOURNAMENT: 2020			
UMPIRE'S DUTY ROSTER			
4th February 2020	5th February 2020	6th February 2020	7th February 2020
INAUGURATION: AT INDIRA GANDHI SPORTS COMPLEX, JIPMER, PONDICHERRY.	GROUND -1 (8 a.m.)	GROUND -1 (8 a.m.)	GROUND -1 (8 a.m.)
	1.P.JAYAHAR BADMANAN	1.P.JAYAHAR BADMANAN	1.P.JAYAHAR BADMANAN
	2.D.THIRUMALAIAN	2.D.THIRUMALAIAN	2.D.THIRUMALAIAN
	3.R.RAJAMANI	3.R.RAJAMANI	3.A.ANANDALINGAM
			4.R.RAJAMANI
	GROUND -2 (8 a.m.)	GROUND -2 (8 a.m.)	GROUND -2 (8 a.m.)
	1.A.RASHEED AHMED	1.A.ANANDALINGAM	1.A.RASHEED AHMED
	2.P.A.SIVAKUMAR	2.T.BHARATHIDASSANE	2.P.GOPALAKRISHNAN
	3.R.KARTHIKEYAN	3.R.VELAYAN	3.K.THAMIZH ILAYAN
			4.T.BHARATHIDASSANE
	GROUND -3 (8 a.m.)	GROUND -3 (8 a.m.)	
	1.N.DHANRAJ	1.N.DHANRAJ	
	2.K.THAMIZH ILAYAN	2.K.THAMIZH ILAYAN	
	3.J.SLUTH JAYAN ALEX	3.J.SLUTH JAYAN ALEX	
			8th February 2020
	GROUND -1 (11 a.m.)	GROUND -1 (11 a.m.)	GROUND -1 (8 a.m.)
	1.P.JAYAHAR BADMANAN	1.B.SIVAKUMAR	1.B.SIVAKUMAR
	2.D.THIRUMALAIAN	2.A.THEMOTTE	2.A.THEMOTTE
	3.R.RAJAMANI	3.R.KARTHIKEYAN	3.AMALRAJ GEORGE XAVIER
			4.R.KARTHIKEYAN
	GROUND -2 (11 a.m.)	GROUND -2 (11 a.m.)	GROUND -2 (8 a.m.)
	1.A.RASHEED AHMED	1.A.ANANDALINGAM	1.S.SRINIVASAN
	2.P.A.SIVAKUMAR	2.T.BHARATHIDASSANE	2.N.DHANRAJ
	3.R.KARTHIKEYAN	3.R.VELAYAN	3.T.BHARATHIDASSANE
			4.J.SLUTH JAYAN ALEX
	GROUND -3 (11 a.m.)	GROUND -3 (11 a.m.)	
	1.N.DHANRAJ	NO MATCH	
	2.K.THAMIZH ILAYAN		
	3.J.SLUTH JAYAN ALEX		

GROUND -1 (2 p.m.)	GROUND -1 (2 p.m.)	GROUND -1 (2 p.m.)	
1.A.ANANDALINGAM	1.B.SIVAKUMAR	1.A.RASHEED AHMED	
2.T.BHARATHIDASSANE	2.P.GOPALAKRISHNAN	2.P.A.SIVAKUMAR	
3.R.VELAYAN	3.MATHIVANAN	3.P.GOPALAKRISHNAN	
GROUND -2 (2 p.m.)	GROUND -2 (2 p.m.)	GROUND -2 (2 p.m.)	
1.B.SIVAKUMAR	1.A.ANANDALINGAM	1.A.THEMOTTE	
2.A.RASHEED AHMED	2.R.VELAYAN	2.AMALRAJ GEORGE XAVIER	
3.P.GOPALAKRISHNAN	3.MATHIVANAN	3.S.SRINIVASAN	
GROUND -3 (2 p.m.)	GROUND -3 (2 p.m.)	GROUND -3 (2 p.m.)	
1.A.THEMOTTE	1.A.THEMOTTE	NO MATCH	
2.AMALRAJ GEORGE XAVIER	2.AMALRAJ GEORGE XAVIER		
3.S.SRINIVASAN	3.S.SRINIVASAN		
GROUND 1: PONDICHERRY UNIVERSITY CRICKET GROUND			
GROUND 2: PONDICHERRY UNIVERSITY CRICKET GROUND			
GROUND 3: LAW COLLEGE CRICKET GROUND			
NOTE: ALL THE OFFICIALS ARE REQUESTED TO REPORT FOR DUTY 30 MINUTES BEFORE THE START OF EVERY MATCH			

S NO	PROGRAM	DATES		REFERENCES
		FROM	TO	
1	Blood Donation Camp with support from JIPMER and LIONS CLUB of PUDUCHERRY	03.03.2020		1,2,3,4
2	Special Olympics Bharat - Champion Award to Pondicherry University	20.08.2019		5,6,7,8,9,10

3	Inter Collegiate Cricket Tournament was organized in 3 grounds in PU Campus on behalf of Govt of Puducherry as a part of their Sports and Cultural Initiative	4.2.2020	7.2.2020	11,12,13,14,15
4	Special Olympics Bharat- Puducherry - Advanced Coaches Training Program (ACTP) in Football was organized in our campus. This is a National Level Program	10.11.2019	14.11.2019	16,17,18,19
5	Summer Cricket Coaching Camp was organized for School Students in and around the University Campus	2.5.2019	1.6.2019	20
6	National Sports Day (NSD) 2019 Organized Mini Marathon/walk 10000 steps to commemorate NSD 2019 and Fit India Program. This was jointly organized by The Department of Physical Education & Sports and The Directorate of Sports	29. 8.2019		21, 22
7	Study Tour of MPED Students to Sports Authority of India South Center, Cinnnasamy Cricket Stadium, National Cricket Academy & Bangalore University for enhanced knowledge gain	29.4.2019	3.5.2019	22,23,24, 25,26,27
8	Special Olympics Bharat- Puducherry - National Coaching Camp (NCC) in Handball was organized in our campus.	10.12.2019	15.12.2019	28,29,,30
9	10 MPED Students functioned as Officials for Pondicherry Amateur Athletic Association for their State Athletic Meet	7.7.2019		31
10	Organized a Games festival during the Students Induction Program 2019 on behalf of the Office of the Students Welfare successfully	2019		32
11	Students and Scholars and Staff of the Dept volunteered for various programs of the Special Olympics Bharat- Puducherry making a big difference in the lives of hundreds of Special Children and also to their own lives	2019		33
12	Proposed a Tennis Ball Cricket Tournament for the Non Teaching Staff of our University. The proposal is pending clearance Once approved the tournament will be mooted at the earliest.	2019		34

1. Fit India Freedom Run







PONDICHERRY UNIVERSITY

Karaikal Campus

NATIONAL SERVICE SCHEME (NSS) UNIT - III

&

NATIONAL HEALTH MISSION

NATIONAL MENTAL HEALTH PROGRAMME

DEPT. OF PSYCHIATRY, GOVT. OF PUDUCHERRY

WEBINAR

Mental Health Awareness Programme in COVID 19 Pandemic

Date & Time : 24th October, 2020 @ 11.00 a.m.

Chief Guest

Dr. Gajalakshmi

Psychiatrist - NMHP, State Mental Health Programme

Govt. of Puducherry

Invited Speaker

Dr. K. Mathan M.D.,

Assistant Professor, Dept. of Psychiatry,

Sri Venkateswara Medical College Hospital & Research Centre, Puducherry

Felicitations

Dr. V. Lakshmanapathi

NSS Programme Coordinator, Karaikal District

Dr. C. Satheeshkumar

NSS Programme Coordinator, Pondicherry University

Dr. S.A. Senthil Kumar

Professor & Centre Head

Pondicherry University, Karaikal Campus

Will preside over the Webinar

Webinar Coordinators

Mr. V. Raja

Psychologist

IGGGH & PGI, Puducherry



Google Meet

Dr. V. Arulmurugan

Assistant Professor of Commerce

NSS Programme Officer, PUKC



PONDICHERRY UNIVERSITY
(Central University)
DEPARTMENT OF APPLIED PSYCHOLOGY

MENTAL HEALTH SUPPORT CENTRE

PU/APSY/2019-20/414.

Date: 14th October, 2019

CIRCULAR

Our university has entrusted the Department of Applied Psychology with providing mental health support services to the needy students and staff of our university. In this connection, a ***Mental Health Support Centre*** has been established with necessary arrangements to facilitate counseling/mental health support services to the needy students and staff of our university for non-medical problems such as academic, career, personal and interpersonal issues. We aim at promoting mental health among students and staff and prevent mental illness. Those who are in need of mental health support/counseling can approach the centre through any of the following contact numbers/email.

Call/Text/WhatsApp: 830021 19177, 8547829182, 9380313177

Email: pondimentalhealth@gmail.com

Our team would respond to them and fix appointment for a counseling session as soon as possible. The sessions would be kept strictly confidential and the identity of the client would be protected within the legal boundaries.

We welcome those who are in need of the above services.


Surendra Kumar Sia
14/10/19

(Head)
SURENDRA KUMAR SIA
Professor & Head
Department of Applied Psychology
Pondicherry University
Puducherry 605 014.



D. Barani Kanth
(Coordinator)

Mental Health Support center ,
Department of Applied Psychology,
Pondicherry university

FEELING STRESSED, ANXIOUS OR TIRED?

WISH YOU COULD TALK TO SOMEONE WHO
WOULD UNDERSTAND?

WE ARE HERE TO HELP

MENTAL HEALTH SUPPORT CENTER IS AN INITIATIVE OF THE DEPARTMENT OF APPLIED PSYCHOLOGY, PONDICHERRY UNIVERSITY IT AIMS TO PROVIDE QUALITY MENTAL HEALTH SERVICES TO THE STUDENTS AND MEMBERS OF THE UNIVERSITY AND TO WORK TOWARDS EMPOWERING INDIVIDUALS AND DESTIGMATIZING MENTAL HEALTH CARE.

CONTACT US @

DIAL/WHATSAPP
/MESSAGE:

830021 19177, 8547829182, 9380313177

MAIL:

pondimentalhealth@gmail.com



LET'S UNLOCK
BRIGHTER TOMORROWS!



DIRECTORATE OF HEALTH AND
FAMILY WELFARE SERVICES
GOVERNMENT OF PONDICHERRY
- AND -
DEPARTMENT OF SOCIAL WORK
PONDICHERRY UNIVERSITY



IT'S OKAY
NOT TO BE OKAY

Pahirvoma?



MENTAL HEALTH
COUNSELING BY EXPERT TEAM

CALL US - 0413 2262547



Certificate of Appreciation

NCERT expresses its sincere appreciation to

*Ms./Mr./Dr. Surendra Kumar Sia
..... Department of Applied Psychology, Pondicherry University for providing
..... psychosocial support and counselling to students, their families and teachers under
MANODARPAN - An initiative of Ministry of Education (MoE), Government of India-
..... for dealing with mental health concerns during COVID-19 pandemic and beyond.*

Date of Issue: 17/03/2021

Anjum Sibia
Chairperson, Manodarpam Cell
NCERT

Amarendra P. Behera
Joint Director, CIET - NCERT

Sridhar Srivastava
VC Director, NCERT



PONDICHERRY UNIVERSITY

CENTRE FOR WOMEN'S STUDIES

(School of Social Sciences and International Studies)

One-Day Workshop on

Gender Sensitivity in Daily Life

On 18th September 2019

The Centre for Women's Studies is organizing a One-day Workshop on "Gender Sensitivity in Daily Life" on 18th September 2019. The workshop will focus on areas such as: the need for gender sensitivity, ways to tackle gender stereotypes in daily life, making workplaces gender neutral, role of media and internet in shaping our society etc. Interested PG students (irrespective of gender) from all disciplines can register for participation in the workshop.

Maximum Intake: 30 participants (first-cum-first served basis)

For registration:

Please submit the registration form (given below) on or before 16th September 2019 to the mail id aashita.pu@gmail.com

For further details contact Dr. Aashita, Assistant Professor (Co-coordinator), Centre for Women's Studies, PU.

Registration Fee: NIL

Co-coordinator:

Dr. Aashita
Assistant Professor
Centre for Women's Studies

Co-ordinator:

Dr. C. Aruna
Head (i/c)
Centre for Women's Studies



NATIONAL COMMISSION FOR
WOMEN (NCW), New Delhi

Sponsored
TWO DAY NATIONAL SEMINAR
on

WOMEN RESEARCHERS IN HIGHER EDUCATION

▼ EXCELLENCE WITHOUT
GENDER BIAS

21ST and 22ND FEBRUARY, 2020
VENUE: *SCHOOL OF MANAGEMENT AUDITORIUM*

Organized by

DEPARTMENT OF MANAGEMENT STUDIES
SCHOOL OF MANAGEMENT
PONDICHERRY UNIVERSITY
PUDUCHERRY – 605 014



SCHOOL OF MANAGEMENT

It is a school of excellence, primarily focusing on business-related courses since its inception in 1986. This is the most diversified school with eight departments catering to the needs of the business world under the different specialized courses. It is one of the largest schools in the University with more than 70 Faculty members and 225 Research Scholars and over 1000 students.



DEPARTMENT OF MANAGEMENT STUDIES

The Department of Management Studies has a unique position by being a pioneer of the first MBA program of the University in 1986. For the past 33 years, it has been offering professional MBA and Research programs. It is one of the major departments, fully funded and supported by the University Grants Commission (UGC).



The Department consistently ranks among India's Top B-Schools by reputed magazines and other ranking organizations, including STAR NEWS, Indian Express, Business India, India Today, CSR-GHRD, and many others. It has signed several MOUs with leading International Universities from South Korea and France for student and faculty exchange.

ABOUT THE SEMINAR

Education in India, especially higher education in India, is indeed one amongst other elements that have captured the world's attention. The Vedas, Puranas, Ayurveda, Yoga, Kautilya's Arthashastra are some of the significant traditional Indian knowledge systems which even today, India can be proud of. It is certainly not an overstatement to say that the history of higher education in India is long, pregnant with its copious past.

Almost half of the population in India is occupied by women. However, it is regrettable to say that for long years, there has been a strong bias against women, and thereby there is a tendency to deny an equal socio-economic opportunity for them. This neglecting attitude towards women is prominent in many respects, particularly in the field of education. None can deny the fact that education is the fundamental agent for the socio-economic development of a country. Nevertheless, women's access to the domain of education has not been reasonably equal. In the past, women were barred from education itself. Later on, they were allowed education but were barred entry to Universities. Today, in the 21st century, one cannot afford to ignore the importance of higher education for women any longer. The need for higher education among women assumes all the more critical in countries like India, where colonialism has remained a great force hindering education for the general masses and the women in particular. Women researchers in higher education are indeed necessary across all domains of society. Whether to provide society with competent men and women trained in agriculture, arts, medicine, science and technology, and various other professions or to strive to promote equality and social justice or whether to reduce social and cultural differences through the diffusion of education, diffusing higher education of women in India is undoubtedly that hidden key.



This seminar helps to provide a forum to the scientists, academicians, policy makers, experts representing industry and research institutes to address issues and challenges of women in higher education. It promotes aptitude of research among the young women at different levels of education, to generate new research ideas and adopt new practices to meet the emerging trends across the globe through their contribution in top research journals. It provides an opportunity for researchers and academicians to collaborate and engage in research partnerships with international universities and also to go for collaborative research. It provides awareness about different central and state government institutional schemes meant for the promotion of women researchers in higher education.

The main objectives of the seminar are the following:

1. To access women researchers in higher education.
2. To provide a forum to the academicians, policymakers, experts representing the industry to address issues and challenges of women researchers in higher education.
3. To promote gender diversity among academic staff with strong leadership in conformity with institutional, national, and other regulatory frameworks and partnerships with the universities.
4. To identify the extent of institutional support provided for the promotion of women researchers in higher education.
5. To engage with policymakers, funders, and other actors to promote the cause of gender equality at universities.

THE MAIN SEMINAR THEMES

1. Women Researchers in Economics, Commerce, and Management
2. Women Researchers in Social Sciences and International Studies
3. Women Researchers in Law, Education, and Philosophy

THE SEMINAR SUBTHEMES

- ❖ Status of Women Researchers in India
- ❖ Position of Women Researchers in educational institutions
- ❖ Role of Institutional Support provided for the Promotion of Women Researchers in Higher Education
- ❖ Digitalization and its impact on Women Researchers
- ❖ Gender Bias and Higher Education
- ❖ Government measures for the promotion of Women Researchers in Higher Education
- ❖ Challenges faced by Women Researchers in Higher Education
- ❖ Problems of Women Researchers in Higher Education

Note: The sub-themes are not exhaustive



Pondicherry University
School of Social Sciences and International Studies
Centre for Women's Studies



&

Pondicherry Institute of Medical Sciences (PIMS)

HEALTH CAMP FOR WOMEN

Date: 5th March 2020

Time: 10.00 am – 5.00 pm

Venue: Students Service Centre, (Opp.) J.N. Auditorium, Pondicherry University

***All Women in the Campus are requested to avail
the service***

PONDICHERRY UNIVERSITY
CENTRE FOR WOMEN'S STUDIES

SCHOOL OF SOCIAL SCIENCES & INTERNATIONAL STUDIES

POEM WRITING COMPETITION

On

6th MARCH, 2020

**VENUE : CENTRE FOR WOMEN'S STUDIES, SILVER
JUBILEE CAMPUS**

TIME: 2:00 PM to 5:00 PM

- ❖ Poems may be in Hindi or English
- ❖ Participant must be a student of Pondicherry University
- ❖ Poems must be original works of the participant
- ❖ Topic will be provided on the spot
- ❖ There is no word limit, both short and long poems are equally welcome.

Register here for participation pu.cfws@gmail.com



PONDICHERRY UNIVERSITY
CENTRE FOR WOMEN'S STUDIES
SCHOOL OF SOCIAL SCIENCES & INTERNATIONAL STUDIES

Essay Competition

28th February, 2020

VENUE:

**CENTRE FOR WOMEN'S STUDIES,
SILVER JUBILEE CAMPUS**

Time: 2:00 pm to 5:00pm

- Essays may be in Hindi or English
- Participant must be a student of Pondicherry University
- Essays must be original works of the participant
- Topic will be provided on the spot

Register here for participation pu.cfws@gmail.com



DEPARTMENT OF MANAGEMENT STUDIES
PONDICHERRY UNIVERSITY
(A Central University Established Under an Act of Parliament, 1985)
R.V. NAGAR, KALAPET, PUDUCHERRY- 605 014, INDIA



INVITATION

INAUGURATION

(21-FEBRUARY-2020 from 09.30 am - 11.00 am)

TWO-DAY NATIONAL SEMINAR

on

WOMEN RESEARCHERS IN HIGHER EDUCATION

Excellence without Gender Bias

in association with

NATIONAL COMMISSION FOR WOMEN (NCW), NEW DELHI

21st & 22nd - FEBRUARY - 2020
SOM Auditorium

Welcome Address

Prof. Chitra Sivasubramanian

HOD, Department of Management Studies

Scope of the Seminar

Dr. L. Mothilal

Seminar Convener

Felicitation Address

Prof.K.Chandra Sekhara Rao

Dean, School of Management

Presidential Address

Prof. Gurmeet Singh

Honorable Vice-Chancellor, Pondicherry University

Inaugural Address

Prof. Laurent Borgmann

Koblenz University of Applied Sciences, Germany

Keynote Address

Prof. D. Jamuna

Honorable Vice-Chancellor, Sri Padmavathi Mahila Visvavidyalayam, Tirupathi

Special Address

Prof. V.Srikanth Reddy

Dept of Psychology, Sri Venkateswara University, Tirupathi

Vote of Thanks

Dr. K. Lavanyalatha

Seminar Convener



DEPARTMENT OF MANAGEMENT STUDIES
PONDICHERRY UNIVERSITY
(A Central University Established Under an Act of Parliament, 1985)
R.V. NAGAR, KALAPET, PUDUCHERRY- 605 014, INDIA



INVITATION

VALEDICTORY

(22- FEBRUARY -2020)
(02.30 pm - 04.30 pm)

TWO-DAY NATIONAL SEMINAR

on

WOMEN RESEARCHERS IN HIGHER EDUCATION

Excellence without Gender Bias

in association with

NATIONAL COMMISSION FOR WOMEN (NCW), NEW DELHI

21st & 22nd - FEBRUARY - 2020
SOM Auditorium

Welcome Address

Prof. Chitra Sivasubramanian

HOD, Department of Management Studies

Presidential Address

Prof.K.Chandra Sekhara Rao

Dean, School of Management

Valedictory Address

Prof J. Katyayani

Dept of Business Administration, Sri Padmavathi Mahila Visvavidyalam, Tirupathi

Special Address

Prof. Sudheer (Rtd)

Dept of Management Studies, Sri Venkateswara University, Tirupathi

Vote of Thanks

Dr. L. Mothilal

Seminar Convener

MENSTRUAL HEALTH AND HYGIENE

Creating Awareness and Cultural Sensitivity



**A Two day Workshop co-organised by Centre
for Women's Studies, Pondicherry University and SAFIC**

Description

Menstruation is a natural biological process that women undergo during a major period of their lives. Because of its connection with fertility and pregnancy, menstruation is closely linked with womanhood suggesting some of the fundamental differences between men and women at many levels including physical, emotional and psychological. It is no wonder then that over the ages, menstruation and related practices have figured significantly in the evolving perceptions of different societies and cultures across the world toward women, man-woman relationships, and the place and role of women in society as a whole.

The proposed two day workshop is designed to address several of the issues related to menstrual health and hygiene. This aims to promote a deeper awareness and cultivate a greater cultural sensitivity toward various issues related to menstruation, and menstrual health and hygiene practices. Some of the workshop content will directly address various practical topics related to menstrual health and hygiene practices. These include:

- A deeper cultural and psychological understanding of menstruation
- Power of Womanhood
- A cross-cultural review of menstruation related beliefs, practices and customs
- Maintaining healthy lifestyle and dealing with menstrual irregularities
- Cleansing practices for body and mind through Yoga
- Using sustainable menstrual hygiene products

Learning Outcomes:

1. This workshop will help the learners move away from a superficial and sensationalist view toward the sensitive topic of menstruation and menstrual health, by encouraging open-minded conversations and through study of various aspects related to this topic.
2. This workshop will help prepare the learners become more informed, sensitive and open-minded about this important topic of menstruation and its connection with overall health and well-being of girls, women and ultimately the society itself.
3. This workshop will facilitate among the learners a deeper examination of some of their own biases and wrong assumptions resulting from either misinformation or misperception or both.
4. By facilitating greater awareness of menstrual health and hygiene and inculcating deeper cultural sensitivity toward it, this workshop can also become an important step toward preparing the young generations to take greater responsibility toward their role in creating a more conscious humanity.

Venue:

**Seminar Hall - I (1st Floor), School of Social Sciences & International Studies,
Silver Jubilee Campus, Pondicherry University**

**MAR
02
03**

Facilitators:

Dr. Aruna Chinnappan, Head
(i/c), Centre for Women's Studies,
Pondicherry University

Dr. Aashita
Asst. Professor, Centre for Women's Studies,
Pondicherry University

Dr. Sampadananda Mishra
(Director, SAFIC, Sri Aurobindo Society)

Dr. Kalyani
(Founder Director DhyaniBaby
Prenatal Education, Rajapalayam)

Dr. Arati Sharma
(Director, SACH, Sri Aurobindo Society)

Dr. Prabhjot Kulkarni
(Expertm Educationist, New Delhi)

Ranajana Swain
(Yoga Instructor at SAFIC, Sri Aurobindo
Society)



Pondicherry University
(School of Social Sciences and International Studies)
Centre for Women's Studies

INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2020

Theme: Generation Equality: Realizing Women's Rights

Yoga for Women

As part of the International Women's Day Celebrations 2020, the Centre for Women's Studies is organizing a programme on Yoga for Women of Pondicherry University Campus between 18.02.2020 and 10.03.2020 (weekly one-day – every Tuesday), 3.30pm – 4.30pm in the Seminar Hall, 1st Floor, Dept. of Management Studies (DMS-Old Block), Pondicherry University.

- Date: 18.02.2020 to 10.03.2020 (Every Tuesday)
- Timing: 3.30pm to 4.30pm
- Venue: Seminar Hall, 1st Floor, Dept. of Management Studies (DMS-Old Block), Pondicherry University
- Participants are requested to assemble near Dept. of Management Studies (DMS-Old Block), Pondicherry University at 3.15 pm.

Organizers: Centre for Women's Studies, Pondicherry University and Sri Aurobindo Foundation for Indian Culture (SAFIC), Aurobindo Society, Puducherry.



ORGANIZING COMMITTEE

Chief Patron

Prof. Gurmeet Singh

Vice-Chancellor

Patron

Prof. S. Sathishkumar

Director (SR & RR)

Prof. Brajesh Jain

Director (CCR)

Dr. B. Chitra

Registrar

Prof. Amresh Samantaram

Finance Officer

Prof. R. Bhuvanathan

Dean, School of Engineering and Technology

Convener

Dr. R. Nalakan

Head, Dept. of Electronics Engineering

Organizing Secretary

Dr. T. Shanmuganathan

Department of Electronics Engineering

Advisory Committee

Dr. R. Samundiswary

Dr. K. Anusudha

Contact Information:

Dr. T. Shanmuganathan

Organizing Secretary

"Workshop on Women in Antenna Engineering"

Department of Electronics Engineering

School of Engineering and Technology

Pondicherry University, Pondicherry - 605014.

Shanmuga.tee@pondicherryuni.ac.in

Mobile: 9485540155

IEEE AP-S Sponsored National Workshop

ON

"Women in Antenna Engineering"

07th March, 2020



In association with



Organized By

DEPARTMENT OF ELECTRONICS ENGINEERING
SCHOOL OF ENGINEERING AND TECHNOLOGY
PONDICHERRY UNIVERSITY
Pondicherry-605014.

OBJECTIVE

IEEE Women in Antenna Engineering workshop will be held at Department of Electronics Engineering, Pondicherry University, on 07th March 2020. This workshop sponsored by IEEE Antennas and Propagation Society (Madras Section). The diverse themes of the various tracks such as Planar Antennas, Compact and multiband antenna in wireless communication, Metamaterial antennas and panel discussion by young women researchers in antenna, it will make the program very attractive and beneficial for the participants. Overall, would like to mention that this visit will be very much beneficial for antenna researchers in terms of technical as well as professional knowledge sharing. Apart from technical side, this workshop has a great impact on IEEE AP-S professional activities.

ABOUT THE DEPARTMENT



The Department of Electronics Engineering is the first Engineering Department which has been established under the School of Engineering and Technology in the Academic Year 2010 -11 during XI Plan. The prime aim of the Department is to impart quality research in the field of Electronics and Communication Engineering to meet the increasing demand of highly qualified technical personnel. The department offers two programmes namely, Master of Technology and Doctoral.

Philosophy in Electronics & Communication Engineering.

Vision: To motivate the students towards conceptual realization.

Mission: To mould the students to be the backbone of modern technologies in the field of Electronics & Communication Engineering.

ABOUT THE SCHOOL

School of Engineering and Technology is one among the 13 schools of Pondicherry University. It has four departments/centers which expertise in the engineering fields such as Pollution Control and Environmental Engineering, Computer science Engineering and Electronics Engineering. The school offers various postgraduate courses and research programs in the above mentioned engineering discipline.

TARGET PARTICIPANTS

Antenna Engineering students in undergraduate, postgraduate and research programmes Faculty teaching or doing research in Antennas & Propagation and related topics

VENUE

Seminar Hall, Centre for Pollution Control & Environmental Engineering, Pondicherry University

RESOURCE PERSONS

Resource persons particularly women researchers from premier academic institutions in and around Tamil Nadu and Pondicherry.

IMPORTANT DATES

Last Date for Receipt of Filed in Applications: **05.03.2020**

Intimation of Selection through e-mail: **06.03.2020**

Confirmation by Participants through e-mail: **06.03.2020**

REGISTRATION FEE

Rs. 1000/- is the registration fee for all sections of people to participate in the workshop. (Participants are restricted to 60 only on first come first serve basis). Interested participants are requested to fill the Google form in the link given below for registration. Registration fee will be accepted by Demand Draft drawn in favor of "IEEE Madras Section", payable at Chennai and send the same to IEEE Madras Section, Room No 3, ISTE Professional Centre, Gandhi Mandapam Rd, Opp. Anna Centenary Library, Kotturpuram, Chennai-600025 No TA/DA will be provided. (Workshop kit, Certificate, Snacks and Lunch

will be provided) Please complete the online Registration Form at: [Link: http://bit.ly/3bTj67](http://bit.ly/3bTj67)

Last date for receiving registrations: 5th March, 2020



Pondicherry University
(School of Social Sciences and International Studies)
Centre for Women's Studies

INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2020

Theme: Generation Equality: Realizing Women's Rights

**Training Programme on
Self-Defence for Women**

The Centre for Women's Studies is organizing a ten days training programme on “**Self-Defence for Women**” as part of the International Women's Day Celebrations 2020 from 17.02.2020 to 28.02.2020 (4pm -5pm). Interested women participants are requested to register by submitting the application for registration.

Maximum participants: 30 Nos.

For registration:

Please submit registration form (given below) on or before 16th February 2020 at pu.cfws@gmail.com

For further details contact Dr. S. Jagadeeswari, Asst. Professor, Dept. of Physical Education, PU.

Registration Fee: NIL

Co-ordinator: Dr. S. Jagadeeswari
Asst. Professor
Dept. of Physical Education, PU

Certificates will be given to all participants



Pondicherry University
(School of Social Sciences and International Studies)
Centre for Women's Studies

INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2020

Theme: Generation Equality: Realizing Women's Rights

Invitation for Walkathon

As part of the International Women's Day Celebrations 2020, the Centre for Women's Studies is organizing a Walkathon to create awareness regarding Generation Equality: Realizing Women's Rights on 17.02.2020 at 3.00pm from University Main Gate No. 2 to Directorate of Physical Education (Rajiv Gandhi Stadium). All are cordially invited to participate.

- Participants are requested to assemble near University Main Gate No. 2 at 2.45 pm.
- Route: University Main Gate No. 2 - Shopping Complex – Library Complex – Rajiv Gandhi Stadium.

Organizers: Centre for Women's Studies, NCC, NSS, Directorate of Physical Education and Dept. of Physical Education.



Pondicherry University
Centre for Women's Studies

INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2020

Theme: Generation Equality: Realizing Women's Rights

LIST OF EVENTS

(17th Feb 2020 to 10th March 2020)

DATE	TIME	EVENTS	ORGANIZERS
17.02.2020	3.00pm	Walkathon – by students & staff, PU (from University Main Gate No. 2 - Shopping Complex – Library Complex – Rajiv Gandhi Stadium)	Centre for Women's Studies, NCC and NSS, Directorate of Physical Education, Dept. of Physical Education
	4.00pm	Inauguration of ten days Self Defence Programme for Women- students & staff, PU	Centre for Women's Studies & Dept. of Physical Education
18.02.2020	3.30pm	Yoga for women – for students & staff, PU	Centre for Women's Studies & SAFIC
19.02.2020, & 04.03.2020	5.00pm-7.00pm	Women in Media / Screening of Movies – Screening of women centric movies in various languages	Dept. of EMMC & Centre for Women's Studies
27.02.2020	10.00 am – 5.00pm	Health Camp - Health Camp for all women in campus	Centre for Women's Studies & PIMS
28.02.2020	2.00pm – 5.00pm	Sports competition for women employees, PU and literary Competition for students (Essay writing in English, Tamil and Hindi)	Directorate of Physical Education & Dept. of Physical Education ; School of Tamil & Centre for Women's Studies
02.03.2020	10.00am – 5.30pm	Workshop on Menstrual Health and Hygiene	Centre for Women's Studies & SAFIC
03.03.2020	10.00am – 5.30pm	Workshop on Menstrual Health and Hygiene	Centre for Women's Studies & SAFIC
04.03.2020	10.00am – 12.00pm	Fireless cooking Competition	Centre for Women's Studies
05.03.2020	10.00am – 01.00pm	Workshop – Work-Family Balance (for all employees – teaching & non-teaching irrespective of Gender)	Centre for Women's Studies
06.03.2020	2.00pm – 5.00pm	Sports competition for women employees, PU and literary Competition for students (Poetry writing in English, Tamil and Hindi)	Directorate of Physical Education & Dept. of Physical Education; School of Tamil & Centre for Women's Studies
09.03.2020	2.00pm – 5.00pm	Rangoli Competition	Centre for Women's Studies
10.03.2020	2.00pm - 5.00pm	International Women's Day programme – Valedictory	Centre for Women's Studies

Dr.C.Aruna
Head (i/c)
Centre for Women's Studies
Pondicherry University

Note: Coordinators and Venue of the events will be intimated shortly.



Department of Management Studies
Pondicherry University



In association with
National Commission for Women (NCW), New
Delhi

Organizing

Poster Competition

for Two-day Seminar on

"Women Researcher in Higher Education: Excellence without Gender Bias"

Poster should be presented by individuals in full chart size (hard copy) on 21st February, 2020 from 9.30am to 11.30am at School of Management Lawn, Pondicherry University

Enrolment: From 10th to 17th February, 2020 along with theme and mail to gbmp.pu@gmail.com

The best poster award winners will get prizes at Valedictory Session on 22nd February, 2020 at 2.30 pm



Themes for Poster Making include but not limited to the following:

- Women Rights & Protection
- Women Empowerment
- Women Problems in Higher Education
- Excellence without Gender Bias in Higher Education
- Physical and Psychological Well-being of Women Researchers
- Stress, Mind Mapping and Tenacity for Women Researchers
- Ethics, Morals and Values of Women Researchers in Higher Education
- Women in Management
- Women Entrepreneurs



INTERNATIONAL CONFERENCE
on
KALA PANI CROSSINGS #2: DIASPORA AND GENDER
ACROSS THE INDIAN AND ATLANTIC OCEANS

Feb 26-27, 2020

Organized by

Departments of English & French, PU,

&

EMMA and University Paul-Valery, Montpellier 3, France.

Venue: Seminar Hall, Library Annexe, Pondicherry

University, Puducherry.

Students, Scholars and Faculty interested in participating can
register by sending email to kalapanipondicherry@gmail.com.

Last date: February 14, 2020

Registration Fee: Students: Rs 250, Scholars: Rs 500 and
Faculty: Rs 1000

H. Kalpana

Head, Dept of English



PONDICHERRY UNIVERSITY



IN COLLABORATION WITH

**19TH ICCD, REGIONAL CANCER CENTRE
JIPMER - PUDUCHERRY**



J.N AUDITORIUM
PONDICHERRY UNIVERSITY

INTERACTIVE SESSION ON CANCER AWARENESS



FEB 6TH
4:30 PM

with

Dr. Prasanth Ganesan

Additional Professor and Head
Department Of Medical Oncology
JIPMER

Dr. Vishnu Gopal

Senior Resident
Department Of Medical Oncology
JIPMER



Smoke up often?
consider a check-up

Swelling of breasts?
get checked for
breast cancer



Love getting high?
high time you get
your liver checked



Hope
Care
Be aware

Dr. V. Santhi Siri



9965520345

Prof. Rajeev Jain

Director of Culture &
Cultural Relations



DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

PONDICHERRY UNIVERSITY

(A Central University Established Under an Act of Parliament, 1985)

R.V Nagar, Kalapet, Puducherry - 605 014, India.

INVITATION

Cordially invites you to the Inaugural Function of Two Day
**International Conference on Sports Management
and Women's Role in Sports and Entrepreneurship "2020"**

(11th March 2020 at Cultural-cum-Convention Centre from 10.30 a.m to 12.00 p.m)

Welcome Address

Dr. P. K. Subramaniam

Dean, School of Humanities & HOD
Pondicherry University

Scope of the Conference

Dr. A. Praveen

Convener

Felicitation Address

Prof. Rajeev Jain,

Director (CCR)
Pondicherry University

Presidential Address

Prof. Gurmeet Singh

Honorable Vice-Chancellor,
Pondicherry University

Keynote Address

Packianathan Chelladurai, Ph.D., LL.D.,

Distinguished Professor, Troy University

Anup Adhikari, Ph.D.,

Exercise Physiologist
Canadian Fitness Professionals

Vote of Thanks

Prof. G. Vasanthi,

Pondicherry University



पांडिच्चेरी विश्वविद्यालय
PONDICHERRY UNIVERSITY

हिंदी विभाग / DEPARTMENT OF HINDI



निमंत्रण INVITATION

दो दिवसीय राष्ट्रीय कार्यशाला

बुद्धिजीवियों के लिए योग: गांधीजी के योग आचरण का परिप्रेक्ष्य

TWO DAY NATIONAL WORKSHOP ON

Yoga For Intellectuals : Perspective of Gandhiji's Yogic Practices

17th & 18th मार्च / March, 2020



स्थान / Venue:

संगोष्ठी कक्ष - I, मानविकी विद्यापीठ / Seminar Hall – I, School of Humanities,

रजत जयंती परिसर, पांडिच्चेरी विश्वविद्यालय, पुदुच्चेरी / Silver Jubilee Campus, Pondicherry University, Puducherry

LINK FOR REGISTRATION	TYPE THIS URL in your Browser, Click Enter and Fill	QR CODE FOR REGISTRATION (Please Scan with QR Code Scanner and Fill)
PLEASE CLICK HERE	https://bit.ly/2ljs7G	
LAST DATE FOR ABSTRACT SUBMISSION: 14.03.2020	LAST DATE FOR REGISTRATION: 15.03.2020	



PONDICHERRY UNIVERSITY
School of Social Sciences and International Studies
Centre for Women's Studies

Cordially invites you for the Valedictory function of

International Women's Day Celebrations 2020

Date: 10th March 2020

Time: 2.30 pm

Venue: J.N. Auditorium

Note: Prizes and certificates for winners of all competitions will be distributed during the valedictory function.

ALL ARE WELCOME



Pondicherry University
(School of Social Sciences and International Studies)
Centre for Women's Studies

Workshop on

WORK-FAMILY BALANCE

Date: 6th March 2020

Time: 10.00 am – 1.00 pm

Venue: E.C. Hall, Bharat Ratna Dr. B.R. Ambedkar Administrative Building,
Pondicherry University

All are Welcome



World Food day 2k19

"Our Actions are our future"

Healthy Diets for A # ZeroHunger world



**Handmade Poster /
Model Competition**
Theme: Healthy Diets for a Zero Hunger world
Chart size – A3
Deadline: 24.10.2019, 4.30 p.m.
Venue: Department of Food
Science & Technology
Coordinator: afstis@pud.ac.in
Phone: 9994100775

Quiz & Grand
Inter-School Quiz Competition
Theme: Nutrition and sustainable
Development goals
Competition Details: A group of
4 members from each school
Date of the event: 24.10.2019
Coordinator:
Nageshbabu: 9994100775
Phone: 9994100775

**Realistic -
Photography Competition**
Theme: Overcoming the slow through your
creative lens
Photo details: 12x8"
Don't change the resolution and pixels.
The content of the photograph should
not be altered using any tools.
Send the photograph to
worldfoodday2019@pud.ac.in
PHD format (High Quality Compression)
Deadline: 24.10.2019, 4.30 p.m.
Coordinator:
Phone: 9994100775

Advan
4 in a group
Theme would be given on the spot 15 min
prior to the event
Date of the event: 24.10.2019
Coordinator:
afstis@pud.ac.in

Face painting
Theme: World food situation
Time duration: 1 hour
Date of event: 24.10.2019
Coordinator:
Phone: 9994100775



We Cordially Invite you for
**A Workshop on Sensitization
and Awareness on Disability
for Stakeholders**

Date: 25th July, 2019

Time: 9:30 am

Venue: Cultural cum Convention Centre, Pondicherry University

Chief Guest

Hon. Mr. Kandaswamy - Minister for Social Welfare

Government of Puducherry

Key Note Address

Prof. S. Balakrishnan - Director

Studies, Educational Innovations & Rural Reconstruction
Pondicherry University

Felicitation

Ms. Alice Vaz, Secretary - Welfare

Government of Puducherry

Organizers

Department of Social Work
Pondicherry University

Satya Special School
Pondicherry



DEPARTMENT OF ANTHROPOLOGY
SCHOOL OF SOCIAL SCIENCES & INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY

Special Lecture on

Caste and Ethnicity

On 3rd August, 2019

Prof. N. Sudhakar Rao
Former Head
Department of Anthropology
University of Hyderabad

All are invited

Venue: Lecture Hall No. 18, Department of Anthropology, SSS & IS

Date: 3rd August, 2019

Time: 10 AM – 12 PM

Prof. A. Chellaperumal
(Head of the Department)



Dr. A. CHELLAPERUMAL
Professor & Head
Department of Anthropology
Pondicherry University
Puducherry - 605 014, India

Dr. D. Jesurathnam
(Coordinator)

Dr. Jesurathnam Devarapalli
Associate Professor
Department of Anthropology
Pondicherry University
Puducherry - 605 014

புதுச்சேரி ஸ்ட. சீதா
புதுச்சேரி (சீதா)
டீ. சி. சிதா
புதுச்சேரி (சீதா)
Dr. B. CHITHRA
REGISTRAR (i/c)

புதுச்சேரி ஸ்ட. சீதா
R VENKATARAMAN NAGAR
KALAPET
புதுச்சேரி-605014
TAMIL NADU

Ref/No. PU/ESTT/NT12/UHC/Siddha/2021-22/98

திகதி/Date: 28.07.2021

CIRCULAR

The Siddha Regional Research Institute (SRRI), (under Central Council for Research in Siddha (CCRS), Ministry of AYUSH, Government of India). Siddha Regional Research Unit, Health Centre, Pondicherry University resumed its Out-Patient service at our Health Centre, Pondicherry University from 15th July onwards on fortnight basis (alternate Thursday) between 1.30 p.m. and 4.30 p.m.

Covid Appropriate Behaviour in the lines with the extant, Govt. of India instructions shall be strictly adhered to in the Health Centre and all the staff members/beneficiaries are advised to adopt the same.


REGISTRAR

To
All Concerned, PU

Copy to:

1. Dr.B.Chitra, Ph.D., Co-ordinator (Siddha Medical Services Unit), Health Centre, PU
2. The Chief Medical Officer, University Health Centre, PU
3. The Assistant Registrar(i/c). – for kind information of VC
VC's Secretariat, Pondicherry University.
- ✓ The Systems Manager, --- with a request to host in the University website Computer Centre, Pondicherry University.

Department of Physical Education and Directorate of sports in association with The Art of Living, Puducherry celebrated the 7th International Yoga Day on June 21st 2021



Directorate of sports organised ‘Demonstration of Common Yoga Protocol’ of AYUSH on 21st June 2021



Department of Physical Education and Directorate of sports organised a webinar for the celebration of the 7th International Yoga Day 2021



Directorate and Department of Physical Education celebrated National Sports Day 2021 on 29th August 2021



Directorate and Department of Physical Education had organised a national webinar on ‘Life Skills and Character Building through Sports’ as a part of the National Sports Day Celebration 2021 on 29th August 2021



Directorate of Sports and Department of Physical Education had organised football tournament for kids as a part of the Fit India Mission on 23rd September 2021



Directorate of Sports and Department of Physical Education had organised tennis ball cricket tournament for the teaching and non-teaching staff members of the University from 17th to 28th February 2022





The Department of Physical Education and Yoga, Pondicherry University Community College and Rajiv Gandhi National Institute of Youth Development, Sriperumbudur jointly organized a three day workshop on ‘Menstrual Hygiene and Mental Health’ from 8th to 10th March 2022.



Directorate of Sports and Department of Physical Education had organised 3 days workshop on ‘Health, Fitness and First Response Training’ from 17th to 19th March 2022



Department of Physical Education and Directorate of sports on the occasion of 8th International Yoga Day conducted Free Yoga Camp from 1st June to 21st June 2022



Department of Physical Education and Directorate of sports celebrated the 8th International Yoga Day on 21st June 2022





PONDICHERRY UNIVERSITY
(A Central University)

Bharat Ratna Dr.B.R. Ambedkar Administrative Building
R. Venkataraman Nagar, Kalapet, Puducherry - 605 014

Ref. No.PU/EST/NT/12/2022-23/ 45

Date: 27.06.2022

OFFICE ORDER No: 96

Sub: PU – Estt – Workshop for the Cost of Substance, Abuse and Addiction: Impact on Self, Family and Work - Deputation of Group C Erstwhile Group D Staff – Reg.

Ref: Email dated 17th June 2022 from the Principal Investigator, "Project – Towards a Drug Free Puducherry".

XXXX

Workshop for the Cost of Substance, Abuse and Addiction: Impact on Self, Family and Work is scheduled on 1st July 2022 from 9.30 a.m. to 5 p.m. in the University Campus by the Principal Investigator, "Project – Towards a Drug Free Puducherry". The following employees are hereby directed to attend the workshop on 1st July 2022 from 9.30 a.m. to 5 p.m. at Seminar Hall- I, Ground Floor, Pondicherry University Cultural Cum Convention Centre and Guest House.

S.No	Name of the Employee Shri.	Designation	Section/Centre/Department
1.	Chandrasekaran .V	Catering Assistant	Guest House
2.	Annamalai .P	Catering Attendant	Guest House
3.	Danassou .K	Horticulture Attendant	Central Library
4.	Ramassamy .M	Horticulture Attendant	Centre for Nano Sci. & Tech.
5.	Rajakumar .J	Horticulture Attendant	DDE(Exams)
6.	Muthaiyan .S	Horticulture Attendant	Dept. of Economics
7.	Rajesh .N	Horticulture Attendant	Dept. of Electronic Media & Mass Commn.
8.	Nadaradjane .A	Horticulture Attendant	Director (Cultural & Cultural Relations)
9.	Nagarajan .S	Horticulture Attendant	Directorate of Distance Education
10.	Kuppusamy .T	Horticulture Attendant	Examination Wing
11.	Ramou .P	Horticulture Attendant	Health Centre
12.	Muthu .A	Horticulture Attendant	Madanjeet School of Green Energy Tech.
13.	Pajanisamy .N	Horticulture Attendant	Community College
14.	Balasundaram .K	Horticulture Attendant	Purchase & Stores Section
15.	Soureche .S	Horticulture Attendant	School of Humanities

16.	Ponnuram .S	Horticulture Attendant	School of Management
17.	Selvam .V	Horticulture Attendant	UMISARC
18.	Kessavaraman .E	MTS	Dept. of Mathematics
19.	Meenakshi Sundaram .V	MTS	Educational Multimedia Research Centre
20.	Vadivelu .K	MTS	School of Engineering & Tech.
21.	Udayasuriya .K	Multi Task Asst. (Office)	Dept. of Mathematics
22.	Arunagiri .M	Office Attendant	Centre for Pollution Control & Env. Engg.
23.	Namachivayam .M	Office Attendant	Dept. of Anthropology
24.	Nandagopal .R	Office Attendant	Dept. of Library & Information
25.	Gangadharan .N	Office Attendant	Dept. of Management Studies
26.	Parthiban .D	Office Attendant	Dept. of Physics
27.	Kichettane .J	Office Attendant	Directorate of Physical Education
28.	Manjini .K	Office Attendant	Examination Wing
29.	Vinayagam .P	Office Attendant	Human Resources And Development Centre
30.	Manogaran .K	Office Attendant	School of Social Sciences & International Studies
31.	Balaraman .S	Sanitary Attendant	Community College

All are directed to attend the Workshop without fail.

// BY ORDER //


DEPUTY REGISTRAR [ADMIN]

To

The Individuals concerned.

----- Through proper channel -----

Copy to:

1. The Director/Deans/HOD/Coordinator/Officers ---- with a request to permit them Pondicherry University. to attend the Workshop.
2. Prof. Nalini, Dept. of Social Work, Pondicherry University.
3. Dr. Iftekhar Alam, Associate Professor, Dept. of Social Work, Pondicherry University.
4. The Deputy Registrar, Vice-Chancellor's Secretariat, PU - for kind information of VC
5. The Assistant Registrar, Registrar's Secretariat, PU - for kind information of Registrar.
6. The Systems Manager, Computer Centre, PU - with a request to host in the University website

Inter Departmental Volleyball (Men) & Throwball (Women), held on 21st June 2022 conducted by Department of Physical Education & Yoga, Pondicherry University Community college.

Tournament Aim:

- ✓ To develop the Mental Health
- ✓ To develop the recreation
- ✓ To improve the peer group relationship



Annual Sports Day 2022 Celebration held on 12th July 2022, conducted by Department of Physical Education & Yoga, Pondicherry University Community College

Link: https://www.pondiuni.edu.in/university_news/annual-sports-day-2022-pucc-lawspet/

Tournament Aim:

- ✓ To develop the Mental Health
- ✓ To develop the recreation
- ✓ To improve the peer group relationship
- ✓ To find out the best players to represent various tournaments.



Sensitization
program on
“stress and



“coping for the students of Pondicherry University Community College” on National Mental Health Day held on 8th December 2022, conducted by Government of Puducherry, National Mental Health Programme, GH & Department of Biochemistry.

Invited Special Lecture on Mental Health: Achieving a state of wellness organized by the dept. of electronic media and mass communication on 06. <https://twitter.com/i/status/1596719336194183168>

Link: https://www.pondiuni.edu.in/university_news/invited-special-lecture-on-mental-health-achieving-a-state-of-wellness-organized-by-dept-of-electronic-media-mass-communication/



Orientation
Programme of
World Mental
Health Day/Month
2022 – Department
of Social Work




DEPARTMENT OF SOCIAL WORK
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY, PONDICHERRY AND
NATIONAL MENTAL HEALTH PROGRAMME (NMHP), GOVERNMENT OF
INDIA

CORDIALLY INVITES ONE AND ALL FOR THE ORIENTATION PROGRAMME OF
WORLD MENTAL HEALTH DAY, NOVEMBER 2022

A FIELD WORK PARTNER COLLABORATIVE INITIATIVE

Date: 11th October, 2022 (Friday) Time: 9:00 - 1:30 AM Venue: Lecture Hall-4

PROGRAMME SCHEDULE

9:45 am: Registration	
10:30 am: Welcome Address:	Dr. E. Arvind Associate Professor and Head (S&I) Pondicherry University
10:51 am: Opening Remarks:	Field Work Officers NMHP, Govt. of Pondicherry
10:50 am: Felicitation Address:	Prof. S. S. Mohanly Dean, SSS & S Pondicherry University
10:52-10:55 am: Session I	Dr. J. Balan Srinivas Head, Dept. of Psychiatry and Nodal Officer, NMHP, Govt. of Pondicherry
10:55 - 11:10 am: Session II	Dr. M. Gopikrishnan Programme Officer, NMHP, Govt. of Pondicherry
11:10 - 11:25 am:	Grand A Session
11:25 am: Vote of Thanks:	Prof. S. Balan Srinivas Faculty Supervisor – NMHP, Govt. of Pondicherry and Field Work Coordinator, Dept. of Social Work, Pondicherry University


ORGANISING COMMITTEE MEMBERS

Dr. C. Anbu, Prof. S. Mahesh, Prof. A. Shashin Sathyan, Prof. K. Saranya, Dr. C. Balakrishnan Karan,
 Dr. P. S. Shrivatsa Reddy, Dr. Shashin Aloni, Staff, Scholars and Students

Field Work Officers: Mr. Arjun T.J., Mr. Arjun Durug, Mr. Arjun Ramesh, Mr. Sharmil K.S.,
 Naveen, V. Mr. Sachin Nayak

ALL ARE INVITED!

Workshop on Psycho-Social Care in Disaster Management – Department of Social Work


PONDICHERRY UNIVERSITY
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
DEPARTMENT OF SOCIAL WORK

Is organising a One Day Workshop
on

Psycho-Social Care in Disaster Management

Resource Person: **Dr. E. Arvind Raj**
 Additional Professor
 Department of Psychosocial Social Work
 NMHP/SSS
 Bangalore

Date: 11th November 2022, Saturday
 Time: 09:30 AM - 05:30 PM
 Venue: Lecture Hall-4

Workshop on Health, Fitness and First Response Training – Department of Physical Education and Sports

Link: https://www.pondiuni.edu.in/university_news/workshop-on-health-fitness-and-first-response-training-department-of-physical-education-and-sports/

MENTAL HEALTH SUPPORT CENTER
DEPARTMENT OF APPLIED PSYCHOLOGY
PONDICHERRY UNIVERSITY



**Need to talk about
your personal issues?**

We are here to listen

Mental health support center is an initiative by the Department of Applied Psychology, PU which aims to provide quality mental health services to the students and members of the university. Whatever your issues are, if you think consulting a mental health care professional would help, service is just one phone call/message away.

Book your session:

CLICK HERE

<https://qr.page/g/5mNoX3wEkSd>

7200839866,9380313177 (Whatsapp)

pondimentalhealth@gmail.com



**YOUR MENTAL HEALTH IS A PRIORITY
YOUR HAPPINESS IS ESSENTIAL
YOUR SELF-CARE IS A NECESSITY**



PONDICHERRY UNIVERSITY
DEPARTMENT OF ELECTRONIC MEDIA AND MASS COMMUNICATION

Weekly Enrichment Activity
Invited special lecture



Mental Health: Achieving a state of wellness

by Dr. B.V.Balachandar

The lecture will be followed with an interactive Q&A session

Friday, 6th January 2023 from 3.30 to 5.30 pm

Venue: The Department of Electronic Media and Mass Communication Auditorium, Silver Jubilee Campus

Public lecture open to all in Puducherry and Tamil Nadu. All are welcome.



For more information regarding our upcoming weekly enrichment activities, contact:
Dr. Radhika Khanna, Head i/c, Department of Electronic Media and Mass Communication, Pondicherry University
email: office.demmc@pondiunl.ac.in
phone: 0413-2654680

Activity Report 2020-22

Mental Health Support Centre

Department of Applied Psychology, Pondicherry University

On-going Activities:

1. Student Counselling

The Mental Health support centre provides basic psychological support and training to handle various adjustments and mental health issues of the clients (students and university staff).

- ☐ Clients who need immediate medical attention and treatment are referred or given suggestions to visit the appropriate professional.
- ☐ Clients call/text/email their need for psychological support.
- ☐ The coordinator allots the counselor to the client based on availability.
- ☐ Counselors meet the client and conduct the sessions.
- ☐ The centre maintains client files and a counseling register.
- ☐ Nearly 100 clients attended counseling so far.

Flyer:



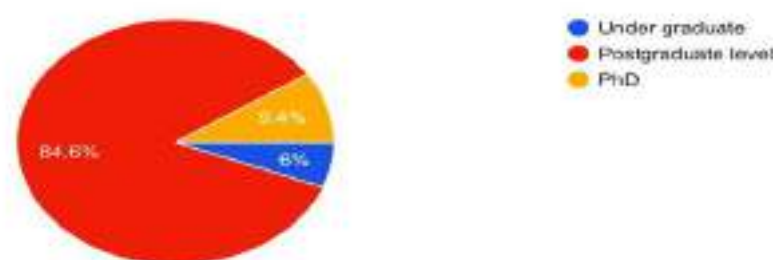
2. Workshops Conducted

Two workshops on "Building interpersonal relationship building skills among young adults" was conducted to develop interpersonal relationship skills among University students. The workshop was organized considering the UN Sustainable Development Goal (SDG) 3, which focuses on ensuring healthy lives and promoting well-being for all ages.

- ☐ The workshop was tailored for university students aged between 18-30 years.
- ☐ Four hundred fifty-eight students registered.
- ☐ The first batch of workshops was held on April 1st and 2nd, 2023, with 50 students and the second on April 29th and 30th, 2023 with 80 students
- ☐ Workshop focused on different aspects of interpersonal relationships such as improving oneself, general interpersonal skills like communication skills, Assertiveness skills, and conflict resolution, and then three sessions on close relationships like family, romantic and sexual relationships, and peer relationships.
- ☐ Participants were given workshop booklets incorporating the skills learned and self-reflective exercises to gain insight and yield maximum advantage of the workshop.
- ☐ To evaluate the workshop's effectiveness in the long term, pre and post surveys were collected and we have plans for follow-ups. We plan to conduct statistical analyses on the data collected to assess the workshop's impact on the participants.

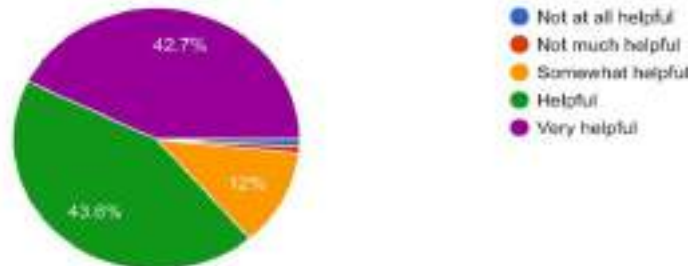
Participants of Batch I & II.

Currently studying:
117 responses



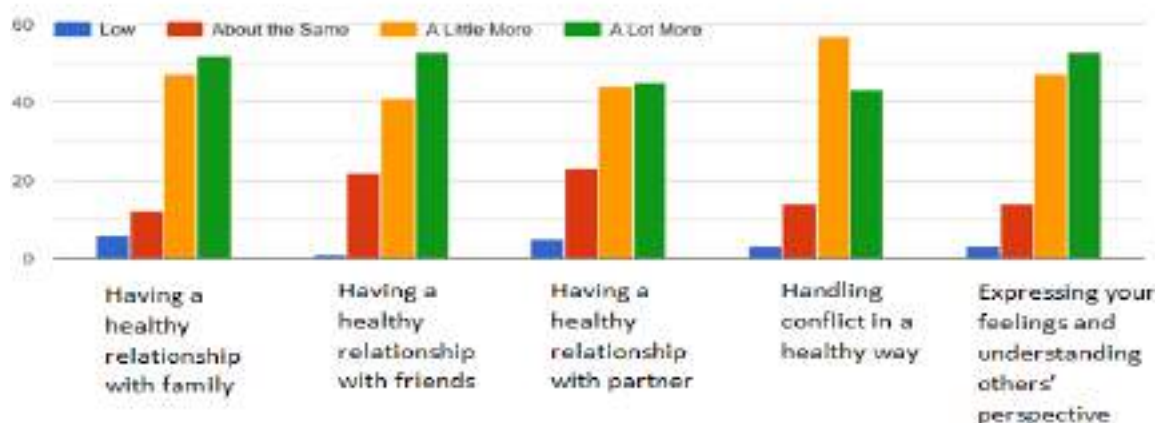
Feedback from participants.

How helpful do you find the training?
117 responses



Confidence after attending the workshop

How confident are you in your ability in...



Testimonials from participants

The training will help to identify our usual patterns in all close relationships. Identifying it accepting it and communicating these will definitely improve the quality of all relationships. Training will help one to understand the self and the other better.

– male participant

I got to learn why my parents or friends behaved in a certain way on many occasions. Got to learn a lot of new info on partner relationship. I have decided to maintain a more healthier relationship with my mother and friends. I feel that Conflict resolution will be easier from now.

– female participant

The training has been a real informative about the type of relation we have or we can have. I was hoping for a bit of help from the session about how can I improve my relations with friends and family. But never the less I hope after hearing it I might be able to change.

– female participant

Some doubts regarding sexual intercourse and regarding masturbation has been solved. Personally, I feel I'll be good at improving my current relationships and future ones.

– male participant

3. Y20 consultations. Group Discussion held on preventing suicides and promoting mental health in campuses; Collaboration with NIMHANS.

- ☐ The Y20 consultation series was initiated by the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore, as part of the G20 Presidency of India, on the theme 'Health, Wellbeing and Sports'.
- ☐ Students from the psychology department and other departments participated in a group discussion and gave actionable suggestions on "Preventing Suicides & Promoting Mental Wellbeing".
- ☐ The suggestions were given at five main levels: College, Department, Individual Faculty, Student, Government, and Media.
- ☐ The suggestions received from students were sent to the coordinators of the program.
- ☐ Students received their e-certificate of participation.
- ☐ Many students showed interest and we received increased walk-ins for counselling after the group discussions.

Future Plans

1. Batch III Workshop

- Recruitment of students for workshop for batch III in July has begun.
- We require some funds to cover the costs of publicising through posters, providing lunch and refreshments, printing materials for activities and games providing workshop booklets.
- We kindly request the university's support in providing the necessary funds for these resources to continue the workshop's success and impact on the mental health and well-being of young adults in our community.

2. Peer-support groups involving student volunteers

The mental health support centre plans to establish a peer-support group for mental health, with psychology Post Graduate students as peer support mentors. The peer-to-peer strategy is a source of hope in the personal recovery process, providing meaning to life for

[illegible]

Invited Lecture on “Yoga for Humanity held on 15.06.2022 conducted by Pondicherry University Community College.



Pondicherry University Community College students participated Intercollegiate Cricket Men tournament to develop the leadership quality and sports will give good physical and mental health.



The exhibition on Yoga held on 20th June 2022, Conducted by Department of Physical Education & Yoga, Pondicherry University Community College.



Sensitization program on “stress and coping for the students of Pondicherry University Community College” on National Mental Health Day held on 8th December 2022, conducted by Government of Puducherry, National Mental Health Programme, GH & Department of Biochemistry.



Celebration of 8th International Yoga Day held on 21st June 2022 conducted by Department of Physical Education & Yoga, Pondicherry University Community college.
 Link: https://www.pondiuni.edu.in/university_news/invitation-8th-international-day-of-yoga-pucc-lawspet/

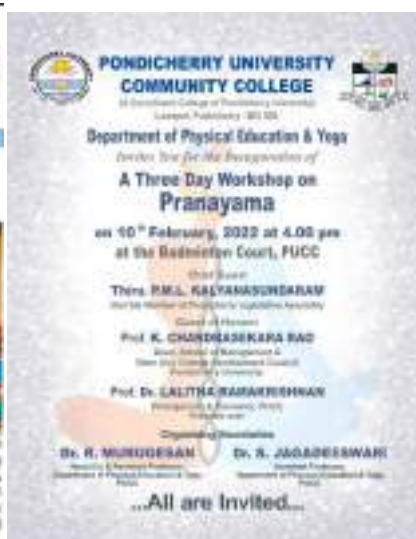


Workshop Aim:

- ✓ The workshop will create the awareness on International Yoga Day and its impact on health
- ✓ To learn proper technique of various asanas, pranayama and other techniques.
- ✓ To improve the healthy life handling of the practioner.

Three Day Workshop on Pranayama held from 10th to 12th February 2022, conducted by Department of Physical Education & Yoga, Pondicherry University Community college.

Link: https://www.pondiuni.edu.in/university_news/three-day-workshop-on-pranayama-dept-of-physical-education-pucc-lawspet/



Workshop Aim:

- ✓ The workshop will create the awareness on Pranayama practices and its impact on health
- ✓ To learn proper technique of practicing Pranayama.
- ✓ To improve the concentration on breathing of the practioner.

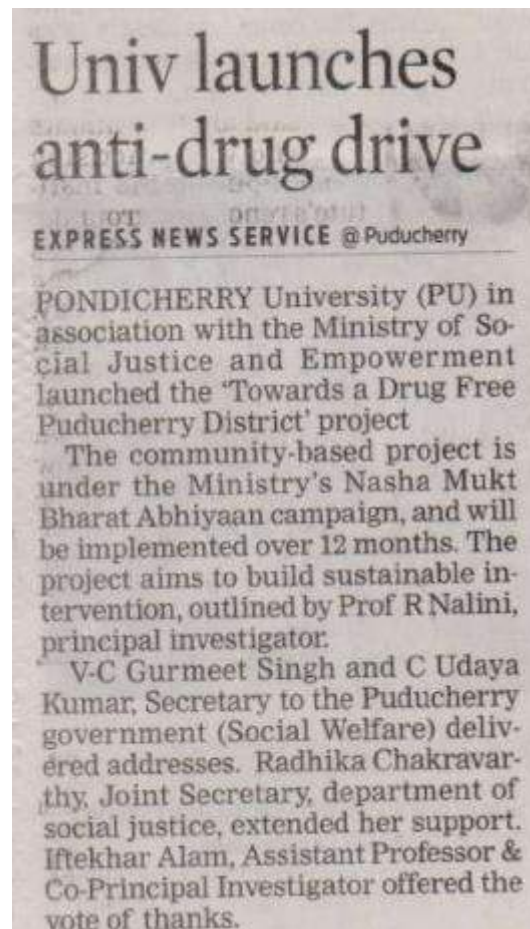
Breast Feeding Awareness held on 2nd August 2022 conducted by Society of Midwives India, Puducherry Chapter & Department of Biochemistry, Pondicherry University Community College.



Health For all held on 26th March 2022, conducted by Department of Health & Family Welfare Services, Government of Puducherry & B.Voc. (Cardiology Lab Technology), B.Voc. (Optometry Technology) & B.Voc. (Renal Dialysis Technology), Pondicherry University Community College.
A Program conducted by Department of Health & Family Welfare Services, Government of Puducherry at Old Harbour, Puducherry.



PONDICHERRY UNIVERSITY, SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES, DEPARTMENT OF SOCIAL WORK IN ASSOCIATION WITH MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT GOVERNMENT OF INDIA Launches Nasha Mukta Bharat Abhiyaan towards a Drug Free Puducherry District: Preventive Education, Outreach and Support among Higher Educational Institution Personnel and At-Risk Communities in Puducherry District, Puducherry UT.



The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment (MoSJE), Government of India invites the press to the launch of "Towards a Drug Free Puducherry District" on Wednesday, 6th April 2022 between 10:30 A.M and 1:00 P.M via Google Meet. The project will be launched under the Ministry of Social Justice and Empowerment's flagship Nasha Mukh Bharat Abhiyaan or 'Drugs-Free India Campaign' and will be implemented by the Department of Social Work, Pondicherry University. It aims to address and prevent substance use among children, youth and at-risk communities in Puducherry District through a series of education, capacity building, and community outreach programmes for students, faculty and staff of higher education institutions and community workers. Ms. Radhika Chakravarthy, Joint Secretary, Department of Social Justice and Empowerment and

Director (Drugs Prevention), MoSJE, Government of India will formally launch the Nasha Mukta Bharat Abhiyaan project. Prof. Gurmeet Singh, Honourable Vice-Chancellor of Pondicherry University has kindly consented to deliver the presidential address. The inaugural programme will be addressed by Thiru. C. Udaya Kumar, I.A.S., Secretary to the Government of Puducherry (Social Welfare), Prof. B. B. Mohanty, Dean, School of Social Sciences and International Studies, Pondicherry University and Prof. Basant Kumar Tiwary, Dean (Research), Pondicherry University. Sponsored by the Ministry of Social Justice and Empowerment, the 12-month Nasha Mukta Bharat Abhiyaan project will address the problems of alcoholism and drug addiction, particularly among the youth. It will map local communities, build community workers' capacities for substance use prevention, and provide support services to affected individuals and their families. The Department of Social Work, Pondicherry University will also collaborate with higher education institutions, local non-governmental organizations, and healthcare facilities to provide psychosocial support services for substance users. Through the project, a directory of de-addiction and rehabilitation service providers will be developed to meet the urgent need for community-based services to address alcoholism and substance use in Puducherry district.

**WORKSHOP ON SUBSTANCE ABUSE AND ADDICTION: IMPACT ON SELF, FAMILY AND WORK,
Date: 1st July 2022**

Subsequent to the two workshops held on 5th and 6th May 2022 to train faculty members from Pondicherry University and its affiliated colleges on 'Prevention of Substance Abuse among Youth'; the project team from '*Drug Free Puducherry District*' – a community-based project under the MoSJE's Nasha Mukta Bharat Abhiyaan campaign, is now focusing on administrative and support staff. Scheduled for 1st July 2022 (Friday), this workshop aims to create awareness among administrative and support staff of the University and affiliated colleges on substance abuse, addiction; its impact on health, work and personal and social life. The theme of the workshop is '**Substance Abuse and Addiction: Impact on Self, Family and Work**'. Registration is free and that all participants shall be provided training completion certificates.

Interested administrative and support staff are requested to register by writing to: drugfreepuducherry@gmail.com. Prof. **R. Nalini**, Principal Investigator and **Dr. Iftekhar Alam**, Assistant Professor and Co-Principal Investigator, Department of Social Work, Pondicherry University added that this one day workshop is primarily to encourage participants to adopt behaviour change strategies to avoid consumption of alcohol and other substances and to link participants to psychosocial support services for substance use.

Link: https://www.pondiuni.edu.in/university_news/workshop-on-substance-abuse-and-addiction-impact-on-self-family-and-work-department-of-social-work/
https://www.pondiuni.edu.in/university_news/workshop-for-the-cost-of-substance-abuse-and-addiction-impact-on-self-family-and-work-deputation-of-group-c-erstwhile-group-d-staff/

 INDIAN INSTITUTE OF TECHNOLOGY (A Central University) Shriharipuram, D. H. P., Andhra Pradesh - Administrative Building U. Shriharipuram, Shriharipuram, Andhra Pradesh - 500 014			
Ref. No. IIT-RR/2008-2009-01 Date: 27.08.2008		OFFICE MEMORANDUM	
Sub: PU - Staff - Working for the PU of Shriharipuram, Andhra Pradesh Attention: Inquest on SVL, Family and Work - Disruption of Group C Recruitment Process D.H.P. - Reg.			
Ref: (a) Item 1 to 19, Annexure to the Principal's Memorandum, (b) Item 1 - Annexure A, (c) Item 1 - Annexure B, (d) Item 1 - Annexure C, (e) Item 1 - Annexure D, (f) Item 1 - Annexure E, (g) Item 1 - Annexure F, (h) Item 1 - Annexure G, (i) Item 1 - Annexure H, (j) Item 1 - Annexure I, (k) Item 1 - Annexure J, (l) Item 1 - Annexure K, (m) Item 1 - Annexure L, (n) Item 1 - Annexure M, (o) Item 1 - Annexure N, (p) Item 1 - Annexure O, (q) Item 1 - Annexure P, (r) Item 1 - Annexure Q, (s) Item 1 - Annexure R, (t) Item 1 - Annexure S, (u) Item 1 - Annexure T, (v) Item 1 - Annexure U, (w) Item 1 - Annexure V, (x) Item 1 - Annexure W, (y) Item 1 - Annexure X, (z) Item 1 - Annexure Y, (aa) Item 1 - Annexure Z, (ab) Item 1 - Annexure AA, (ac) Item 1 - Annexure AB, (ad) Item 1 - Annexure AC, (ae) Item 1 - Annexure AD, (af) Item 1 - Annexure AE, (ag) Item 1 - Annexure AF, (ah) Item 1 - Annexure AG, (ai) Item 1 - Annexure AH, (aj) Item 1 - Annexure AI, (ak) Item 1 - Annexure AJ, (al) Item 1 - Annexure AK, (am) Item 1 - 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PONDICHERY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
Loyola, Pondicherry 605006.

On the occasion of...

"WORLD HEALTH DAY - 2022"

DEPARTMENT OF HEALTH CARE COURSES

OUR Planet
Our Health
World Health Day

ORGANIZES...

- > Eye Screening Camp
- > Kidney - Health For All
- > Operation Theatre Staff - Closing

Our Health is the greatest gift of life. Let us...

DR. GURMEET SINGH
Vice-Chancellor
Pondicherry University

Date : 07/04/2022.
Time : 9.30 to 12.30 P.M.
Venue : Room No. 12.

WORLD HEALTH DAY



Three Day National Workshop for Women on Menstrual Hygiene & Mental Health held on From 8th to 10th March 2022 Sponsored by Rajiv Gandhi Institute of Youth Development, TN & Conducted by Department of Physical Education & Yoga, Pondicherry University Community College.

- ✓ The workshop created the awareness of Gender Equality and clean Water and Sanitation.

Link: https://www.pondiuni.edu.in/university_news/national-workshop-for-women-on-menstrual-hygiene-mental-health-pucc/





30th to 31st March, 2022
Conference Hall, PGCC



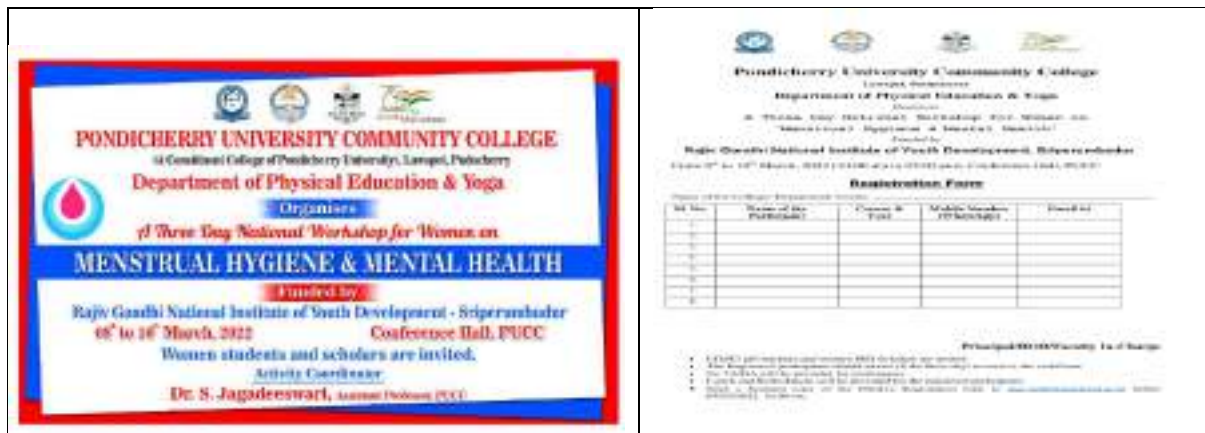
30th to 31st March, 2022
Conference Hall, PGCC

30th to 31st March, 2022
Conference Hall, PGCC

30th to 31st March, 2022
Conference Hall, PGCC

30th to 31st March, 2022
Conference Hall, PGCC





- The Siddha Regional Research Institute, Ministry of AYUSH, Govt. of India distributed Amukkara Chooranam to the public on 06th January 2022 in 3 place in the University campus



https://www.pondiuni.edu.in/university_news/distributing-of-amukkara-chooranam-on-06-01-2022/

- Department of Physical Education & Yoga, Pondicherry University Community College conducted a three-day workshop on Pranayama from 10th to 12th of February 2022



https://www.pondiuni.edu.in/?post_type=university_news&p=57675

- Directorate of Sports and Department of Physical Education, Pondicherry University had organised tennis ball cricket tournament for the teaching and non-teaching staff members of the University from 17th to 28th February 2022



https://www.pondiuni.edu.in/university_news/tennis-ball-cricket-tournament-for-the-staff-members-of-pondicherry-university-and-community-college/

- Department of Renal Dialysis Technology, Pondicherry University Community College, organised an awareness program on World Kidney Day on 15th March 2022



https://www.pondiuni.edu.in/university_news/world-kidney-day-2022-department-of-renal-dialysis-technology-pucc/

- Directorate of Sports and Department of Physical Education, Pondicherry University had organised 3 days' workshop on 'Health, Fitness and First Response Training' from 17th to 19th March 2022





https://www.pondiuni.edu.in/university_news/workshop-on-health-fitness-and-first-response-training-department-of-physical-education-and-sports/

- Department of Health Care Courses, Pondicherry University Community College on the occasion of the World Health Day organised Eye screening camp, Kidney health for all, operation theatre stuff cloning camp on 7th April 2022 between 09:30 A.M. to 12:30 P.M.



https://www.pondiuni.edu.in/university_news/world-health-day-2022-pucc/

- Department of Biochemistry, Pondicherry University Community College, organised free Health camp on the occasion of World Health Day on 7th April 2022 at Front Office, PUCC between 10:00 A.M. and 01:00 P.M. and a special talk titled, 'Sound Mind in Sound Body' on 11th April 2022



https://www.pondiuni.edu.in/university_news/world-health-day-celebrations-department-of-biochemistry-pucc/

- Educational Multimedia Research Centre (EMRC), Pondicherry University conducted weekly interactive Yoga sessions from 24th April 2022 to 21st June 2022



https://www.pondiuni.edu.in/university_news/8th-international-day-of-yoga-weekly-interactive-yoga-sessions-from-24th-april-to-21st-june-2022-educational-multimedia-research-centre/

24th April 2022:



26th April and 1st May:



6th and 8th May:



13th May:



20th and 22nd May:



27th May:



3rd June:



5th June:



10th June:



12th June:



17th June:



18th June:



19th June:

21st June:

21st June:



- Educational Multimedia Research Centre (EMRC), Pondicherry University, conducted essay writing competition and online quiz competition on the occasion of the 8th International Day of Yoga



https://www.pondiuni.edu.in/university_news/idy-2022-essay-writing-competition-with-attractive-cash-prizes-last-date-is-20th-june-10-am-emrc-demmc/



https://www.pondiuni.edu.in/university_news/yoga-for-beginners-and-online-quiz-registration-open-for-online-session-on-monday-20th-june-2022-from-630-pm-to-800-pm-ist-emrc-demmc/

- Office of the Students' Welfare, Pondicherry University in collaboration with Indian Institute of Public Health-Delhi (IIP-Delhi), Public Health Foundation of India (PHFI) organized a webinar for students on 'Role of Public Health in India and Avenues in Public Health' on 6th May 2022



https://www.pondiuni.edu.in/university_news/webinar-for-students-on-role-of-public-health-in-india-and-avenues-in-public-health/

- The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment, Government of India had organized Faculty Workshops for Prevention of Substance Abuse among Youth, on 5th and 6th May 2022



https://www.pondiuni.edu.in/university_news/faculty-workshops-for-prevention-of-substance-abuse-among-youth-department-of-social-work/

- The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment, Government of India had organized an outreach programme on the International Day of Action for Women's Health on 28th May 2022 in the neighbouring local community of the University



https://www.pondiuni.edu.in/university_news/international-day-of-action-for-womens-health-department-of-social-work/

- Department of Physical Education and Directorate of sports, Pondicherry University on the occasion of 8th International Yoga Day conducted Common Yoga Protocol between 10th and 20th of June and also conducted a three-day workshop on 13th, 14th, and 15th of June 2022.





https://www.pondiuni.edu.in/university_news/8th-international-day-of-yoga-three-days-workshop-department-of-physical-education-and-sports/

- The Department of Physical Education & Yoga, Pondicherry University Community College, organised on the occasion of the 8th International Day of Yoga an eleven days training programme on Common Yoga Protocol between 10th and 20th June 2022.



https://www.pondiuni.edu.in/university_news/8th-international-day-of-yoga-ten-days-training-programme-on-common-yoga-protocol-pucc/

- The Department of Physical Education & Yoga, Pondicherry University Community College, organised an invited lecture on “Yoga for Humanity” on 15th of June 2022 and an “Inter-collegiate Level Exhibition on “Yoga for Humanity” on 20th June 2022



- The Department of Physical Education and Directorate of sports, Pondicherry University celebrated the 8th International Yoga Day on 21st June 2022



https://www.pondiuni.edu.in/university_news/invitation-8th-international-day-of-yoga-department-of-physical-education-sports/

- The Department of Physical Education & Yoga, Pondicherry University Community College celebrated 8th International Day of Yoga on 21st June 2022



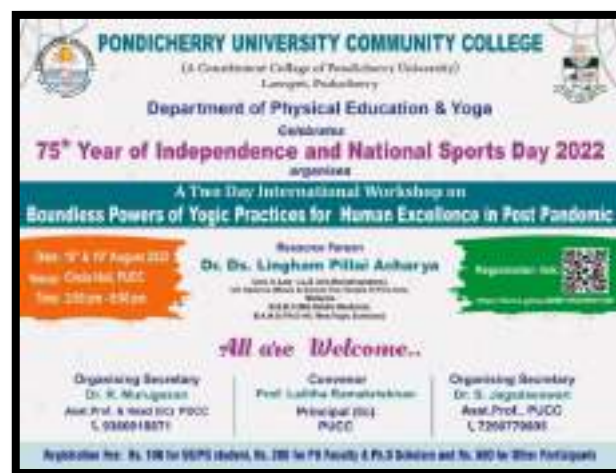
https://www.pondiuni.edu.in/university_news/invitation-8th-international-day-of-yoga-pucc-lawspet/

- The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment, Government of India conducted a workshop on Substance Abuse and Addiction: Impact on Self, Family and Work on 1st of July 2022



https://www.pondiuni.edu.in/university_news/workshop-on-substance-abuse-and-addiction-impact-on-self-family-and-work-department-of-social-work/

- The Department of Physical Education & Yoga, Pondicherry University Community College celebrated the 75th Year of Independence and National Sports Day 2022 with a two-day International workshop on ‘Boundless Power of Yogic Practices for Human Excellence in Post Pandemic’ on 18th and 19th August 2022.



https://www.pondiuni.edu.in/university_news/celebrates-75th-year-of-independence-and-national-sports-day-2022-a-two-day-international-workshop-on-boundless-powers-of-yogic-practices-for-human-excellence-in-post-pandemic-pucc/

- The Department of Social Work, Pondicherry University, Pondicherry University Community College and Sports Authority of India (SAI) jointly organised a one-day workshop on the ‘Role of Youth in Substance Abuse Prevention’ on 23rd August 2022.



https://www.pondiuni.edu.in/university_news/workshop-on-substance-abuse-prevention-strategies-and-psychosocial-support-in-the-community-department-of-social-work/

- Pondicherry University HEPSN and Siddha Regional Research Institute (CCRS) jointly organised Free Siddha Medical Camp on 30th September 2022.



https://www.pondiuni.edu.in/university_news/siddha-medical-camp-on-30-09-2022-hepsn-cell-srri-ccrs/

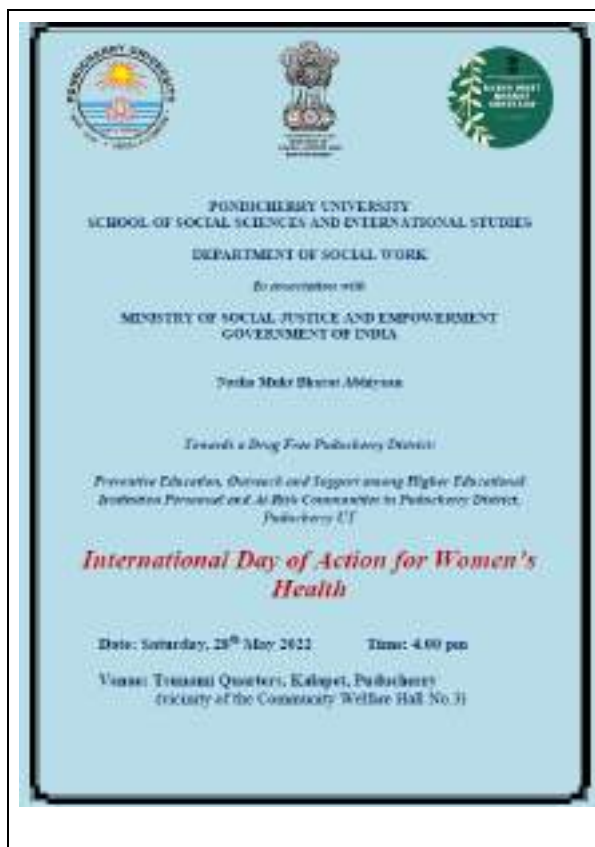
- The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment, Government of India conducted workshops on sensitizing Higher Educational Institution Students on Substance Abuse Prevention in five participating institutions on the dates 10, 12, 13, 19, and 20th of October 2022



https://www.pondiuni.edu.in/university_news/drug-free-puducherry-campaign-community-based-initiatives-of-student-peer-educators-on-substance-abuse-prevention/

International Day of Action for Women's Health – Department of Social Work

https://www.pondiuni.edu.in/university_news/international-day-of-action-for-womens-health-department-of-social-work/





Prof. Gurmeet Singh
Vice-Chancellor
Pondicherry University



Dr. S. Balakrishnan
Deane, SUGRR
Pondicherry University



Prof. Rajeev Jain
Director, C&CR
Pondicherry University



Dr. B. Chithra
SugmaCHD
Pondicherry University



Prof. G. Chandrasekaran
Principal (U)
Pondicherry University
Community College

Resource Persons



Dr. P. K. Sankaranarayanan
Dean
School of Humanities
Pondicherry University



Dr. S. Navasakthi
BAMS, PhD (Yoga),
M.Sc (Yoga), M.Sc (Yoga & Health),
Yoga, Naturopathy and
Acupuncture Consultant
Balaroda Wellness
Care Center, Pondicherry



**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE**




Celebrates
7th International Day of Yoga 2021

A WEBINAR ON
Yoga and Naturopathy for COVID-19 Management


DATE : 25-06-2021
TIME: 4.00 p.m.
Google Meet Link
meet.google.com/roi-uout-yut
Yoga for Harmony & Peace

Programme Coordinator
Dr.R. Murugesan
Assistant Professor
Department of Physical Education
Pondicherry University Community College




PONDICHERRY UNIVERSITY
SCHOOL OF MANAGEMENT
DEPARTMENT OF MANAGEMENT STUDIES




IGMC BLOOD BANK & UYIRTHULI

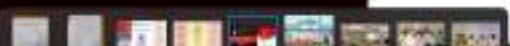


PRE-SYNAPSE ' 22
"BLOOD DONATION CAMP"

**DONATE BLOOD
SAVE LIFE**



DATE : 13-05-2022, FRIDAY
TIME : 10 AM - 2 PM
VENUE : FIRST FLOOR, DMS BLOCK





Government of India
Ministry of Social Justice & Empowerment
Department of Empowerment of Persons
with Disabilities (Divyangjan)

A Two-Day Workshop on Sensitising and Training Disabled People's Organizations (DPOs)

Date: 24th & 25th of March, 2022

Organized by

Higher Education for Persons with Special Needs (HEPSN),
Pondicherry University

Sponsored by

Department of Empowerment of Persons with Disabilities,
Ministry of Social Justice & Empowerment,
Government of India

Knowledge Partners:

Centre for Study of Social Exclusion & Inclusive Policy,
Ananda Rangapillai Library, Satya Special School, Puducherry

Inauguration

Venue : **Library Annex**, Ananda Rangapillai Library

Date : **24.03.2022** Time: 10:00AM

University Anthem and Lighting of Lamp

Welcome Address by **Dr. G. Madan Mohan**, Associate Professor,
Department of Management Studies

About the Workshop by **Dr. A. Chidambaram**, Coordinator, HEPSN

Inaugural Address by **Dr. B.B. Mohanty**, Dean, School of
Social Sciences & International Studies

Felicitation Address by **Dr. Rangaiah**, Head, Department of Applied Psychology

Keynote Address by Thiru **C. Udhayakumar** I.A.S., Secretary to
Government of Puducherry, (Social Welfare)

Special Address by Thiru **C. Djeacoumar**, Honourable Minister for
Social Welfare, Government of Puducherry

Presidential Address by Prof. **Gurmeet Singh**, Honourable Vice-Chancellor,
Pondicherry University

Vote of Thanks by **Dr. Kuppasamy**, Assistant Professor, Department of
Computer Science

National Anthem

Valedictory

Venue : **Library Annex**, Ananda Rangapillai Library

Date : **25.3.2022** Time: 04:00 PM

04:00-04:05 PM : **University Anthem**

04:05-04:10 PM : **Welcome Address**

By **Dr. Binu Zachariah**, Associate Professor, Department of English

04:10-04:25 PM : **Feedback and Summary** by Workshop participants

04:25-04:40 PM: Keynote Address by

Dr. L. GovindaRao,
Former Director,
NIEPID - Hyderabad,
NIEPMD – Chennai.

04:40-04:55 PM: Special Address by Tmt. **D. Kalavady**,

Deputy Director, Department of Social Welfare, Govt. of Puducherry

04:55-05:10 PM: Valedictory Address by **Dr. Vijay Kumar Mallappa**,
Librarian, Ananda Rangapillai Library, Pondicherry University

05:10-05:20 PM: Vote of Thanks by **Dr. A. Chidambaram**,

Assistant Professor, Centre for Study of Social Exclusion & Inclusive
Policy Co-ordinator, HEPSN Enabling Unit, PU

05:20-05:25 PM: **National Anthem**

Department of Physical Education and Directorate of sports in association with The Art of Living, Puducherry celebrated the 7th International Yoga Day on June 21st 2021



Directorate of sports organised ‘Demonstration of Common Yoga Protocol’ of AYUSH on 21st June 2021



Department of Physical Education and Directorate of sports organised a webinar for the celebration of the 7th International Yoga Day 2021



The Pondicherry University was one of the partners of Heritage Foundation India in organizing the International Webinar on Social Work Profession in Geriatric care- Current Roles, Challenges and Emerging Trends on 28th, 29th and 30th of July and 3rd, 4th and 5th of August 2021.



Directorate and Department of Physical Education had organised Fit India Freedom Run 2.0 on 13th August 2021





Directorate and Department of Physical Education celebrated National Sports Day 2021 on 29th August 2021



Directorate and Department of Physical Education had organised a national webinar on ‘Life Skills and Character Building through Sports’ as a part of the National Sports Day Celebration 2021 on 29th August 2021



Directorate of Sports and Department of Physical Education had organised football tournament for kids as a part of the Fit India Mission on 23rd September 2021



Circular

Football Tournament for Kids (Fit India Mission)

Wazai ka Aard Mahotsav and Fit India...

Department of Physical Education and Directorate of Sports is Organizing Fit India mission a program designed by Ministry of youth affairs and Sports, In continuation of the Fit India Freedom run2.0 we are Organizing a Football tournament for kids below 15 years on 23rd Sept 2021, 5.00pm at Thiruvalluvar Stadium, Pondicherry University. It is for the kind notice and information to the Employees of the Pondicherry University for necessary arrangement for the participation of the kids in the said tournament.

Fitnes ki Aard aurin ghanta Race!

For Registration contact:

Dr. A. Praveen : 9442621803

Dr. M. Elango : 9445979006



Pondicherry University

cordially invites you to the



VIRTUAL RESEARCH METHODOLOGY CONSULTATION WORKSHOP (To Ascertain the Status of Persons with Disabilities in Tamil Nadu and Puducherry)

Date: 25.02.2021

Time: 2.00pm

Jointly Organized by

*Centre for Study of Social Exclusion and Inclusive Policy (CSSE&IP)
Higher Education for Persons with Special Needs (HEPSN), Pondicherry University &
Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice and Empowerment, (MSJE) Government of India.*

Welcome Address	Dr. M. Thanuja, Assistant Professor and Head (i/c), CSSE&IP, PU.
About the Workshop	Dr. A. Chidambaram, Assistant Professor, CSSE&IP, Coordinator, HEPSN, PU.
Felicitation Address	Dr. K.S. Kuppusamy, Assistant Professor, Dept of Computer Science, PU.
Inaugural address	Thiru. Johny Tom Varghese, I.A.S., State Commissioner for Differently Abled, Tamil Nadu.
Special address	Thiru. C. Udaya Kumar, I.A.S. Secretary, Social Welfare, Puducherry.
Keynote address	Dr. Himangshu Das Director, National Institute for Empowerment of Persons with Visual Disabilities (NIEPVD).
Presidential Address	Prof. P. Moorthy, Dean, SSS&IS, PU
Vote of Thanks	Dr. Binu Zachariah, Associate Professor, Dept. of English, Liaison Officer, Persons with Disabilities, PU.

SDG 10 – Reduced Inequality

Research and Journal Alert Forum – Invited Lecture on “Retrieving Ambedkar for Contemporary Times” by Prof. G. Aloysius held on 19th April 2022 conducted by dept. of English.



The Department of English organised a lecture titled "Retrieving Dr. Ambedkar for Contemporary Times", commemorating Dr. B.R. Ambedkar on 19th April 2022 in relation to Ambedkar Jayanti. The event launched the academic year's RJAF (Research and Journal Alert Forum) activities. Prominent writer, activist, and independent researcher Prof. G. Aloysius delivered a rousing talk on the continuing relevance of Ambedkar's ideals and principles in a world still divided by caste and gender.

Research and Journal Alert Forum – Invited Lecture on “Changing Attitudes Changing Lives: Disability Rights Activism” by Mr. C. Govindakrishnan held on 28th April 2022 conducted by dept. of English.



Mr. C. Govindakrishnan's lecture dealt with the cultural and day-to-day discrimination practices against visually challenged persons in India. He also discussed the biases associated with gender within the community and in the larger society. He sensitised the audience to the problems in the present educational system and the means to make it more accessible to visually challenged students. He optimistically cited the latest scientific inventions and the changes in legislation that could improve the quality of their lives.

Research and Journal Alert Forum – Invited Lecture on “Subverting Norms: A Transgender Perspective” by Ms. Kalki Subramaniam held on 28th April 2022 conducted by dept. of English.



Eminent transgender activist and writer Ms. Kalki Subramaniam visited the Department on 29th April 2022. Her invigorating talk focusing on the multiple issues faced by the transgender community was an eye-opener to many in the audience. She recounted several personal experiences highlighting the stereotypes and transphobia entrenched in the contemporary Indian psyche. Ms. Kalki read from her poems to illustrate the socio-cultural turmoil in trans lives. Her talk emphasised the need for activism and a humanitarian approach to empowering society. Her entire speech celebrated womanhood in all its forms and was a call for equality of genders.

Theatrical Performance of Girish Karnad's Flowers by Prayash Foundation, In Collaboration with Department of English and Department of Performing Arts, Pondicherry University held on 29th August 2022 conducted by dept. of English.



The theatrical performance titled Kusum Kusum was a loose adaptation of the play Flowers by the famed playwright, actor and director Girish Karnad. The play was adapted to Bengali by Ujjwal Chattopadhyay and directed by Abanti Chakrobarty. Featuring fiery performances by Sujan Mukhopadhyay and Nibedita Mukopadhyay the play explored the tensioning dichotomy of asceticism and eroticism in the context of religious and political authority/hegemony. The performance also highlighted the systemic subjugation of women who bear the burden of 'tradition' and 'culture'. The play was well-received by the audience, who appreciated its subversive nature that reinterpreted culture, tradition and the associated rituals in the context of the current social and political climate.

Research and Journal Alert Forum - Paper Presentation IV and Book Review III held on 22nd September 2022 conducted by dept. of English.



Arindam Saha, Research Scholar, Department of English, presented his paper “Contextualising Kazi Nasrul Islam’s Bartaman Sahitya in the ‘World’ of World Literature”. The paper talked about the contemporary conceptualisation of world literature as a path towards inclusivity and the deconstruction of the canons of yesteryears. He explained how, in the modern definition of World Literature, Islam’s text, previously marginalised as regional literature, moves to the centre, where it rightfully belongs. The talk was followed by a Q&A session which prompted an active discussion on the concept of Welt Literature. Ms. Haritha Das, II MA English, reviewed the book Jai Bhim by Justice K. Chandru.

Research and Journal Alert Forum- Celebrating Three Decades of Karukku held on 16th October 2022 conducted by dept. of English.



The Department organized a full-day RJAF event to celebrate three decades of the revolutionary text Karukku and its writer Ms. Bama. The event was attended by Ms. Bama, Prof. S. Prabakar, Dean of Languages, Manomanian Sundaranar University, Tirunelveli, Prof. S. Armstrong, Professor and Head, Department of English, University of Madras, Chennai, Fr. Mark and Mr. Kolappan, editor, The Hindu. All the guests delivered insightful and rousing talks about the life and work of Ms. Bama and how her narratives represent and resist the centuries-long oppression of Dalits. Ms. Bama also addressed the audience and talked about the challenges she faced as a woman and a Dalit before making her voice heard and establishing herself as a writer. Her talk was followed by an interactive session where she responded in detail to every question and suggestion raised, thus shedding more light on Dalit lives.

Research and Journal Alert Forum – Paper Presentation V & Book Review III held on 27th October 2022 conducted by dept. of English.



Chenna Chakravarthy, Research Scholar, Department of English, presented his paper "Through Colour-Tinted Lens: Eurocentrism in James Cameron's An Indian Summer". The paper offered an elaborate analysis of the Eurocentric ideologies that dictate Cameron's representation of India and how it generally influences the western readers' view of the country and the global south. The presentation was followed by a Q&A session which raised and discussed many important questions about Orientalism and Eurocentrism, following which Gautami. S, II MA English, reviewed the novel The School for Good Mothers by Jessamine Chan.

Invited Lecture on Topic: Subverting Norms : A Transgender Perspective conducted by dept. of English. https://www.pondiuni.edu.in/university_news/invited-lecture-on-topic-subverting-norms-a-transgender-perspective/

Pondicherry University
School of Humanities
Department of English
Research and Journal Alert Forum

INVITED LECTURE
Date: 29-04-2022 (Friday)
Time: 04.30 pm

Welcome: Divyavanshini V.
Reading of Minutes: Meena Kumari
Introducing the Guest: Grinlina

**Guest Speaker: Kalki Subramaniam,
Transgender Activist**

**Topic: *Subverting Norms : A Transgender
Perspective***

Entertainment by II MA Students
Vote of thanks: Rakhi

All are Welcome

Prof T Marx
Head of Department

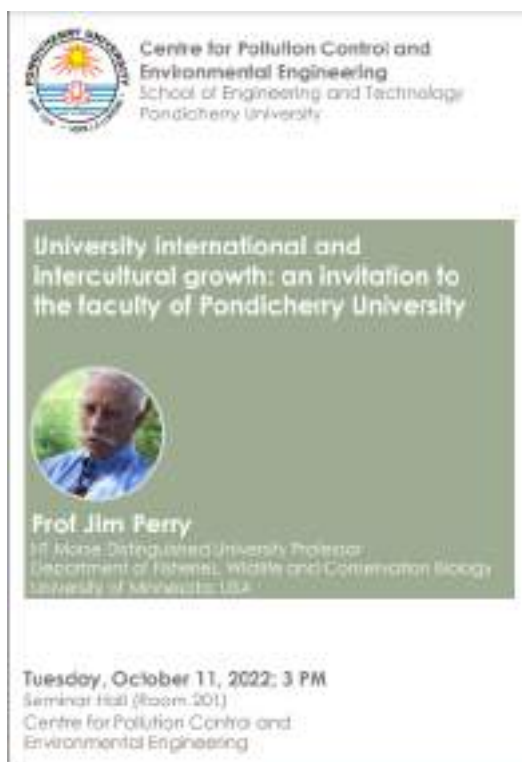
Dr.K.Reshmi & Dr S.Visaka Devi
Coordinators

Human Rights Day 2022 conducted by Social Exclusion and Inclusive Policy.
https://www.pondiuni.edu.in/university_news/human-rights-day-2022-centre-for-study-of-social-exclusion-and-inclusive-policy/



Organization of a lecture cum interaction by Prof J. Perry, University of Minnesota, USA, to on internationalization of education and intercultural growth.

https://www.pondiuni.edu.in/university_news/special-talk-by-prof-jim-perry-centre-for-pollution-control-and-environmental-engineering/



World Oral Health Day :

Department of Management at Pondicherry University Community College (PUCC) in collaboration with other national programs NTCP, RSSK, colleges and organizations partnered with National Oral Health Programme – the NOHP Cell Puducherry to celebrate the ***“World Oral Health Day”*** with a ***“Walkathon” – Be proud of your mouth”***. The “Walkathon” was flagged off by ***Dr. O. Kavipriya***, State Nodal Officer for the National Oral Health Programme, Puducherry from Gandhi Statue & the walkathon went via Bussy Street, M.G. Street, J.N.Street, Mission Street, St. Ange Street & ended at Gandhi Statue on the Beach Road.

Twenty five students from the Department of Management (PUCC) accompanied by faculty members Dr.A.Bharathy & Dr.R.Venkatajalapathy participated in the “Walkathon”. The aim was to spread the message for the year 2023 ***“Focus on the importance of caring for your mouth at every stage of life”***. The students participated with full energy and enthusiasm carrying placards with the messages to spread awareness on the event of the ***“World Oral Health Day”***.



Blood Donation Camp

A blood donation camp was organised by the Directorate of Distance Education of Pondicherry University, in collaboration with Indira Gandhi Government General Hospital and Postgraduate Institute. This event saw almost 300 people come forward to donate blood on campus. This included students, faculty and even the most security personnel of the university. This event had begun in the morning and went on almost till afternoon.

The OSD of Culture and Cultural Relations, Prof. Rajeev Jain, inaugurated the camp and said "Blood donation is the best gift one can give to the mankind. It should help the younger generation to develop their social values." Dr Diana Sharmila, Chief Medical Officer, Department of Transfusion Medicine of Indira Gandhi Government General Hospital who was instrumental in this collaboration said that "there was a good response by the officials, teaching staff and students of the university to donate blood and a large number of blood bags were collected in the camp. The interested donors were physically examined before donation. It is a great initiatives taken by Pondicherry University".

"It is a hectic task to organise the event however it gives me great satisfaction that I can do something for the society. Every person who is fit and well to do should donate blood. I feel great that I am able to contribute for this noble cause," said Dr Arvind Gupta, the Director of the DDE of Pondicherry university.

The students after the donation of blood were treated with juice, biscuits and Donors Certificates were advised to consume fluids in order to make up for the loss of fluids from their body.

We were overwhelmed to see the response of the students and the other members of the university for this camp,” said the doctors from the blood bank. Understanding the moral and social responsibility of the institution in view of the huge demand for life saving blood in the city, the vice chancellor of Pondicherry University, Prof Gurmeet Singh took the initiative of conducting this blood donation camp, said Dr Gupta. He further said “We are hoping that by conducting these camps students will be aware of the benefits of blood donation and how a unit of blood can save four lives.”



A Three day National Workshop on Leading Healthy Lifestyle and Improving Self: Physical & Mental in its campus at Lawspet between 8th March and 10 March, 2023

The Department of Physical Education and Yoga, Pondicherry University Community College had conducted A Three day National Workshop on Leading Healthy Lifestyle and Improving Self: Physical & Mental in its campus at Lawspet between 8th March and 10 March, 2023. This workshop was collaborated and funded by the Rajiv Gandhi National Institute of Youth Development (RGNYD), Sriperumbudur. This workshop is creating awareness on essential to promote and correct lifestyle in order to maintain and promote health. The activity is promoting health and providing public health of the most important bases for the development of youth communities. The inaugural was presided over by the Principal of Pondicherry University Community College, **Prof. Lalitha Ramakrishnan**. The workshop inaugurated by **Prof. Shibnath Deb**, Director, Rajiv Gandhi National Institute of Youth Development Guest of honour **Smt. Padma Jaiswal**, IAS, Secretary to E-Governance and ICT, Government of Puducherry and Special Guest **Dr. B. N. Padmaja Priyadharshini**, Entrepreneur and Managing Director of HomePlanGuru Pvt. Ltd. Welcome Address Delivered by **Dr. R. Murugesan**, Assistant Professor & Head (I/c) Dept. of Physical Education & Yoga and the Scope of the workshop was delivered by the Programme Co-ordinator **Dr. S. Jagadeeswari**, Assistant Professor, Dept. of Physical

Education & Yoga, PUCC. The programme had started with 130 participants from different colleges Puducherry and Tamilnadu.

Prof. Shibnath Deb, Director, Rajiv Gandhi National Institute of Youth Development, Sriperumbudur delivered a Chief Guest Address and he overwhelmed the importance of youth's physical & mental health for the future India.

Smt. Padma Jaiswal, IAS, Secretary to E-Governance and ICT, Government of Puducherry, delivered a Guest of honour's Address and she talked about the importance of leading healthy lifestyle through mental health. She interacted with the participants about need and urge of healthy life being and wellness. And she discussed the importance of physical activity and yoga.

Dr. S. Jagadeeswari, Assistant Professor, Dept. of Physical Education & Yoga, PUCC has delivered a vote of thanks.



One day Career Visioning event “Udyog Utsav, 2023” (Seventh Edition) for underprivileged Girl Children studying in Government Schools of Puducherry.

The Dept of Social Work, Pondicherry University and Project Puthri organized a One day Career Visioning event “Udyog Utsav, 2023” (Seventh Edition) for underprivileged Girl Children studying in Government Schools of Puducherry. The programme was organized at the Auditorium, Convention Cum Cultural Centre, Pondicherry University. The Welcome Address was delivered by Dr. K. Anbu, Head (i/c), Dept of Social Work where he formally welcomed the dignitaries and thanked the Vice Chancellor Prof Gurmeet Singh for gracing the occasion and Dr. Saundarya Rajesh, Managing Trustee, Avtar Human Capital Trust for collaborating with the Dept. He thanked the Programme Coordinator Prof. A. Shahin Sultana for coordinating this programme and all faculty, all participants for gracing the occasion.

Dr. Saundarya Rajesh delivered the Opening remarks by thanking the Hon'ble Vice Chancellor for supporting the event and gracing the event with his presence, then explained the objectives of the programme and thanked the Dept, Program Coordinator, the schools, teachers, children and all the collaborators for this event. Prof Gurmeet Singh appreciated the Dept of Social Work and Puthri for coming together and coordinating such an event. He emphasized the importance of the Mother tongue and how learning in the mother tongue has many advantages and appreciated the programme for attending to the needs of the school children and in addition the girl children which is very pivotal at this juncture. He thanked both the event organisers and expected that more such events would come in the near future and assured full support to such events. He appreciated the way the programme is being coordinated with more than 300 school children from government schools in Puducherry.

Then the Educational Institutions were honoured for their commendable support and achievements followed by awarding the Puthris with scholarships. This was followed by the concluding remarks by the Program Coordinator Prof A. Shahin Sultana, Professor, Dept. of Social Work who explained how this programme was worked out with Puthri team and the Dept of Social Work and how the career visioning for the school children was necessary at this juncture and how resource persons were brought in from different streams to create awareness for the schoolgirls. She thanked the Dept, Puthri, the delegates and participants and schools for being a part of this programme. With this, the Inaugural Programme came to end. The Sessions were then rolled out to action by the resource persons accordingly. The programme was successfully concluded.



A Five-day Training of Trainers program for “Child Protection & Child Rights in Disasters and Emergencies” at Cultural Cum Convention Centre, Pondicherry University.

The Department of Social Work, Pondicherry University and National Institute of Disaster Management, Ministry of Home Affairs, Government of India is

organizing a Five-day Training of Trainers program for “Child Protection & Child Rights in Disasters and Emergencies” at Cultural Cum Convention Centre, Pondicherry University. Dr. K Anbu, Head (i/c), Department of Social Work welcomed the gathering and thanked the dignitaries and NIDM for collaborating with the Dept.

This was followed by Dr.Kumar Raka, Senior Programme Officer, CCDRR, NIDM, who delivered the opening remarks. He explained the need for the training programme and appreciated the University, Department of Social Work and the Project Coordinator, Training Program for coordinating this program. This was followed by Professor B.B Mohanty, Dean, SSSIS who appreciated the Dept. of Social Work and the team for organising this timely initiative and many others from time to time.

Then the Director (SEI& RR) Prof. K Tharanikkarasu explained the need for this programme. He appreciated all the government departments for having sent their representatives to attend and learn from the resource persons who have expertise in this subject which is very important. Shri Ranjan Kumar from CCDRR, NIDM spelled out the objectives of the programme. This was followed by Prof. A Shahin Sultana, Project Coordinator, Training Programme who thanked the Vice Chancellor, Director, and all other dignitaries, participants, staff and scholars for the successful coordination of this programme. This five day programme has officials and representatives from Department of Health and Family Welfare, School Education, Fire Service, Revenue and Disaster Management, Women and Child Development, Labour, Aapda Mitra, Adi Dravidar Welfare Department and many more. Around 70 to 75 participants participated in the five day Trainers of Training programme.



Invited Special Lecture on Mental Health: Achieving a state of wellness organized by Dept. of Electronic Media & Mass Communication

https://www.pondiuni.edu.in/university_news/invited-special-lecture-on-mental-health-achieving-a-state-of-wellness-organized-by-dept-of-electronic-media-mass-communication/

PONDICHERRY UNIVERSITY
DEPARTMENT OF ELECTRONIC MEDIA AND MASS COMMUNICATION

Weekly Enrichment Activity
Invited special lecture

Mental Health: Achieving a state of wellness
by Dr. B.V. Balachandrar

Friday, 4th January 2019 from 4 PM to 6 PM
Venue: The Department of Electronic Media and Mass Communication Auditorium, School of Distance Education
Public lecture open to all in Pondicherry and Tamil Nadu. All are welcome.

For more information regarding the upcoming weekly enrichment activities contact:
Dr. Sushil Kumar, Head of the Department of Electronic Media and Mass Communication, Pondicherry University
Email: sushil@pondicherryuniversity.ac.in
Phone: 94421 08440

Drug Free Puducherry Campaign Community Based Initiatives of Student Peer Educators on Substance Abuse Prevention



**Department of Social Work
Pondicherry University
&
Ministry of Social Justice and Empowerment
Drug Free Puducherry
Campaign**

**COMMUNITY BASED INITIATIVES OF STUDENT
PEER EDUCATORS ON SUBSTANCE ABUSE
PREVENTION**

Communities	Date	Programmes
Periyakalapet	18.12.2022	Rangoli Competition
Sivankandigai	19.12.2022	Rangoli Competition
		Awareness programmes
Solaimigar	04.01.2023	School awareness programmes Therapy competitions
Solaimigar	05.01.2023	School awareness programmes Therapy competitions
Solaimigar	06.01.2023	School awareness programmes Therapy competitions
Kozhuppalpet	08.01.2023	Rangoli Competition Awareness programmes
Kozhuppalpet	07.01.2023	Rangoli Competition
Kozhuppalpet	08.01.2023	School Awareness programmes Therapy competitions

KAP surveys, identification of positive deviant leaders ongoing since 10/11/2022 on holidays

Prof. R. Nalini
Principal Investigator

Dr. Hekhar Alami
Co-Principal Investigator





Special Service and Features



Leading our generation to a healthy, peaceful, and happy Drug Free - Puducherry

Posted On: 06 Jun 2023 1:48PM by PIB Chennai

The community-based student peer educators' sentiments for a healthy Puducherry echo the objectives of the project "Towards a Drug Free Puducherry District" – a community-based project jointly undertaken by the Department of Social Work, Pondicherry University and Ministry of Social Justice and Empowerment (MoSJE), Government of India under *Nasha Mukat Bharat Abhiyan*, Launched on 6th April 2022, over a period of 12 months, the project sensitised faculty and students from higher educational institutions in Puducherry against substance abuse and alcoholism in Puducherry District. As part of the project, students from 10 higher educational institutions in Puducherry were trained as peer educators to mobilise women, youth, and at-risk groups in local communities to address the substance use-related issues faced by community members and to aid them in accessing psychosocial support services.

The villages of Periyakalapet, Solaimigar, Kozhuppalpet, Kottaimedu, Meltharukanthi, Sivaranthagan, and Kerkhor were selected for peer-led interventions in this phase of the project. Between December 2022 and April 2023, the students organized a series of activities in these communities such as awareness programmes, focus-group discussions with women, youth and self-help group (SHG) members, health awareness sessions, sports and rangoli competitions, and household KAP (knowledge, attitude, and practice) surveys.

The student peer-educators were felicitated by Prof. Gurmeet Singh, Hon. Vice-Chancellor of Pondicherry University and Prof. B.B. Mohanty, Dean, School of Social Sciences and International Studies, Pondicherry University. Prof. R. Nalini, Principal Investigator provided a brief summary of the project's major achievements. Professor Gurmeet Singh, Hon. Vice-Chancellor, Pondicherry University delivered the presidential address and tabled the project report for the period April 2022-March 2023. Felicitations were offered by Professor B. B. Mohanty and Dr. K. Anbu, Head (i/c) Department of Social Work, Pondicherry University.

The dignitaries distributed the certificates and medals to the student peer educators in recognition of their work and achievements in their communities. Dr. Iftekhhar Alam, Assistant Professor and Co-Principal Investigator offered the vote of thanks. The felicitation programme was organized to recognise and commend the potential of youth in Puducherry under the Nasha Mukta Bharat Abhiyan campaign towards reducing the demand for drugs, especially among children and youth for the creation of a healthy and youthful Puducherry.



<https://www.thehindu.com/news/cities/puducherry/student-peer-educators-in-project-against-drug-abuse-felicited/article66938276.ece>

Dental Camp organized by “Pondicherry University Community College, Lawspet.

https://www.pondiuni.edu.in/university_news/dental-camp-pucc-lawspet-2/



Voluntary Blood Donation Camp “Department of Physical Education & Sports

https://www.pondiuni.edu.in/university_news/voluntary-blood-donation-camp-department-of-physical-education-sports/



Inaugural Function of VELICHAM™23 “ Seven days Rural Camp

https://www.pondiuni.edu.in/university_news/inaugural-function-of-velicham23-seven-days-rural-camp/



DEPARTMENT OF SOCIAL WORK
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY

Cordially invites you to the Inaugural function of Seven days
(1st March to 7th March 2023)

RURAL CAMP

VELICHAM'23

To be held on 1st March 2023 (Wednesday)
by 05:30 pm at Nallazhundur, near community hall,
Thirunallar Commune, Karaikal, Puducherry UT

Smt. S. Chandra Priyanga

Honourable Minister of Transport,

Government of Puducherry

has kindly consented to deliver the
Inaugural Address

INAUGURAL PROGRAMME

Invocation

Welcome Address : **Dr. K. Anbu**
Head, Dept. of Social Work, Pondicherry University

About Rural Camp : **Dr. R. Nalini**
Professor, Dept. of Social Work, Pondicherry University

Presidential Address : **Dr. S. Bhuvaneswari**
*Professor and Centre Head, Karaikal Campus,
Pondicherry University*

Special Address : **Mr. M. Mohamed Mansoor**
*District Collector cum District Magistrate-Karaikal
Government of Puducherry*

Inaugural Address : **Smt. S. Chandra Priyanga**
*Honourable Minister of Transport,
Government of Puducherry*

Felicitation Address : **Shri. PR. Siva**
*Honourable Member of Legislative Assembly, Thirunallar
Government of Puducherry*

: **Mr. R. Lokeshwaran I.P.S**
*Senior Superintendent of Police, Karaikal District
Government of Puducherry*

: **Rev. Fr. Xavier Satheesh SDB,**
*Principal, Don Bosco College of Arts and Science
Thamanangudy, Karaikal*

: **Rev. Fr. Siby Mathew, SDB**
*Secretary, Don Bosco College of Arts and Science
Thamanangudy, Karaikal*

: **Mr. Arunachalam. R,**
*Commissioner, Thirunallar Commune Panchayat
Thirunallar, Karaikal*

Vote of Thanks : **Dr. C. Satheesh Kumar**
*Assistant Professor, Dept. of Social Work
Pondicherry University*

Cultural Programme : **MSW Students**

EXCLUSIVE PROGRAMME SCHEDULE

<i>Date</i>	<i>Programme</i>	<i>Agency</i>
01/03/2023	Inauguration & Cultural Programme	
02/03/2023	Socio-Economic survey	
03/03/2023	PRA theory and practical Session at Nallazhundur village	
04/03/2023	Kitchen Gardening and Kitchen Waste Management Cancer Awareness program	Mr. Kathiravan, KVKK. Mr. Bhominathan, Ph.D. Scholar, PU.
05/03/2023	Legal Literacy Program Skill Enrichment Program Career Guidance Program Women Health and Hygiene	DLSA Karaikal Dr.V.Arulmurugan, PU Karaikal. Mr. Amaran, Ph.D. Scholar, PU. Ms. K. Mageswary, Karaikal Rehabitation Centre.
06/03/2023	Sports and Games Sports and Games Mental Health Awareness Program Valedictory and Mega Cultural	MSW Students MSW Students JIPMER
07/03/2023	Back to Pondicherry University	

VALEDICTORY FUNCTION

Invocation

Welcome Address

: **Dr. P. B. Shankar Narayan**
Assistant Professor, Dept. of Social Work
Pondicherry University

Camp Report

: **Ms. Deeptika. S**
I M.S.W, Student

Valedictory Address

: **Mr. Gavhal Nithin Ramesh, PPS (SG)**
Superintendent of Police (North)- Karaikal

Special Address

: **Shri. P.R. Siva**
Honourable Member of Legislative Assembly,
Thirunallar
Government of Puducherry

Felicitation

: **Mr. Dr. K. Sivakumar**
Assistant Professor and Head, Dept. of Social Work,
Aringar Anna Government Arts and Science College,
Karaikal

: **Rev. Fr. Xavier Satheesh, SDB**
Principal, Don Bosco College of Arts and Science
Thamanangudy, Karaikal

: **Rev. Fr. Siby Mathew, SDB**
Secretary, Don Bosco College of Arts and Science
Thamanangudy, Karaikal

Vote of Thanks

: **Mr. V. Ajeethkumar**
I MSW, Rural Camp Student's Co-ordinator

Cultural Programme

: **I MSW Students**

National Workshop on Leading Healthy Lifestyle and Improving Self: Physical & Mental “ PUCCL, Lawspet
https://www.pondiuni.edu.in/university_news/national-workshop-on-leading-healthy-lifestyle-and-improving-self-physical-mental-pucc-lawspet/



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE

(A CONSTITUENT COLLEGE OF PONDICHERRY CENTRAL UNIVERSITY)
LAWSPET, PONDICHERRY-605006

DEPARTMENT OF PHYSICAL EDUCATION AND YOGA

ORGANISES

A THREE - DAY NATIONAL WORKSHOP ON LEADING HEALTHY LIFESTYLE AND IMPROVING SELF: PHYSICAL & MENTAL



8TH - 10TH March, 2023

10 AM - 05 PM

AT

SEMINAR HALL

PU - COMMUNITY COLLEGE, LAWSPET

SPONSORED BY

RAJIV GANDHI NATIONAL YOUTH DEVELOPMENT

INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO.35/12

MINISTRY OF YOUTH AFFAIRS AND SPORTS, GOVERNMENT OF INDIA

SRIPERUMBUDUR

PROGRAMME COORDINATOR

DR. S. JAGADEESWARI

ASSISTANT PROFESSOR
DEPARTMENT OF PHYSICAL EDUCATION & YOGA
#POC



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
A UNIVERSITY COLLEGE OF PONDICHERRY UNIVERSITY, PONDICHERRY 605 006
 DEPARTMENT OF PHYSICAL EDUCATION AND YOGA
 (DECLARATION WITH)

RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO. 23/12
 MINISTRY OF YOUTH AFFAIRS AND SPORTS, GOVERNMENT OF INDIA
 CHENNAI

A THREE - DAY NATIONAL WORKSHOP ON
LEADING HEALTHY LIFESTYLE AND IMPROVING SELF: PHYSICAL & MENTAL
AT
SEMINAR HALL
Google Meet Link : <https://meet.google.com/brw-cbfj-ccbf>

<p>INAUGURATION <small>9th MARCH, 2023 10:00 AM</small></p> <p>University Anthem</p> <p>Welcome Address Dr. R. MURUGESAN <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Sage of the Workshop Dr. S. JAGADEESWARI <small>Asst. Prof. & PROGRAM COORDINATOR DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Presidential Address Prof. LALITHA RAMAKRISHNAN <small>PROFESSOR DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Chief Guest's Address Prof. SIVAKATHI <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Guest of Honour's Address Genl. PRADHA RAJENDRAN, I.A.S. <small>Commandant, PONDICHERRY DISTRICT MILITARY CANTONMENT</small></p> <p>Special Guest's Address Dr. R. N. PRADHIA PRIYADARSHINI <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Vote of thanks</p>	<p>VALEDICTORY <small>10th MARCH, 2023 04:30 PM</small></p> <p>University Anthem</p> <p>Welcome Address Dr. R. MURUGESAN <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Report of the Workshop Dr. S. JAGADEESWARI <small>Asst. Prof. & PROGRAM COORDINATOR DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Mime YOUTH'S SOCIAL PROBLEM <small>BY MS. S. S. SURESH</small></p> <p>Valedictory Address Prof. VASANTHI RAJENDRAN <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Guest of Honour's Address Prof. G. VASANTHI <small>Asst. Prof. & HOD (PE) DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>Vote of thanks Dr. S. JAGADEESWARI <small>Asst. Prof. & PROGRAM COORDINATOR DEPARTMENT OF PHYSICAL EDUCATION & YOGA</small></p> <p>National Anthem</p>
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...All are Welcome...

DAY-1
09-03-2023
 09:00 AM - 12:00 PM

Dr. R. N. PRADHIA PRIYADARSHINI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

11:30 AM - 11:45 AM TEA BREAK
11:45 AM - 01:00 PM

Dr. N. NIRMALA SARAVANAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

01:00 PM - 02:00 PM LUNCH BREAK
02:00 PM - 03:30 PM

Dr. S. R. NATHARAJAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

03:30 PM - 03:45 PM TEA BREAK
03:45 PM - 04:00 PM

Dr. R. MURUGESAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

04:00 PM - 04:15 PM TEA BREAK
04:15 PM - 04:30 PM



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
A UNIVERSITY COLLEGE OF PONDICHERRY UNIVERSITY, PONDICHERRY 605 006
 DEPARTMENT OF PHYSICAL EDUCATION AND YOGA
 (DECLARATION WITH)

A THREE - DAY NATIONAL WORKSHOP ON
LEADING HEALTHY LIFESTYLE AND IMPROVING SELF: PHYSICAL & MENTAL
8th - 10th March, 2023
10:00 AM - 06:00 PM
AT
SEMINAR HALL
GOVERNMENT COLLEGE, LONDON
IN COLLABORATION WITH
RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO. 23/12
 MINISTRY OF YOUTH AFFAIRS AND SPORTS, GOVERNMENT OF INDIA
 CHENNAI



... ALL ARE INVITED ...

DAY-3
10-03-2023
 09:00 AM - 12:00 PM

Dr. KARIYASAMY SANGEETHA
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

11:30 AM - 11:45 AM TEA BREAK
11:45 AM - 01:00 PM

Prof. D. SIVAKATHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

01:00 PM - 02:00 PM LUNCH BREAK
02:00 PM - 03:30 PM

Dr. SIVAKATHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

03:30 PM - 03:45 PM TEA BREAK
03:45 PM - 04:00 PM

Prof. G. VASANTHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

04:00 PM - 04:15 PM TEA BREAK
04:15 PM - 04:30 PM

DAY-2
09-03-2023
 09:00 AM - 12:00 PM

Dr. R. M. MURUGAYAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

11:30 AM - 11:45 AM TEA BREAK
11:45 AM - 01:00 PM

Prof. M. ELAYARAJAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

01:00 PM - 02:00 PM LUNCH BREAK
02:00 PM - 03:30 PM

Dr. R. ARAVINDHAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

03:30 PM - 03:45 PM TEA BREAK
03:45 PM - 04:00 PM

Dr. S. BASCARANE
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

CHIEF PATRON
Prof. GURMEET SINGH
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

PATRON
Prof. K. THARANIKKARASU
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

PRINCIPAL (I/C)
Dr. R. MURUGESAN
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

PROGRAMME CO-ORDINATOR
Dr. S. JAGADEESWARI
Asst. Prof. & PROGRAM COORDINATOR
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

DAY-3
10-03-2023
 09:00 AM - 12:00 PM

Dr. KARIYASAMY SANGEETHA
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

11:30 AM - 11:45 AM TEA BREAK
11:45 AM - 01:00 PM

Prof. D. SIVAKATHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

01:00 PM - 02:00 PM LUNCH BREAK
02:00 PM - 03:30 PM

Dr. SIVAKATHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

03:30 PM - 03:45 PM TEA BREAK
03:45 PM - 04:00 PM

Prof. G. VASANTHI
Asst. Prof. & HOD (PE)
 DEPARTMENT OF PHYSICAL EDUCATION & YOGA

04:00 PM - 04:15 PM TEA BREAK
04:15 PM - 04:30 PM

Celebration of World Kidney Day-2023 “ PUCG, Lawspet



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE

(A Constituent College of Pondicherry University)
Lawspet, Puducherry 605008.



DEPARTMENT OF RENAL DIALYSIS TECHNOLOGY

Invites you for the celebration of.....

WORLD KIDNEY DAY - 2023

On 20th March, 2023 @ 3 P.M Venue: CONFERENCE HALL.

Chief Guest

Dr. K. KUMAR

Head, Department Of Nephrology,
Indira Gandhi Government General Hospital & Post Graduate Institute, Puducherry.

Presided by,

Prof. LALITHA RAMAKRISHNAN

Principal (i/c).



'INTER COLLEGIATE COMPETITION'

- > Quiz
- > Poster presentation
- > Diet exhibition
- > Cultural
- > Prize distribution

Vote Of Thanks:

Dr. M. Tharakeswari
Asst. Prof. & Course Co-ordinator.

Organising Committee:

Dr. R. Gayathri
Mrs. P. Soniya
Mr. K. John Mathew

For Registration:

9786652013



https://www.pondiuni.edu.in/university_news/special-talk-on-mindfulness-for-university-students-well-being-personal-growth-professional-development-department-of-computer-science/



https://www.pondiuni.edu.in/university_news/towards-a-drug-free-puducherry-under-nasha-mukt-bharat-abhiyaan-felicitation-of-community-based-student-peer-educators/



PONDICHERRY UNIVERSITY
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
DEPARTMENT OF SOCIAL WORK

IN ASSOCIATION WITH

MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT
GOVERNMENT OF INDIA

Towards a Drug-Free Puducherry
under
Nasha Mukta Bharat Abhiyaan

**FELICITATION OF COMMUNITY-BASED
STUDENT PEER EDUCATORS**

Date: Friday, 2nd June 2023

Time: 3:00 P.M. to 4:00 P.M.

Venue: EC Hall, Administrative Block,
Pondicherry University

For further details, kindly write to us
@ drugfreepuducherry@gmail.com

**Ambassadors
for a Healthy &
Youthful
Puducherry!**

Workshop on 9th International Yoga Day on 20th June 2023

https://www.pondiuni.edu.in/university_news/workshop-on-9th-international-yoga-day-on-20th-june-2023/

Workshop on 9th International Yoga Day on 20th June 2023

Organised by: Dept. of Physical Education & Sports
and Directorate of Sports

**Topic: "Yoga Related practices
for general wellbeing"**

By, Mr. K. Tirumourugane,
Associate Professor, Dept. of Physical Education & Sports

Time : 3.30 - 4.15 pm

**Topic: "Breath Regulation Through
Pranayama"**

By Dr. D. Sultana
(Professor, Dept. of Physical Education & Sports)

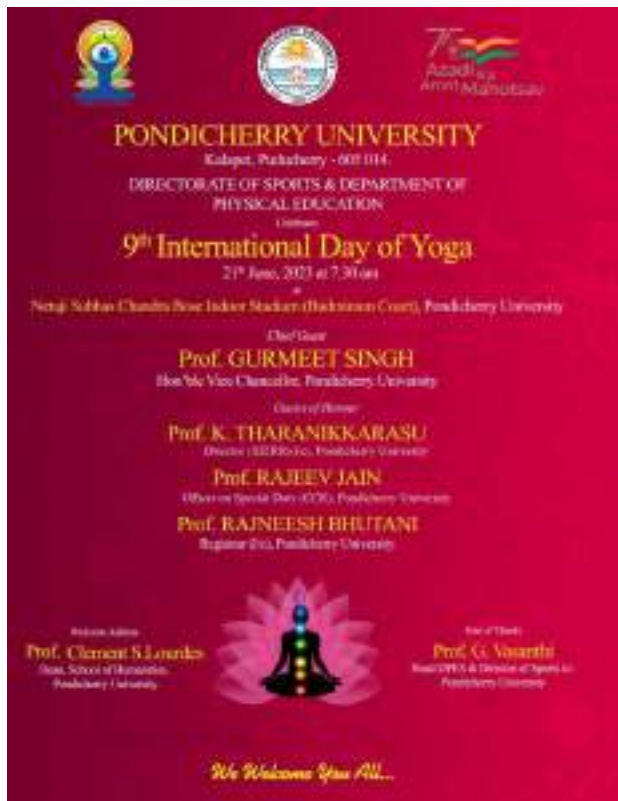
Time: 4.15 - 5 pm

Venue: Rajiv Gandhi Stadium

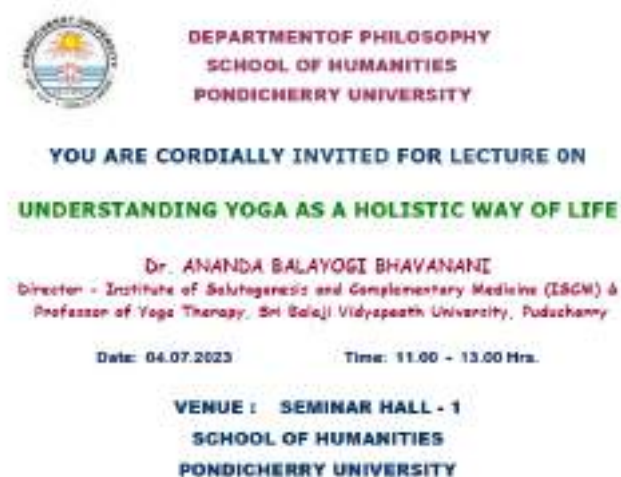
Made with PosterMyWall.com

9th International Day of Yoga on 21.06.2023 - Department of Physical Education and Sports


https://www.pondiuni.edu.in/university_news/9th-international-day-of-yoga-on-21-06-2023-department-of-physical-education-and-sports/



Lecture on Understanding Yoga as a Holistic Way of Life “ Department of Philosophy
https://www.pondiuni.edu.in/university_news/lecture-on-understanding-yoga-as-a-holistic-way-of-life-department-of-philosophy/



Inaugural Programme of Five Day Training of Trainers Programme on Child Protection and Child Rights in Disasters and Emergencies“ Department of Social Work
https://www.pondiuni.edu.in/university_news/inaugural-programme-of-five-day-training-of-trainers-programme-on-child-protection-and-child-rights-in-disasters-and-emergencies-department-of-social-work/



DEPARTMENT OF SOCIAL WORK
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY, PUDUCHERRY
AND
NATIONAL INSTITUTE OF DISASTER MANAGEMENT (NIDM)
MINISTRY OF HOME AFFAIRS, GOVERNMENT OF INDIA, DELHI

**CORDIALLY INVITES ONE AND ALL FOR THE INAUGURAL PROGRAMME OF
FIVE DAY TRAINING OF TRAINERS PROGRAMME ON
"CHILD PROTECTION AND CHILD RIGHTS IN DISASTERS AND
EMERGENCIES"**

Date: 7th – 11th August, 2023 Time: 10:00 am to 12:00 am
Venue: Seminar Hall (First Floor), Cultural Cares Convention Centre, PU

PROGRAMME SCHEDULE

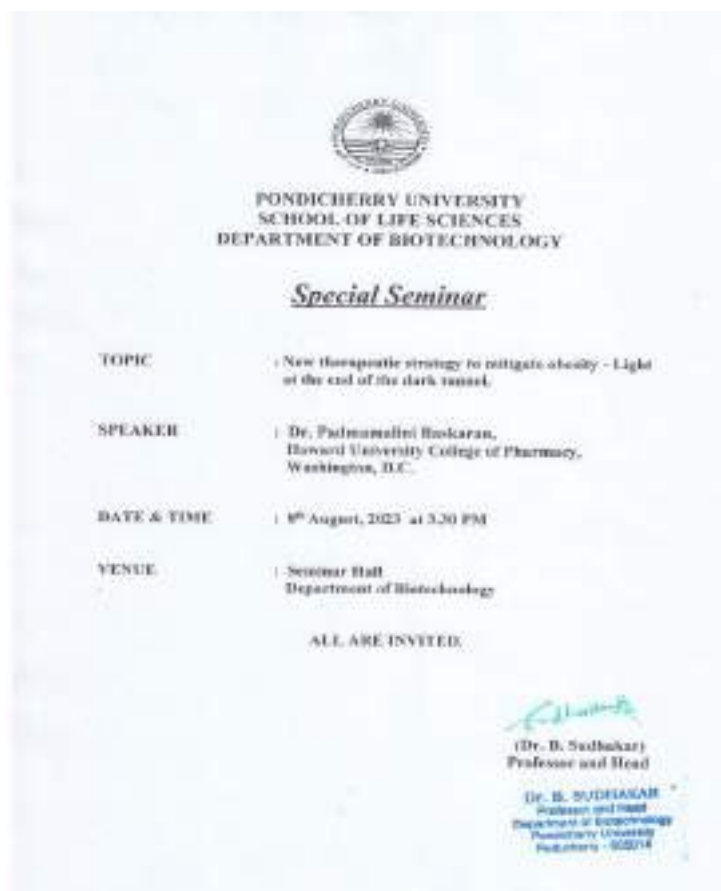
DATE: 7th August, 2023 (Monday) Time: 10:00 -12:00 am

9:00 am:	Registration
10:00 am:	University Anthem
10:10 am: Welcome Address:	Dr. E. Asha Associate Professor and Head (iii) Dept. of Social Work, Pondicherry University
10:30 am: Opening Remarks:	Dr. Kumar Robin Senior Programme Officer CCDRR, NIDM Ministry of Home Affairs Government of India, Delhi
10:30 am: Felicitation Address:	Prof. B. B. Mahant Dean, SSS & IS Pondicherry University
10:40 am: Inaugural Address:	Prof. Gurneet Singh Hon'ble Vice Chancellor Pondicherry University
10:50 am: Vote of Thanks:	Dr. A. Saritha Sathyan Professor and Project Coordinator Training Program Dept. of Social Work, Pondicherry University
10:55 am:	National Anthem

ALL ARE INVITED!

Special Seminar on New Therapeutic Strategy to Mitigate Obesity - Light at the end of the Dark Tunnel “ Department of Biotechnology

https://www.pondiuni.edu.in/university_news/special-seminar-on-new-therapeutic-strategy-to-mitigate-obesity-light-at-the-end-of-the-dark-tunnel-department-of-biotechnology/



World Suicide Prevention Day “ Pucc, Lawspet

https://www.pondiuni.edu.in/university_news/world-suicide-prevention-day-pucc-lawspet/



Observes World Suicide Prevention Day (WSPD), 2023 Affect in Action “ Department of Social Work

https://www.pondiuni.edu.in/university_news/observes-world-suicide-prevention-day-wspd-2023-affect-in-action-department-of-social-work/



DEPT OF SOCIAL WORK, SCHOOL OF SOCIAL SCIENCES AND
INTERNATIONAL STUDIES, PONDICHERRY UNIVERSITY
IN COLLABORATION WITH
TRUST FOR YOUTH AND CHILD LEADERSHIP, PONDICHERRY

OBSERVES WORLD SUICIDE PREVENTION DAY (WSPD), 2023
"AFFECT IN ACTION"

ON 19th SEPTEMBER, 2023 (TUESDAY) 11:00 AM
VENUE: LECTURE HALL, ASW 1 FEAR

AS PART OF ITS OUTREACH PROGRAMME (2023-2024)

PROGRAMME SCHEDULE

- 11:00 am: Welcome address: Prof. R. Anbu
Head (I/c), Dept. of Social Work,
Pondicherry University
- 11:05 am: Opening Remarks: Prof. A. Shalin Sallana
Coordinator, Outreach Programme (2023-24),
Dept. of Social Work, Pondicherry University
- 11:30 am: Guest of Honour: Ms. Indalvani V. Consultant Psychologist
Prof for Health and Child Leadership,
Pondicherry
- 12:30 pm: Vote of thanks: Outreach Student Representative (4th and 10th year),
Dept. of Social Work, Pondicherry University

all are cordially welcome!

Organising Committee Members

Prof. R. Anbu, Prof. R. Indal, Prof. A. Shalin Sallana, Prof. R. Devan,
Dr. C. Sathesh Kumar, Dr. P. R. Shankar Manojan, Dr. Shikhar Alam,
Office Staff, Scholars and Students

Inauguration of Blood Donation Camp - Directorate of Distance Education

https://www.pondiuni.edu.in/university_news/inauguration-of-blood-donation-camp-directorate-of-distance-education/



Lecture on overcoming depression, anxiety and finding one's peace by Mr.Rakesh Babu followed by an experiential workshop on mind-body awareness and mental health by Dr. Radhika Khanna organised by the Department of Electronic Media & Mass Communication

https://www.pondiuni.edu.in/university_news/lecture-on-overcoming-depression-anxiety-and-finding-ones-peace-by-mr-rakesh-babu-followed-by-an-experiential-workshop-on-mind-body-awareness-and-mental-health-by-dr-radhika-khanna-organised-by-th/



PONDICHERRY UNIVERSITY

DEPARTMENT OF ELECTRONIC MEDIA
&
MASS COMMUNICATION

World Mental Health Day, 10 October 2023

Mental health is a universal human right



**Lecture on overcoming depression, anxiety and finding one's peace
by Mr. Rakesh Babu followed by an experiential workshop on
mind-body awareness and mental health by Dr. Radhika Khanna**



Mr. N.R. Rakesh Babu
Psychologist,
Doctoral Researcher



Dr. Radhika Khanna
Head i/c
DEMMC, PU

Mr. N.R. Rakesh Babu is a dedicated, lifelong learner with 17 years of professional experience. As a research psychologist, he believes that the mind is the key to everything. Focusing on our mental well-being allows us to become more intentional, composed, and aware in everything we do. This enables us to think proactively and peacefully. Remember, if we treat ourselves with kindness, we are less likely to harm others.

Mr. N.R. Rakesh Babu is a certified in Master Practitioner NLP - NeuroPsychology, Certified Professional Facilitator, Certified Brain Profiling Consultant, Diploma in Neuro Linguistic Programming, Certified Soft Skill Trainer, EMS - ISO 14001:2004 - LEAD AUDITING, NEBOSH IGC (UK) Diploma in OHSE.

Dr. Radhika Khanna began her career as an actor-teacher under the eminent theatre practitioner, Mr. Bony John. She has been a Theatre-in-Education (TIE) facilitator since 1992 - training teachers and students to use TIE for self development and a holistic education.



Tuesday, 10 October 2023
@ 3:30 p.m. to 5:30 p.m.



Lecture hall III, DEMMC

This event is open to general public in Pondicherry and Tamil Nadu.
All are welcome!

For more information regarding our upcoming weekly enrichment lectures, contact:
Dr. Radhika Khanna, Head i/c,
Department of Electronic Media and Mass Communication,
Pondicherry University
email: office.demmc@ponduni.ac.in
Phone: 045-2654660

Faculty Development Programme on Psycho-Social Care in Disaster Management

Faculty Development Programme on Psycho-Social Care in Disaster Management

06th - 10th November, 2023



nidm
National Institute of Disaster Management

Pondicherry University
Disaster Management

Disaster Management Division
New Delhi, India

www.pondicherry.ac.in

BACKGROUND

India is vulnerable to a variety of natural and man-made disasters. Disaster knows no boundaries and impacts everyone. Its impact includes the vast destruction of infrastructure, leaving people distressed with shales every strength. This impact, at times, changes the behavioral pattern of the affected and is very difficult to reverse. This largely depends on the degree of the destruction by the neighborhood and trained professionals. Often, such behavioral changes are markers for mental malfunctions. This thinking adds to the inclusion of an already distressed person.

Along with relief, rehabilitation, and care of physical health and injuries, psycho-social and mental health issues are also essential and must be prioritized. Psycho-social impact in the context of disaster refers to comprehensive interventions that address a wide range of psycho-social problems arising in the aftermath of a disaster. Psycho-social support comprises several interventions related to the larger issues of relief work needs, social relationships, and harmony to promote or protect the psycho-social well-being of the survivors. Mental health services comprise interventions to prevent or treat psychological symptoms or disorders. These interventions help individuals, families, and groups restore social cohesion and infrastructure while maintaining independence and dignity.

The experience of disasters that have impacted various regions of India has revealed that Psycho-Social Support and Mental Health Services (PSSMHS) need to be planned ahead of disasters to be executed in a coordinated and integrated manner during disasters.

Psycho-social support for disaster-affected communities needs to be provided as a long-term issue. Appropriate and timely interventions will determine the victims' adjustment to various lifestyle changes caused by the disaster.

The interventions must be community-based and culturally sensitive, considering the needs of vulnerable groups like women, children, the elderly, the disabled, etc. Such support can reduce the psychological distress of the affected people to a significant extent.

PSYCHO-SOCIAL SUPPORT

Psycho-social support in the context of disaster refers to comprehensive interventions that address a wide range of psychosocial and mental health problems arising in the aftermath of disaster. These interventions help individuals, families, and groups build human capacities, restore social cohesion and infrastructure, and sustain their independence, dignity, and cultural integrity. Psycho-social support helps in reducing the level of actual and perceived stress and in preventing adverse psychological and social consequences amongst disaster-affected communities.

India, due to its unique geo-climatic conditions, has been experiencing natural disasters like earthquakes, tsunamis, cyclones, floods, droughts and landslides. The country is equally vulnerable to man-made disasters like chemical, biological, radiological and nuclear emergencies. Disasters, whether natural or man-made, cause enormous devastation and human suffering to the community. These disasters usually leave a trail of human injury including loss of human life and injuries, financial losses, and loss of livestock, property and livelihood, resulting in long-term psychological and mental health problems. Apart from logistic and material help, the affected community requires Psycho-Social Support.

Importance of Psycho-Social care in Disaster management

For a considerable amount of time, the direction of disaster management efforts was focused on the physical impact of the disaster. Only after international human rights agencies brought awareness did psycho-social care in disaster management become part of rescue and rehabilitation measures. Disaster's psychological impact is considered a field of trained psychologists but very few need and can access these services based on severe cases like PTSD. The second objective of the workshop is to make participants aware of the relevance of psycho-social care in disaster management.

Psycho-social Care with Women

Disasters generally lead to migration, mass displacement, the spread of epidemics, and issues of social security, etc. Women are more susceptible to the impact of disaster management due to already existing issues pertaining to them. The third objective of the workshop will include practical difficulties in psycho-social support for women in disaster-affected regions. It focuses on an intersectionality approach, which emphasizes layers of identity: Social, economic, and political vulnerabilities of women and various gender norms with the advent of disaster.

Psycho-social Care with Children

Children lack the social and language skills to express their agony and difficulties. It becomes more severe in terms of psychological impact. Psycho-social care with children in disaster management areas includes several practical difficulties. Losing a loved one/family member/parent in a severe disaster also leads to generational trauma.

Not providing adequate psycho-social care for children suffering in case of disaster will lead to significant life challenges for them in the future. The workshop will include orientation with experts in child psycho-social care.

Psycho-social care with marginalized / vulnerable populations: Intersectionality, accessibility, rehabilitation.

The impact of disaster experienced by communities differs across their standing in the social, political, socioeconomic ladder of society.

Navigating through rural and urban populations

Community participation is more in the rural region due to its size and social connectivity. While people in urban spaces are more vulnerable to mental health issues due to hectic lifestyles, lack of socialization, alienation due to the restless nature of humans, etc., intense of psycho-social care, these elements play an essential role in the approach to psycho-social support/care.

Role of social worker/ Strength Perspective

Social worker plays a multifold role in disaster management. The workshop will help social work educators, practitioners, and learners understand their role in these situations. Psycho-social care is an interdisciplinary approach, so it is essential for the social workers. Very few social work educators are trained in Psycho-Social Care in Disaster Management. So this workshop will be more beneficial to the Social Work Educators.

TARGET AUDIENCE

The key target audience for this programme will be faculties from social science background and social work practitioners from Southern India. Preference will be given to social work educators. A maximum of 40 participants will be enrolled for the Five (5) days of TOT on Psycho-social support and care.

AIM OF TRAINING

Aim of this training programme is to build the capacity among the Social Work Educators and practitioners on basic concepts of disaster risk management and strengthening the mechanism for effective psycho-social care in disaster management.

objectives

1. To explain the basic concepts of Disaster Management
2. To understand varied needs of the survivors of disaster
3. To reflect upon the need for psycho-social care in disaster related work
4. To develop an understanding of how people react in stressful situations
5. To understand varied needs of the survivors of disaster
6. To develop an understanding of holistic caregiving approach
7. To understand the role psycho-social care grant need to play
8. To internalize techniques of psycho-social caregiving while working with children
9. To develop an understanding of needs of women in disaster and understand the role of women in disaster
10. To understand the importance of self-care and gain knowledge about skills on taking care of self while working in stressful situations.

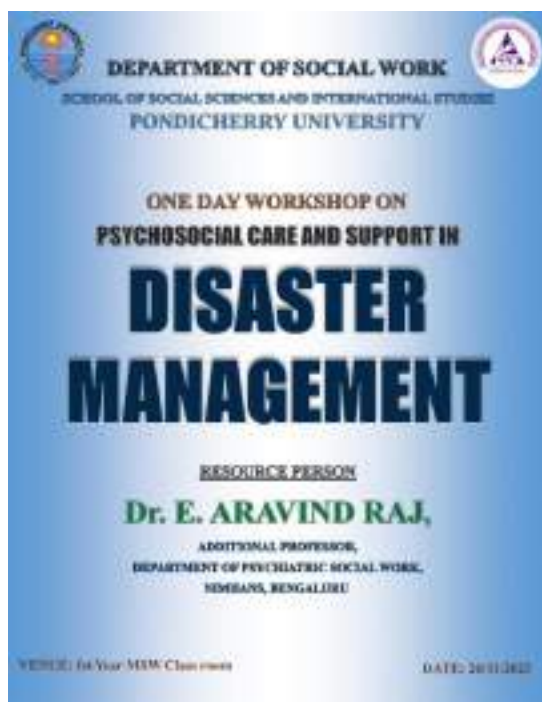
DMS Talk Series on Mental Health Matters

https://www.pondicherryuniversity.edu.in/university_news/dms-talk-series-on-mental-health-matters/



Workshop on Psychosocial Care and Support in Disaster Management “ Department of Social Work

https://www.pondiuni.edu.in/university_news/workshop-on-psychosocial-care-and-support-in-disaster-management-department-of-social-work/



Workshop on Health and Stress Management

https://www.pondiuni.edu.in/university_news/workshop-on-health-and-stress-management/



PONDICHERRY UNIVERSITY

A central University under Ministry of Education, Govt. of India

Cultural Coordination Wing, Pondicherry University is organising a
Workshop

on

HEALTH AND STRESS MANAGEMENT

(Under Sustainable Development Goal 3, Ensure Healthy Lives and Promote Wellbeing)

Resource person: Clapping for health Management

Mr. Arun Rishi, Founder of Ayushyamaanbhav Trust & Research Centre, Ujjain, M.P.

ALL ARE INVITED!

VENUE

JN AUDITORIUM

Administrative Building

Date: November 28, 2023 (Tuesday), Time: 4:30 pm

Cultural Coordination wing.

PONDICHERRY UNIVERSITY

Cultural Coordination wing, Pondicherry University

Workshop

On

HEALTH AND STRESS MANAGEMENT

Date: 28/11/2023

Time: 4:30 pm

Programme schedule

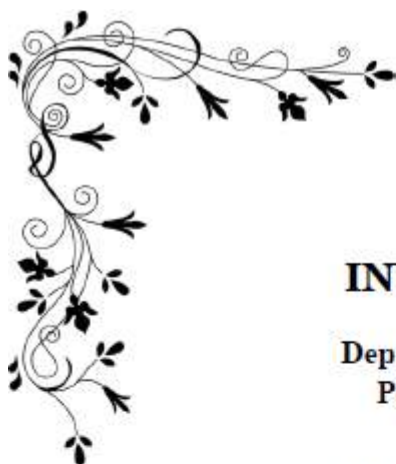
4:30 pm :	UNIVERSITY ANTHEM
4:35 pm :	WELCOME ADDRESS (Prof. Sreekanth E., Cultural Coordinator)
4:40 pm :	PRESIDENTIAL ADDRESS (Prof. Clement Sagayadasa Lourdes, Director, C&C)
4:50 pm :	Refreshment
5:00 pm :	WORKSHOP ON CLAPPING FOR HEALTH MANAGEMENT (Mr. Arun Rishi, Founder of Ayushyamaanbhav Trust & Research Centre - Ujjain, M.P)
6:30 pm :	Vote of Thanks (Dr. G. Subhalakshmi, Deputy Cultural Coordinator)
6:35 pm :	National Anthem

Venue

JN AUDITORIUM

Administrative Building

Invited Talk on Recent Progress on HIV/AIDS Cure – Department of Microbiology
https://www.pondiuni.edu.in/university_news/invited-talk-on-recent-progress-on-hiv-aids-cure-department-of-microbiology/



INVITED LECTURE

**Department of Microbiology
Pondicherry University**

Invites you to the talk on :

“Recent progress on HIV/AIDS cure”

Being presented by:

Dr. SIDDAPPA BYRAREDDY, PhD

Professor & Vice Chair of Research, Department of Pharmacology
and Experimental Neuroscience, Durham Research Centre,
USA

Date : December 04, 2023

Time : 3.00 pm

Venue : Seminar Hall, Department of
Microbiology, Room No: 212

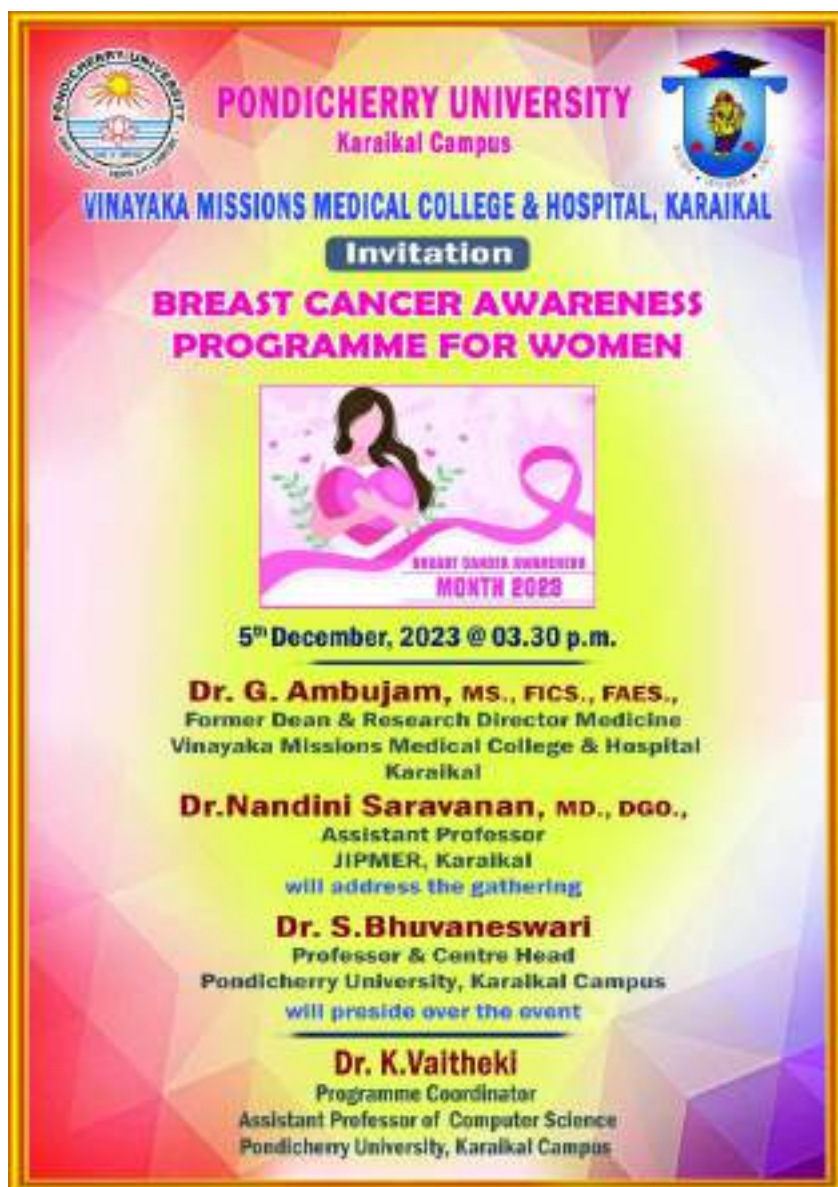
“All are cordially invited”

Dr. Maheswaran Mani
Head
Department of Microbiology

Dr. V. Thillai Sekar
Associate Professor
(Seminar Co-ordinator)

**“ Breast Cancer Awareness Programme for Women “ Pondicherry University, Karaikal
Campus**

https://www.pondiuni.edu.in/university_news/invitation-breast-cancer-awareness-programme-for-women-pondicherry-university-karaikal-campus/



Invited lecture on Heavy Metals in Particulate Matter and Health Effects “ Department of Biochemistry & Molecular Biology

https://www.pondiuni.edu.in/university_news/invited-lecture-on-heavy-metals-in-particulate-matter-and-health-effects-department-of-biochemistry-molecular-biology/



One Day Career Visioning Event UDYOG UTSAV, 2023 (Seventh Edition) for Underprivileged Girl Children Studying in Government Schools of Puducherry.
https://www.pondiuni.edu.in/university_news/one-day-career-visioning-event-udyog-utsav-2023-seventh-edition-for-underprivileged-girl-children-studying-in-government-schools-of-puducherry/

DEPT OF SOCIAL WORK
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY, PUDUCHERRY
AND
PROJECT PUTHRI

CORDIALLY INVITE ONE AND ALL FOR THE INAUGURAL PROGRAMME OF

ONE DAY CAREER VISIONING EVENT “UDYOG UTSAV, 2023” (Seventh Edition) FOR UNDERPRIVILEGED GIRL CHILDREN STUDYING IN GOVERNMENT SCHOOLS OF PUDUCHERRY

INAUGURAL PROGRAMME SCHEDULE

DATE: 28th January, 2023 (Saturday) Time: 9:30 am -10:30 am

VENUE: Auditorium, Convention cum Cultural Centre, Pondicherry University

09:30 am:	University Anthem
09:35 am:	Lighting of the Lamp and Avatar Prayer
09:40 am:	Honoring the Dignitaries
09:45 am: Welcome Address:	Dr. K. Anbu Associate Professor and Head (i/c) Dept. of Social Work, Pondicherry University
09:50 am: Opening Remarks:	Dr. Saundarya Rajesh Managing Trustee, Avatar Human Capital Trust
10:00 am: Honoring of Educational Institutions by Hon'ble Vice Chancellor of Pondicherry University	
10:05 am: Felicitation Address:	Prof. B. B. Mohanty Dean, SSS & IS Pondicherry University
10:15 am: Inaugural Address:	Prof. Gurmeet Singh Hon'ble Vice Chancellor Pondicherry University
10:25 am: Concluding Remarks:	Prof. A. Shahin Sultana Programme Coordinator Dept. of Social Work Pondicherry University

ALL ARE INVITED!

Training Programme on the Provisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for School Teachers of the U.T of Puducherry

https://www.pondiuni.edu.in/university_news/training-programme-on-the-provisions-of-the-transgender-persons-protection-of-rights-act-2019-and-rules-2020-for-school-teachers-of-the-u-t-of-puducherry/



**DEPARTMENT OF SOCIAL WORK
PONDICHERRY UNIVERSITY**
&
**NATIONAL INSTITUTE OF SOCIAL DEFENCE
MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT
GOVERNMENT OF INDIA NEW DELHI**

Invites you all to the
One-day Training programme on the Provisions of the
Transgender Persons (Protection of Rights) Act, 2019 and
Rules 2020 for School Teachers of the U.T of Puducherry
Date: 22/02/2023

PROGRAMME SCHEDULE
INAUGURAL PROGRAMME
(10.00 AM TO 11.30 AM)

WELCOME ADDRESS
Dr. K. Arsha
Head (HOD)
Department of Social Work
Pondicherry University

PRESIDENTIAL ADDRESS
Prof. K. Theendikkannu
Director (DEIRDO)
Pondicherry University

INAUGURAL ADDRESS
Ms. Jeeva
President
Transgender Rights Association
Chennai

KEY NOTE ADDRESS
Dr. R. Gov. Raj
The Director
National Institute of Social Defence
New Delhi

FELICITATION ADDRESS
K. Shankar
President and Director
SCONS Society
Puducherry

VOTE OF THANKS
Dr. P.D. Shankar Narayan,
Programme Coordinator
Assistant Professor
Department of Social Work
Pondicherry University

Technical Sessions

SESSION - I (10.00 AM TO 11.45 AM) History and Background of the Transgender persons act

Tea Break

SESSION - II (12.00 AM TO 1.30 PM) Provisions of the Transgender Persons (Protection of rights) act.

Lunch Break

SESSION - III (2.00 PM TO 3.00 PM) Provisions of the Transgender Persons (Protection of Rights) Rules 2020

SESSION - IV (3.00 PM TO 4.00 PM) Roles and Responsibilities

**FEEDBACK SESSION
CERTIFICATE DISTRIBUTION**

Organising Committee
Dr. K. Arsha, Prof. K. Theendikkannu, Prof. A. Shoban Sultana,
Prof. K. Devan, Dr. C. Rathesh Kumar, Dr. P. B. Shankar
Narayan, Dr. Mukhar Alam, Mr. A. Jayakumar,
Mr. Deepchandrasek. R. Research Scholars and Students of
the Dept. of Social Work

Training Programme on the Provisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for the Police Personnel of Puducherry UT.



**DEPARTMENT OF SOCIAL WORK
PONDICHERRY UNIVERSITY**
&
**NATIONAL INSTITUTE OF SOCIAL DEFENCE (NISD)
NEW DELHI**

Invites you all to the
One-day Training programme on the Provisions of the Transgender Persons (Protection of Rights)
Act, 2019 and Rules 2020 for the Police Personnel of Puducherry UT.

Venue: Convention cum Cultural Centre, Pondicherry University
(Opposite to Pondicherry Technological University (PTU)) **Room: 1P625B12**

Programme Schedule
INAUGURAL PROGRAMME
(10.00 AM TO 11.30 AM)

Welcome Address
Dr. K. Arsha
Head of the Department (HOD)
Department of Social Work
Pondicherry University

Presidential Address
Dr. A. Chella Perumal
Professor
Department of Anthropology
Pondicherry University

Felicitations Address
Mr. Krishnakumar TD
Founder
Niranga Charitable Trust
Chennai

Chief Guest Address
Ms. Deepika IPS
SSP (J.S.D)
Puducherry

Key Note Address
Dr. R. Govind
Director
National Institute of Social Defence
New Delhi

Felicitations Address
Mr. E. Shankar
President and Director
SCONS Society
Puducherry

Vote of Thanks
Dr. P.D. Shankar Narayan
Programme Coordinator
Assistant Professor
Department of Social Work
Pondicherry University

Technical Sessions
Session - I: 10.00 am to 11.45 am

Session - I (10.00 am to 11.45 am)	History and Background of the Transgender persons act.
<i>TEA BREAK</i>	
Session - II (12.00 am to 1.30 pm)	PROVISIONS OF THE Transgender Persons (Protection of rights) Act
<i>LUNCH BREAK</i>	
Session - III (2.00 pm to 3.00 pm)	Provisions of the Transgender Persons (Protection of Rights) Rules 2020
Session - IV (3.00 pm to 4.00 pm)	Roles and Responsibilities
FEEDBACK SESSION	
CERTIFICATE DISTRIBUTION	

Organising Committee Members
Dr. K. Arsha, Prof. K. Theendikkannu, Prof. A. Shoban Sultana, Prof. K. Devan, Dr. C. Rathesh Kumar,
Dr. P.D. Shankar Narayan, Dr. Mukhar Alam, Mr. A. Jayakumar,
Mr. Deepchandrasek. R. Research Scholars and Students of the Dept. of Social Work

ALL ARE WELCOME!

Training Programme on the æProvisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for the NSS Programme Officers of Puducherry UT
https://www.pondiuni.edu.in/university_news/training-programme-on-the-provisions-of-the-transgender-persons-protection-of-rights-act-2019-and-rules-2020-for-the-nss-programme-officers-of-puducherry-ut/

**UNIVERSITY OF SOCIAL SCIENCES
PONDICHERRY UNIVERSITY**
GOVERNMENT INSTITUTION FOR WOMEN STUDIES (GIWS)
NEW DELHI

Invitation given off to the:
 One day Training Programme on the Provisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for the NSS Programme Officers of Puducherry UT

Place: Government Women's College, Pondicherry University **Date: 09-05-2022**

Programme Schedule
09:00 AM to 10:00 AM
(10:00 AM to 11:00 AM)

Welcome Address: Dr. K. Arjun, Head of the Department of Social Work, Pondicherry University

Presidential Address: Prof. D. R. Mohan, Dean (School of Social Sciences and International Studies), Pondicherry University

Inauguration Address: Dr. P. Sankar Kumar, Head NSS Officer, Pondicherry

Chief Guest Address: Mr. Srinivasan, TD, Pondicherry District, District Collector

Key Note Address: Dr. C. Gita Raj, The Director, National Institute of Social Defence, New Delhi

Inauguration Address: Dr. C. Sathish Kumar, Assistant Professor, NSS Coordinator, Pondicherry University, Pondicherry

Vale of Thanks: Dr. P. R. Shankar Narayan, Assistant Professor, Department of Social Work, Pondicherry University

Session - I (11:00 AM to 12:00 PM)	Session and Inauguration by the Transgender person (12)
LUNCH BREAK	
Session - II (2:00 PM to 3:00 PM)	PROVISIONS OF THE TRANSGENDER PERSONS (PROTECTION OF RIGHTS) ACT
LUNCH BREAK	
Session - III (3:00 PM to 4:00 PM)	PROVISIONS OF THE TRANSGENDER PERSONS (PROTECTION OF RIGHTS) ACT
Session - IV (4:00 PM to 4:30 PM)	QUESTIONS AND ANSWERS SESSION
PROGRAMME DISCUSSION	
CERTIFICATE DISTRIBUTION	

Organizing Committee Members
 Dr. K. Arjun, Prof. D. R. Mohan, Prof. A. Sankar Narayan, Prof. & Assoc. Dr. C. Sathish Kumar, Dr. P. R. Shankar Narayan, Mr. Mohan Arun, Mr. S. Srinivasan, Mr. Srinivasan, Mr. Srinivasan and members of the Dept. of Social Work

ALL ARE WELCOME!

Training Programme on the æProvisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for the MSW Students of Dr. Kalaingar M.Karunanidhi Government Institute for Post Graduate Studies & Research, Karaikal of Puducherry UT
https://www.pondiuni.edu.in/university_news/training-programme-on-the-provisions-of-the-transgender-persons-protection-of-rights-act-2019-and-rules-2020-for-the-msw-students-of-dr-kalaingar-m-karunanidhi-government-institu/

Workshop on Girls lead Girls - A Holistic Self Defence Program “ PUCC, Lawspet

https://www.pondiuni.edu.in/university_news/workshop-on-girls-lead-girls-a-holistic-self-defence-program-pucc-lawspet/

**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE
DEPARTMENT OF HUMAN RESOURCES
IN COLLABORATION WITH
PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
ORGANIZES**

Girls lead Girls - A Holistic Self Defence Program

28th & 29th March

Venue: Seminar hall **Time:** 10 a.m. to 4 p.m.

University anthem

Welcomes address **Dr. D. Varalakshmi**
Assistant Professor

Presidential address **Dr. Lalitha Ramakrishnan**
Principal (i/c), PUCC

Scope of the Workshop **Ms. Yuvayashini**
Associate Director,
TYCL

Vote of thanks **Dr. M. Thiratheswari**
Assistant Professor & HOD(i/c)

National anthem

Hearty Welcome To Everyone

PROGRAM SCHEDULE

Program day I

Evening - 10:00 a.m. to 11:30 a.m.

1. **Female Empowerment**
Ms. Yuvayashini
Associate Director,
TYCL

2. **Emotional self Defence**
Ms. Neelathi
Coordinator,
Mental Health Clinic, TYCL

Afternoon - 2:00 p.m. to 3:00 p.m.

1. **Online Self Defence**
Ms. Yuvayashini
Coordinator,
Mental Health Clinic, TYCL

2. **Female self Defence**
Ms. Yuvayashini
Associate Director,
TYCL

Program day II

Evening - 10:00 to 11:30 a.m.

1. **Female Empowerment**
Ms. Yuvayashini
Associate Director,
TYCL

2. **Emotional self Defence**
Ms. Neelathi
Coordinator,
Mental Health Clinic, TYCL

Afternoon - 2:00 p.m. to 4:00 p.m.

1. **Online Self Defence**
Ms. Yuvayashini
Associate Director,
TYCL

2. **Female self Defence**
Ms. Yuvayashini
Associate Director,
TYCL

Hearty Welcome To Everyone

ORGANISING COMMITTEE

Dr. M. Thiratheswari
Assistant Professor & HOD (i/c)

Dr. D. Varalakshmi
Assistant Professor

Training Programme on the Provisions of the Transgender Persons (Protection of Rights) Act, 2019 and Rules 2020 for the BSW Students of Kasthurba College for Women, Puducherry

https://www.pondiuni.edu.in/university_news/training-programme-on-the-provisions-of-the-transgender-persons-protection-of-rights-act-2019-and-rules-2020-for-the-bsw-students-of-kasthurba-college-for-women-puducherry/



International Seminar on Enabling the Differently-abled: Revisiting the Past and the Roadmap Ahead

https://www.pondiuni.edu.in/university_news/international-seminar-on-enabling-the-differently-abled-revisiting-the-past-and-the-roadmap-ahead/



https://www.pondiuni.edu.in/university_news/invitation-international-seminar-on-enabling-the-differently-abled-revisiting-the-past-and-the-roadmap-ahead/

 <p style="text-align: center;">HIGHER EDUCATION FOR PERSONS WITH SPECIAL NEEDS AND DEPARTMENT OF MANAGEMENT STUDIES, PONDICHERRY UNIVERSITY CONGREGATION OF PERSONS WITH DISABILITIES (PWDs) & NGOs (CONPWA)</p> <p style="text-align: center;">Cordially invite you to: Two-Day International Seminar on Enabling the Differently-abled: Reviving the Past and the Roadmap Ahead</p> <p style="text-align: center;">Date: May 1 & 2, 2023 Venue: IRDC, Pondicherry University</p> <p style="text-align: center;">Knowledge Partners: Centre for Social Entrepreneurial Initiatives Policy, PU Satya Special School, Pondicherry</p> <p style="text-align: center;">Motto Partner: MindBlossom.org</p> <hr/> <p style="text-align: center;">Day 1 Monday, May 1st 2023</p> <p>10:30 am to 11:30 am: INAUGURATION 10:30 am: University Anthem 10:35 am: Welcome Address Dr. B. Channammai, Professor and Head, DMS, PU 10:45 am: Introduction to Theme of the Seminar Dr. A. Chidambaram, Coordinator, HIPSN, PU 10:55 am: Inaugural Address Auditor TAP Varadachari, Co-Chairman, CONPWA 11:00 am: Keynote Address Auditor S. Subramaniam, Secretary, Anasava Sangam 11:20 am: Presidential Address Professor Rajmouli Elumalai, Registrar, PU</p>	<p>11:30 am: Vote of Thanks: Dr. G. Madan Mohan, Associate Professor, DMS, PU</p> <p>TEA BREAK: 11:45-12:00 NOON</p> <p>Session 1 12:00 noon to 1:00 pm: Guest Talk: Mr. Balu Shankar, Head, Department of Adult Independent Living, National Institute of Empowerment of Persons with Multiple Disabilities, Chennai TOPIC: "Ensuring 4% reservation in Government Employment."</p> <p>1:00-1:40 PM: LUNCH BREAK</p> <p>Session 2 2:00 pm to 4:00 pm: Panel Discussion on REHABILITATION OF PWDs: DISTANCE COVERED AND THE PATH AHEAD</p> <p>Moderator: Dr. G. Madan Mohan, Associate Professor, DMS, PU Panelist 1: Prof. Ranga Satya, Ex-Director, AYINHD Panelist 2: Dr. Radha Rita, Retired Psychologist Panelist 3: Ms. Hrushika Angilley, Physiotherapist, Physician UK Panelist 4: Christopher M. Sabnis, PhD, MBE, Founder -@NENCAEPF</p> <p>Session 3 4:00 pm to 4:45 pm Guest talk: V. Kannappaswamy, Rehabilitation Officer, CRC, Karamadai TOPIC: "Government Assistance to PPDs"</p> <p>Session 4 4:45 pm to 5:30 pm Guest talk: Dr. A. Chidambaram, Assistant Professor and Head, CSHP, PU TOPIC: "Community Based Inclusive Development: Unity and Challenges"</p> <p>Session 5 5:30 pm to 8:15 pm Guest Talk and Practical Demon: Dr. KS. Nippeswaray and Kannasani TOPIC: "Technology as an Enabler for the Differently-abled"</p>
<p style="text-align: center;">DAY 2 Tuesday, May 2nd 2023</p> <p>Session 1 9:30 am to 10:00 am Guest talk: Mr. Narayanan, Physiotherapist, Anasava Sangam, Medical rehabilitation of PPDs TOPIC: "Demonstration of early intervention app"</p> <p>Session 2 10:30 am to 11:00 am Guest talk: Mr. S. Eswaranathan, Social Worker, VBR Development Coordinator, Anasava Sangam, Ajlindry TOPIC: "SRG movement for economic empowerment of PPDs"</p> <p>TEA BREAK: 11:30 AM TO 11:45 AM</p> <p>Session 3 11:45 am to 12:45 pm Guest talk: Dr. F. Shaker, Head of Centre for People's participation and development TOPIC: "Controlling and Ensuring Disability Rights"</p> <p>LUNCH: 12:45 PM TO 1:00 PM</p> <p>Session 4 2:00 pm to 2:45 pm Guest talk: Dr. G. Madan Mohan, Associate Professor, DMS, PU TOPIC: "Awareness Creation about Career Opportunities for PPDs"</p> <p>Session 5 2:45 pm to 3:30 pm Guest talk: Dr. Arvin K. Gopalanth, General Secretary, TN Udayakannan Assn. And Dr. R. Padhyang, Founder, Thiru Trust TOPIC: "Environmental barriers for PPDs disabling them from gaining empowerment"</p> <p>TEA BREAK 3:30-3:45 PM</p>	<p>Session 6 3:45-4:45 pm Facilitator - Auditor TAP Varadachari, Co-Chairman, CONPWA.</p> <p>Documentation of outcome of the seminar and Group discussion involving all participants on "Role of PPDs in Rehabilitating PPDs and Way out to strengthen them"</p> <p style="text-align: center;">Valediction 4:45-4:00 pm</p> <p>4:40 pm: Welcome Address: Dr. K. Kumar, Founder, Basitha Trust for Differently-abled, Chennai 4:50 pm: Report on the Seminar Dr. G. Madan Mohan, Associate Professor, DMS, PU 5:10 pm: Felicitation Address Chairman Sri, Treasurer and Director, Satya Special School, Pondicherry 5:20 pm: Valedictory Address Dr. B. Channammai, Professor and Head, DMS, PU 5:35 pm: Keynote Address Dr. P. Adnan, North Zone President of TN Udayakannan Association 5:50 pm: Presidential Address Professor P. Ramalingam, Director, IRDC, PU 6:00 pm: Vote of Thanks Dr. A. Chidambaram, Head, CSHP, PU 6:20 pm: National Anthem</p> <p>Curtain down on the Seminar by 8:30 pm</p> <p>Zoom Link for the Conference https://us02web.zoom.us/j/711882709?pwd=TFhkdzRvZDZMcUk0dWpScEYyZW5ldjZkdz09</p>

Webinar on Empowering the Rural through Information and Communication Technologies

https://www.pondiuni.edu.in/university_news/webinar-on-empowering-the-rural-through-information-and-communication-technologies/



The Institution of Engineers (India)
(Established 1919, Incorporated by Royal Charter 1925)
Puducherry State Centre, Pondicherry

Department of Electronics Engineering
School of Engineering and Technology
Pondicherry University (A Central University)
Puducherry - 605 014

The Chairman, Honorary Secretary and Members of the IE(I) Puducherry State Centre and Faculty, Staff, Research Scholars and Students of the Department of Electronics Engineering cordially invite you to participate in the

**Webinar on the Theme of World Telecommunication and Information Society Day (WTISD) 2023,
"Empowering the Rural through Information and Communication Technologies"**

to be held on **27th May 2023 (Wednesday)** at **7.00 PM**

Dr. V. Saminathan
Professor and Head
Dept. of Electronics and Comm. Engg.
Puducherry Technological University, Py -14
has kindly consented to be the Special Guest and deliver the webinar

Dr. T. Chithrusekha
Professor and Dean, School of Engineering and Technology
Pondicherry University, Py -14
will preside over the function

Dr. B. Radjaram
Chairman, IE(I), PSC

Dr. S. Thirugnaname
Honorary Secretary, IE(I), PSC
will felicitate the function and

Dr. T. Shanmuganantham
Head, Dept. of EE, SET, PU
will welcome the gathering.

Webinar link: <https://meet.google.com/eyy-ksad-wyq>

International Conference on Diversity, Equity & Inclusion: Creating Value-based Sustainable Organizations

https://www.pondiuni.edu.in/university_news/international-conference-on-diversity-equity-inclusion-creating-value-based-sustainable-organizations/

**International Conference on
DIVERSITY, EQUITY & INCLUSION:
CREATING VALUE-BASED SUSTAINABLE
ORGANIZATIONS
February 19-21, 2024**

Venue : School of Management Studies, University of Hyderabad.

THEMATIC SESSIONS

- Diversity, Equity and Inclusion: A Human Consciousness Approach
- Diversity, Equity and Inclusion : Sustainable Business Practices
- Diversity, Equity and Inclusion for Corporate Social Justice
- Promoting Care Democracy in Workplaces during Post-Covid Times
- Indigenous Management Models for Creating Sustainable and Inclusive Organizations

DEADLINES

Abstract Submission: September 15, 2023

Notification of Acceptance: October 15, 2023

Full Paper Submission: December 15, 2023

Abstracts can be submitted to isol.uoh2024@gmail.com

Organized by



In collaboration with



EDWARDS
SCHOOL OF BUSINESS
UNIVERSITY OF SASKATCHEWAN

School of
Management
Studies



Department
of
Management
Studies



Academic Partner



Publication Partner



Taylor & Francis

Conference Chair: Prof. Sunita Singh Sengupta, Founder, ISOL
Foundation & Professor, FMS, University of Delhi.

E-mail:

sunita.isolfoundation@gmail.com, sunita.singhsengupta@gmail.com

REGISTER FOR THE CONFERENCE !

Ninth International Day of Yoga on 21st June 2023 for the Year 23-24 “ Common Yoga Protocol (CYP) Practice for the Student, Scholars, Faculty Members, Office Staff & Family Members of University Employees

https://www.pondiuni.edu.in/university_news/ninth-international-day-of-yoga-on-21st-june-2023-for-the-year-23-24-common-yoga-protocol-cyp-practice-for-the-student-scholars-faculty-members-office-staff-family-members-of-universi/

CIRCULAR

Sub: Ninth International Day of Yoga on 21st June 2023 for the year 23-24 –
Common Yoga Protocol (CYP) Practice for the Student, Scholars, Faculty
Members, Office staff & Family Members of University employees – Reg.

The Directorate & Department of Physical Education & Sports has planned to celebrate the Ninth International Day of Yoga on 21st June 2023 for the year 23-24.

It is planned to organize "Yoga Fest" from 16th June to 20th June 2023 where Student, Scholars, Faculty Members, Office staff & Family Members of University employees could be sensitized about the strengths and health benefits of yoga in promoting Physical, Mental and Spiritual health. They may also be trained the Common Yoga Protocol (CYP) designed by the AYUSH, New Delhi from 16th to 20th June 2023 and to be performed on Ninth International Day of Yoga on 21st June 2023 at 6.30am at Rajiv Gandhi Cricket Stadium, Pondicherry University.

In this connection, a training program is scheduled from 16th to 20th June 2023 from 6.30am to 8.00am (Morning session) and from 4.00pm to 5.30pm (Evening Session) at Rajiv Gandhi Cricket Stadium, Pondicherry University.


(B.S.TANA)
Prof (Phy. Edu.) & Co-ordinator


(G. ANANTH)
Prof. & Director of Sports (i/c)
DIRECTOR OF SPORTS
DIRECTORATE OF SPORTS
PONDICHERRY UNIVERSITY
PUDUCHERRY - 605 006

International Guest Talk on Rural Entrepreneurship Development “ Pucc, Lawspet
https://www.pondiuni.edu.in/university_news/international-guest-talk-on-rural-entrepreneurship-development-pucc-lawspet/

 **PONDICHERRY UNIVERSITY COMMUNITY COLLEGE** 
DEPARTMENT OF MANAGEMENT STUDIES

PRESENTS
INTERNATIONAL GUEST TALK
TOPIC : RURAL ENTREPRENEURSHIP DEVELOPMENT


Resource Person
Dr. S. GUNAPALAN
Professor in Management,
Faculty of Management and Commerce,
South Eastern University of Sri Lanka,
SRI LANKA.

PRESIDED BY
Prof. Dr. Lalitha Ramakrishnan
Principal (i/c)

PROGRAM COORDINATORS
Dr.C.Arjunan Assistant Professor & HOD (i/c) | **Dr.A.Bharathy** Assistant Professor | **Dr.R.Sathiya Moorthy** Assistant Professor | **Dr.R.Venkatajalapathy** Assistant Professor

Date : 13.09.2023 | **Time : 1.30pm** | **Place : Pucc Campus**

Invitation “ Workshop on Financial Literacy for Women “ Department of Sociology
https://www.pondiuni.edu.in/university_news/invitation-workshop-on-financial-literacy-for-women-department-of-sociology/



PONDICHERRY UNIVERSITY
DEPARTMENT OF SOCIOLOGY
(School of Social Sciences and International Studies)

INVITATION

Workshop on

Financial Literacy for Women

Resource Person

Ms. Jagriti Shankar
Gender Expert
Founder of SheInvests123

Date: 29th September 2023 Time: 10.30 am – 1.00 pm

Venue: Social Science Seminar Hall - I

ALL ARE WELCOME

An Awareness Talk on Organ Donation “ Pucc, Lawspet
https://www.pondiuni.edu.in/university_news/an-awareness-talk-on-organ-donation-pucc-lawspet/

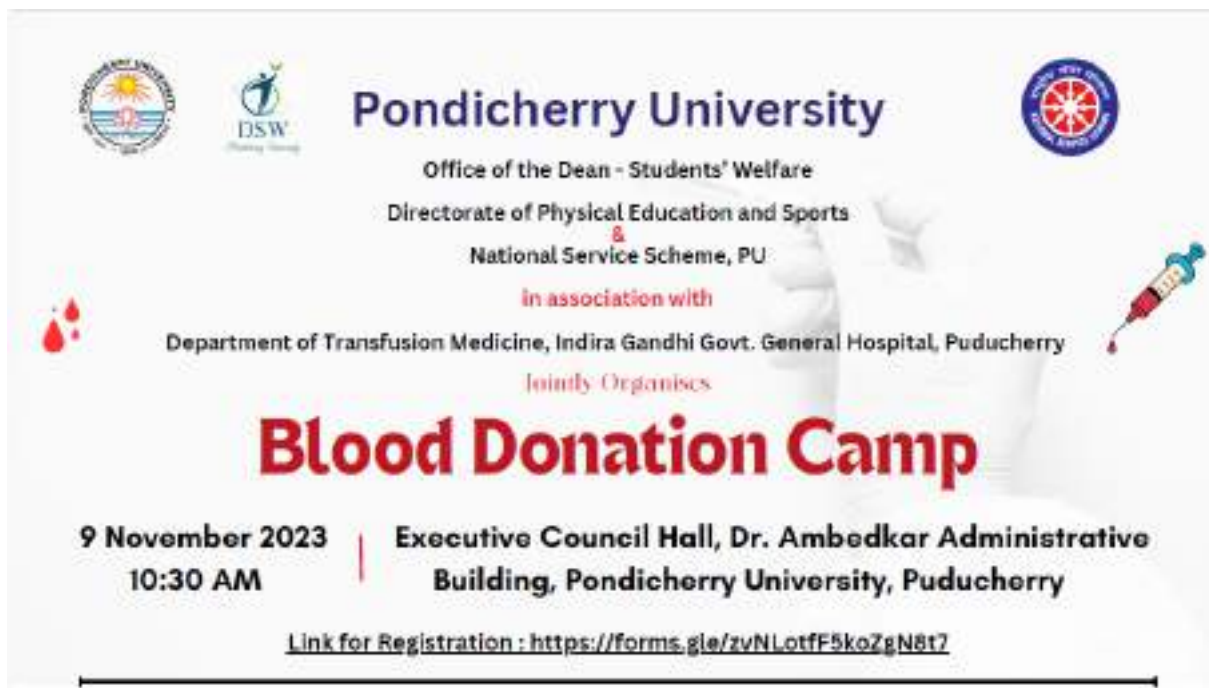


Invitation “ National Seminar on Women in Decision-Making Roles in the Corporate World “ PUCC, Lawspet

https://www.pondiuni.edu.in/university_news/invitation-national-seminar-on-women-in-decision-making-roles-in-the-corporate-world-pucc-lawspet/



Blood Donation Camp on 09.11.2023 conducted by the Directorate of Physical E&S
https://www.pondiuni.edu.in/university_news/blood-donation-camp-on-09-11-2023/



https://www.pondiuni.edu.in/university_news/human-rights-day-2023-special-lecture-on-monitoring-access-and-inclusion-in-unsdg4-an-lnob-leave-no-one-behind-perspective-centre-for-study-of-social-exclusion-and-inclusive-pol/





HUMAN RIGHTS DAY 2023

Commemorating the 75th anniversary of
Universal Declaration of Human Rights
(A bedrock of the Agenda for Sustainable Development)

Special lecture by
DR. S. VENKATRAMAN
SENIOR CONSULTANT UNESCO (PARIS, BANGKOK, BEIRUT, DOHA)
INTERNATIONAL CONSULTANT
ASIAN DEVELOPMENT BANK, MANILA

on the topic
**MONITORING ACCESS AND INCLUSION IN UNSDG4:
AN LNOB (LEAVE NO ONE BEHIND) PERSPECTIVE**

Date: 18/11/2023
Time: 11:00 A.M. to 12:30 P.M.

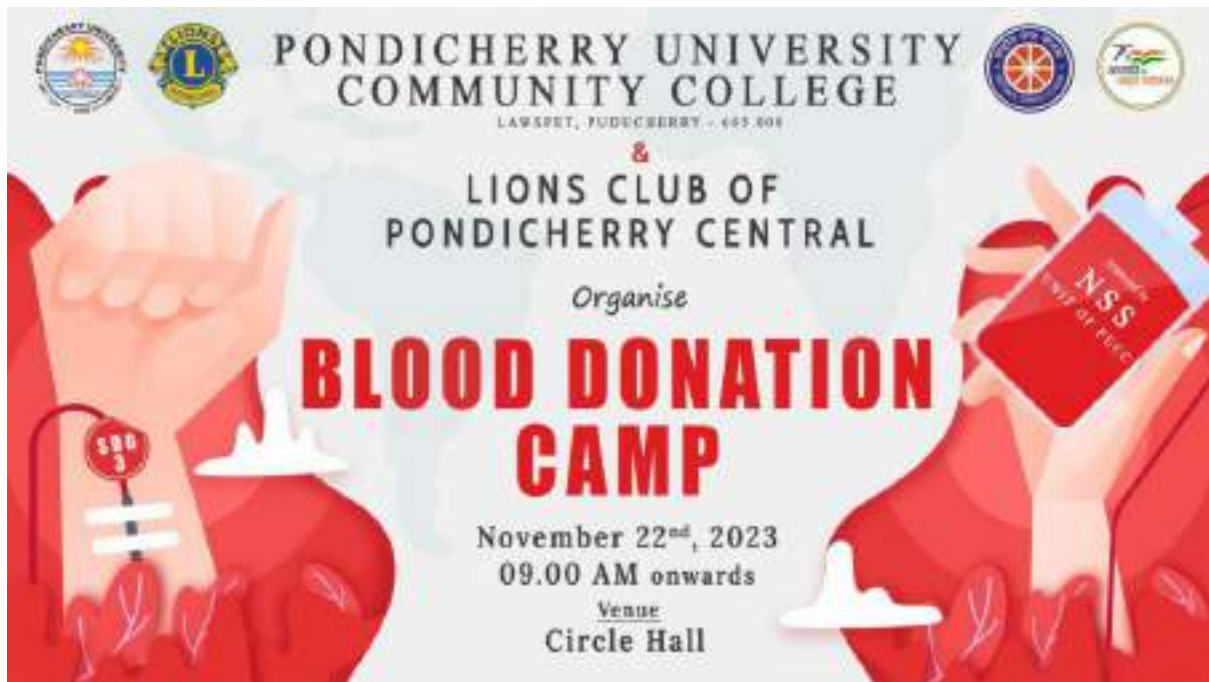
Join us Online
 <https://meet.google.com/nnh-bjkn-hfh>

Organised by
CENTRE FOR STUDY OF SOCIAL EXCLUSION AND INCLUSIVE POLICY
School of Social Sciences and International Studies



Blood Donation Camp “ Pucc, Lawspet

https://www.pondiuni.edu.in/university_news/blood-donation-camp-pucc-lawspet/



Human Rights Day 2023 “ Run for Justice “ Centre for Study of Social Exclusion and Inclusive Policy

https://www.pondiuni.edu.in/university_news/human-rights-day-2023-run-for-justice-centre-for-study-of-social-exclusion-and-inclusive-policy/

Special Lecture On the Occasion of World Day against Trafficking in Persons (Human Trafficking)“ Department of Anthropology

https://www.pondiuni.edu.in/university_news/special-lecture-on-on-the-occasion-of-world-day-against-trafficking-in-persons-human-trafficking-department-of-anthropology/

G20

PONDICHERRY UNIVERSITY
DEPARTMENT OF ANTHROPOLOGY

"On the occasion of World day against
Trafficking in Persons (Human Trafficking)"

A Special Lecture by
Dr. Santhosh Mathew
Asso. Professor, Centre for South Asian studies
School of Social Science and International studies

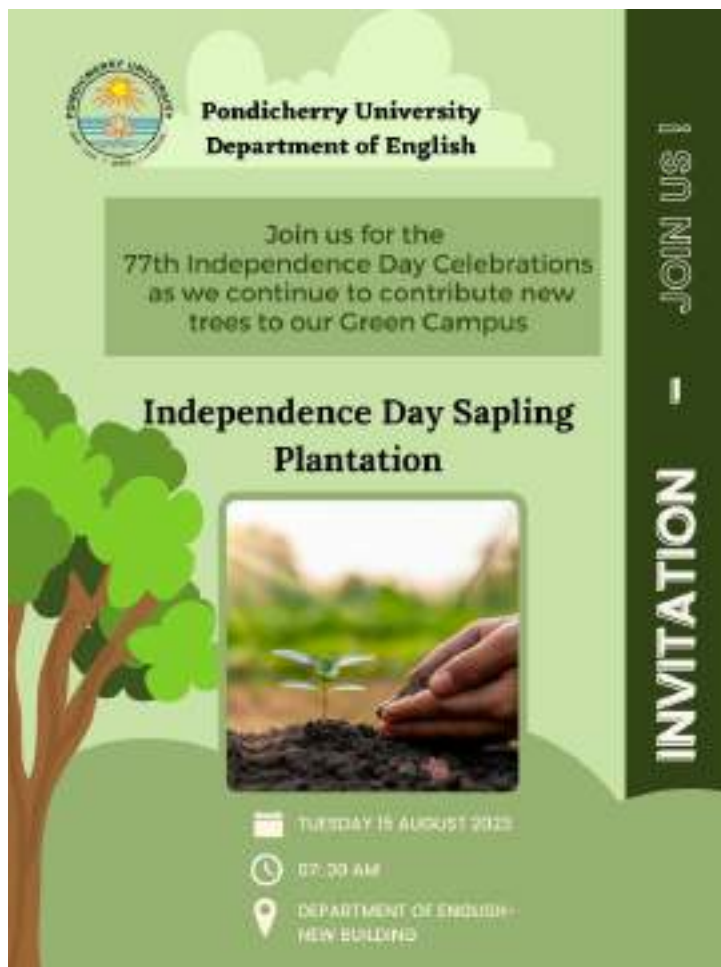
Convener
Dr. Ajeet Jaiswal
Head of the Department, Department of Anthropology

28 July 2023, Friday 10 AM
Venue: Department of Anthropology

Organizing committee: Gulam Mustafa,
Saloni Sisodiya, Suchismita, Ananthu, Nishita

Invitation for Sapling plantation on occasion of 77th Independence Day - Dept. of English

https://www.pondiuni.edu.in/university_news/invitation-for-sapling-plantation-on-occasion-of-77th-independence-day-dept-of-english/



International Coastal Clean-up Day “ 2023

https://www.pondiuni.edu.in/university_news/international-coastal-cleanup-day-2023/

AT LEAST 14 MILLION TONS OF PLASTIC END UP IN THE OCEAN EVERY YEAR.

CONCENTRATES THE PLASTIC AND YOUR JOB

Of all the human-made goods produced over the past several decades, plastics are among the most persistent and pervasive. The qualities that make plastic such a versatile material for so many products can make it harmful once it is released to the environment. Constructed to be light and durable, plastics break down very slowly—some products even persisting for centuries.

EXPECTED IMPACT

Waste that is even worse than humans. Marine debris can mean death to aquatic animals. The common cause of death by marine debris is entanglement. Many animals can become caught in discarded fishing nets and lines, rope, six-pack rings, balloon ribbons, poultry legs, and other floating debris.

Logos: NCCR, Ministry of Earth Sciences, recity, APSCC, G20

International Coastal Cleanup Day – 2023

07.00 Am - 10.00 Am

September 16, 2023 Kalapet Beach, Puducherry.

Interested and for details kindly fill the form:
<https://forms.gle/mZjESAiP9UcVHPSv7>



Pondicherry University - Shramdaan for Swachhata on 01.10.2023 at 10.00 A.M.
https://www.pondiuni.edu.in/university_news/pondicherry-university-shramdaan-for-swachhata-on-01-10-2023-at-10-00-a-m/



An Awareness Talk on Waste Management Practices “ Pucc, Lawspet
https://www.pondiuni.edu.in/university_news/an-awareness-talk-on-waste-management-practices-pucc-lawspet/



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE

A Constituent College of Pondicherry Central University
Lawspet, Puducherry - 605008

AN AWARENESS TALK ON **WASTE MANAGEMENT PRACTICES**



**12
OCTOBER**

10.00 A.M
SEMINAR HALL

SPEAKER

DR. NANDHIVARMAN MUTHU
Coordinator
Office of Green Campus- Climate Change
Biodiversity & Sustainability
Pondicherry University

ORGANISED BY

Dr. Latha Parthiban
Professor & Head (i/c)
Department of Computer Science



Dr. C. Suresh Kumar
Programme Officer, NSS
Pondicherry University Unit IV



Rotary



**SUSTAINABLE
DEVELOPMENT
GOALS**

PONDICHERRY UNIVERSITY

Internal Quality Assurance Cell (IQAC)

in collaboration with

ROTARY CLUB OF PONDICHERRY PRIDE

Indian Medical Association, Puducherry &

**Indira Gandhi Medical College and Research Institute
Team**

jointly organize

MULTI-SPECIALITY MEDICAL CAMP

(as a part of Women's Day Celebrations)

for the students, Teaching, Non-Teaching staff and their families on

March 2, 2024 (Saturday) | Time: 09:00 A.M. to 01:00 P.M.

General Medicine	Ophthalmology
Nephrology	Neurology
Dermatology	Dental
Orthopedics	Gynecology
Pediatrics	Cardiology
Social & Preventive Medicine	

**Venue: Lecture Hall Complex, Science Block,
Pondicherry University**

**Inaugurated by
Prof. K. Tharanikkarasu**

**Vice-Chancellor (I/c)
Director (SEI&RR) and Coordinator (IQAC)**

All are invited

Dr. R. Vishnu Vardhan
Deputy Coordinator
(IQAC)

**Event Coordinator
Dr. G. Subhalakshmi**
SDG 11 Coordinator

Workshop on Health, Fitness and First Response Training – Department of Physical Education and Sports

Link: https://www.pondiuni.edu.in/university_news/workshop-on-health-fitness-and-first-response-training-department-of-physical-education-and-sports/



CIRCULAR

Selection Trials for both Men and Women Volleyball Teams for students who want to represent the Pondicherry University Campus Team in the Inter-Collegiate Volleyball Tournament.

The students must be present in the appropriate sports arena for the selection trials, which are to be held at 4:00 pm on the Volleyball Court in the university campus on 14/12/2022 (Wednesday). Students must carry their University ID cards to participate in the selection trials.

For further details, the students can contact Dr. G. Visweshi, Professor & Director of Sports (C) or Dr. Chandrasekhar, Assistant Professor from the Department of Physical Education and Sports.


 Dr. Chandrasekhar
 Assistant Professor & Volleyball Coaching
 Department of Physical Education & Sports
 Pondicherry University
 Email - Chandrasekhar@pu.ac.in


 Dr. G. Visweshi
 Professor & Director of Sports (C) & Volleyball Co-ordinator
 Department of Physical Education & Sports
 Pondicherry University
 PU - PU 042210276
 Email - drvisweshi@pu.ac.in

All India Inter University Competition – Men & Women Yogasana Team Selection Trials

Selection Trials for Men Basketball Team

PU/PPES/2022-23/463

PONDICHERRY UNIVERSITY
 DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

14-12-2022

CIRCULAR

Pondicherry University Men & Women Yogasana team selection trials to participate in All India Inter University Competition to be held at Kalunga Institute of Industrial Technology, Bhuvaneshwar on 28 - 29 December 2022, will be held at the Pondicherry University Campus, Major Gandhi Stadium on 17th of December, (Saturday) 2022, 8:00 am.

The Yogasana competitors from all Pondicherry University Affiliated colleges are requested to participate in the selection trials with eligibility forms signed by their respective college Physical Director.

Respectfully

K. Tirumourugan,
 Assistant Professor,
 Department of Physical Education,
 Pondicherry University
 Mobile: 93406 39542


K. TIRUMOURUGAN
 Assistant Professor
 Department of Physical Education & Sports
 Pondicherry University
 Puducherry - 605 006

Selection Trials for Men Basketball Team:



PONDICHERRY UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Dr. DOLLY TANA
Professor

R. V. Nagar, Kalpet
Puducherry - 605 014

W/1945/088 / 2022-23 / *hlf*

18.12.2022

CIRCULAR

Selection Trials for Men Basketball Team for students who want to represent the Pondicherry University Campus Team in the Inter-Collegiate Basketball Tournament.

The students must be present in the appropriate sports arena for the selection trials, which are to be held at 4:00 pm in the Basketball Courts, University campus (Tiruvallur campus) on 15/12/2022 (Saturday). Students must carry their University ID cards to participate in the selection trials.

Dr. Dolly Tana
Dr. DOLLY TANA
Professor

Dr. G. Vasanth
Dr. G. VASANTH
Director of Sports / PE/S



Intercollegiate Competition – Aquatics/Swimming Selection Trials:



Pondicherry University
Department of Physical Education and Sports

Dr. Chandana Thirum
Assistant Professor

Th - 11/1002/2022
Email - chandana.thirum@pondicherry.ac.in

Dr. Chandana Thirum
Dr. Chandana Thirum

18/12/2022

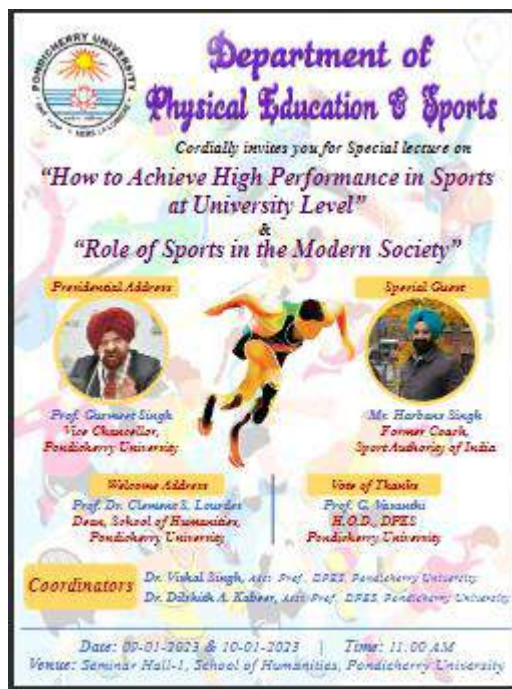
CIRCULAR

Aquatics/Swimming Inter-Collegiate Competition or Selection Trials (based on the number of teams participating) will be conducted at Mangalakottam Swimming Pool on 20/12/2022 (Tuesday) at 10:00am. The students must carry their swimming costumes and necessary swimming gear.

For further details, the students can contact Dr. Chandana Thirum, Assistant Professor from the Department of Physical Education and Sports.

Dr. Chandana Thirum
Dr. Chandana Thirum
Assistant Professor
Department of Physical Education & Sports,
Pondicherry University
Email ID - chandana.thirum@pondicherry.ac.in

Special Lecture on “How to Achieve High Performance in Sports at University Level” & “Role of Sports in the Modern Society” – Department of Physical Education & Sports.



Invitation – Launching of Programme “Nasha Mukh Bharat Abhiyaan” – Department of Social Work



PONDICHERRY UNIVERSITY, SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES, DEPARTMENT OF SOCIAL WORK IN ASSOCIATION WITH MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT GOVERNMENT OF INDIA Launches Nasha Mukht Bharat Abhiyaan towards a Drug Free Puducherry District: Preventive Education, Outreach and Support among Higher Educational Institution Personnel and At-Risk Communities in Puducherry District, Puducherry UT.



The Department of Social Work, Pondicherry University in association with the Ministry of Social Justice and Empowerment (MoSJE), Government of India invites the press to the launch of "Towards a Drug Free Puducherry District" on Wednesday, 6th April

2022 between 10:30 A.M and 1:00 P.M via Google Meet. The project will be launched under the Ministry of Social Justice and Empowerment's flagship Nasha Mukta Bharat Abhiyaan or 'Drugs-Free India Campaign' and will be implemented by the Department of Social Work, Pondicherry University. It aims to address and prevent substance use among children, youth and at-risk communities in Puducherry District through a series of education, capacity building, and community outreach programmes for students, faculty and staff of higher education institutions and community workers. Ms. Radhika Chakravarthy, Joint Secretary, Department of Social Justice and Empowerment and Director (Drugs Prevention), MoSJE, Government of India will formally launch the Nasha Mukta Bharat Abhiyaan project. Prof. Gurmeet Singh, Honourable Vice-Chancellor of Pondicherry University has kindly consented to deliver the presidential address. The inaugural programme will be addressed by Thiru. C. Udaya Kumar, I.A.S., Secretary to the Government of Puducherry (Social Welfare), Prof. B. B. Mohanty, Dean, School of Social Sciences and International Studies, Pondicherry University and Prof. Basant Kumar Tiwary, Dean (Research), Pondicherry University. Sponsored by the Ministry of Social Justice and Empowerment, the 12-month Nasha Mukta Bharat Abhiyaan project will address the problems of alcoholism and drug addiction, particularly among the youth. It will map local communities, build community workers' capacities for substance use prevention, and provide support services to affected individuals and their families. The Department of Social Work, Pondicherry University will also collaborate with higher education institutions, local non-governmental organizations, and healthcare facilities to provide psychosocial support services for substance users. Through the project, a directory of de-addiction and rehabilitation service providers will be developed to meet the urgent need for community-based services to address alcoholism and substance use in Puducherry district.

Three Day Online Training Programme on Engaging Youth & Adolescents in Disaster Risk Management – Department of Social Work





Prof. Gurmeet Singh, VC released a book titled “Engaging Youth & Adolescents in Disaster Risk Reduction (DRR) and Climate Change Adaptation” edited by Prof. Shahin Sultana, Prof. Santosh Kumar, Dr. Kumar Raka and Dr. Balu.

The Department of Social Work, School of Social Sciences and International Studies, Pondicherry University and National Institute of Disaster Management (NIDM), Ministry of Home Affairs, government of India, Delhi jointly organise a five day Training of Trainers Programme on Engaging Youth and Adolescents in Disaster Risk Management and Climate Change Adaption from 19-23 December 2022. The program is organised in the seminar hall, convention cum cultural centre, Pondicherry University. Dr. K. Anbu, Associate Professor and Head (i/c), Department of Social Work, Pondicherry University delivered the welcome address and appreciated the support provided by National Institute of Disaster Management and the encouragement given by the Vice-Chancellor of Pondicherry University in all the endeavours of the department. Then Dr. Kumar Reka, Programme Officer, CCDRR, National Institute of Disaster Management explained the objective of the programme and appreciated the effort taken by the department and the University during covid and afterwards as well.

Hon'ble Lt. Governor of Puducherry and Chief Rector of Pondicherry University Dr. (Smt) TAMILISAI Soundararajan graced the occasion and appreciated the Vice-Chancellor Prof. Gurmeet Singh for these initiatives as part of Pondicherry University and the department. She also thanked the National Institute of Disaster Management for their support and collaboration and other volunteers who attended this programme.

Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University congratulated the department for taking such initiatives, appreciated National Institute of Disaster Management for regularly coordinating with the University. He also appreciated all the participants who have come from NSS, NCC Bharat Scouts and Guides, Civil Defence, Volunteers, Indian Red Cross Society, Junior Red Cross Society, Nehru Yuvakendra Sangata were attended this training programme.

Dr. Balu and Shri Rajan Kumar from National Institute of Disaster Management also addressed the gathering. Prof. Shahin Sultana who is the coordinator of this research consultancy project thanked the Vice-Chancellor, National Institute of Disaster Management and all other dignitaries and volunteers for their participation.

<https://www.youtube.com/watch?v=qEQ5jwkOsrE>

Workshop on “Youth Development through Life Skill Education” – The Community College, Lawspet



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE

A Constituent College of Pondicherry Central University
Lawspet, Puducherry, 605008



YOUTH DEVELOPMENT THROUGH LIFE SKILL EDUCATION

A Three-day Training
programme for NSS
Volunteers

GUEST OF HONOUR



NARRA CHAITANYA, I.P.S.,
SENIOR SUPERINTENDENT OF POLICE
CRIME & INTELLIGENCE

JOINTLY ORGANISED BY

Department of Visual Communication
&
Rajiv Gandhi National Institute
of Youth Development
Sriperumbudur, TN

DATES

1-3 March, 2023

TIME

(9.30 A.M TO 5.00 P.M)

PROGRAMME CO-ORDINATOR

Dr.C. Suresh Kumar
Assistant Professor & Head (I/c) &
Programme Officer, NSS
Department of Visual Communication
Pondicherry University Community College

INAUGURATION

1st MARCH 2023
10:00AM - 10:30AM

UNIVERSITY ANTHEM

WELCOME ADDRESS

SCOPE OF THE WORKSHOP

Dr. C. SURESH KUMAR

ASSISTANT PROFESSOR & HEAD(I/C)
PROGRAMME COORDINATOR
DEPARTMENT OF VISUAL COMMUNICATION

CHEIF GUEST ADDRESS

Prof. SIBNATH DEB

DIRECTOR
RAJIV GANDHI NATIONAL YOUTH DEVELOPMENT
SRIPERUMBADUR

GUEST OF HONOUR

Shri. NARRA CHAITANYA, I.P.S.

SENIOR SUPERINTENDENT OF POLICE
CRIME & INTELLIGENCE
PUDUCHERRY

Prof. LALITHA RAMAKRISHNAN

PRINCIPAL (I/C)
PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
LAWSPET, PUDUCHERRY-6

PRESIDES OVER

VOTE OF THANKS

Dr. C.SURESH KUMAR

ASSISTANT PROFESSOR & HEAD(I/C)
PROGRAMME COORDINATOR
DEPARTMENT OF VISUAL COMMUNICATION

...All are Invited...

Link: https://www.pondiuni.edu.in/university_news/workshop-on-youth-development-through-life-skill-education/